

HELP-SOS

Posted by pinokio - 27 Jan 2011 17:35

Shabbos is coming. This holy day unfortunately always throws me into depression. don't have time now to explain why, but point is its starting to set in my little brain right now.

I need support from any hands on deck at GYE. Im working on the inyun and am not gonna fix it overnight, but i just need a little friendship to keep me till motzai shabbos. Not embarrassed to say, and Im anyways gonna decide now that i wont let my feelings get out of control, hashems with me, and everything will be alright. ill be besimcha as best as i can. this isnt gonna be some amazing profound 100page thread, its just right now i need a little, yeah, you know already.

Ive gotta log off but will check later.

Help.

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Re: HELP-SOS

Posted by bardichev - 29 Mar 2011 17:51

Duck wax

Daven Wincha

Dill Wickles

Door Wopper

Dingle Wasp

Actually...

DRINK. WOODFORD

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Re: HELP-SOS

Posted by ben durdayah - 30 Mar 2011 19:11

Tzaddik!

[I think this is your kind of guy \(or at least the kind you used to be...\)](#)!

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Re: HELP-SOS

Posted by Dov - 30 Mar 2011 23:56

Is there something wrong with "His bardiness"?

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Re: HELP-SOS

Posted by TheJester - 31 Mar 2011 13:57

[ben durdayah wrote on 30 Mar 2011 19:11:](#)

Tzaddik!

[I think this is your kind of guy \(or at least the kind you used to be...\)](#)!

Hi - I'm a little confused, and more than a little intrigued... Care to enlighten me?

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Re: HELP-SOS

Posted by Me3 - 31 Mar 2011 14:37

I think he meant - background of abuse & completely off their rocker.

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Re: HELP-SOS

Posted by 7yipol - 31 Mar 2011 15:01

R emoving

A ddiction

M eans

B eginning

O ver

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Re: HELP-SOS

Posted by Yosef Hatzadik - 31 Mar 2011 15:44

& I think he was referring to the idea of bombing the Yetzer Horah to smithereens!!!!

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Re: HELP-SOS

Posted by pinokio - 31 Mar 2011 15:52

Jester and 7up helped the dUrdayans protect the hoover dam back in 86.

jester, the anarchists cookbook-you'd really enjoy it, eyin sham. Cluster bombs are a little outta my league, but i used your trick too-but by blowing the thoughts away with an m-60/rambo style. now i just dont have to deal with those thoughts because....i'm recovering!! one nanosecond at a time

im typing on a hebrew keyboard with 300 characters and it's making me nawwshusss

tomorrow is my first SA meeting, so i'll probably have a prophetic experience and then post it on this thread

i have been offline recently for 2 reasons-

1)forum addiction tossed me a little insanity a bit ago, that's taken care of

2) i have been writing something GYE related that is quite healthy and fun for me and im almost done, iyH

it will now have operating instructions from durdaya for the motorized howitzer

JKOT

i survived a simcha, triggers are atrophying, sobering up, thank you GOD

triggers bite less, rid is lessening, habbits changing, sanity rising

if it continues this way i may just become one day like everyone else...can u imagine....

thank you for coming to the thread,

all of you are in my hearts

tz

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Re: HELP-SOS

Posted by pinokio - 31 Mar 2011 15:56

oh, and thank you dov for your own stint with forum _____ (i cant write the word addiction anywhere even near dov's name)

i learned a lot from it

you see, Hashem helped me through your struggle

you always inspire, even when....

jrioots (just rambo it outta the sky)=(kot)

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Re: HELP-SOS

Posted by ZemirosShabbos - 31 Mar 2011 16:01

[tzaddik90 wrote on 31 Mar 2011 15:52:](#)

i may just become one day like everyone else...

i like you the way you are

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Re: HELP-SOS

Posted by TheJester - 31 Mar 2011 16:31
Please Don't!!

[tzaddik90 wrote on 31 Mar 2011 15:52:](#)

jester, the anarchists cookbook-you'd really enjoy it, eyin sham. Cluster bombs are a little outta my league, but i used your trick too-but by blowing the thoughts away with an m-60/rambo style. now i just dont have to deal with those thoughts because....i'm recovering!! one nanosecond at a time

In my day, I read the *Compleat Terrorist* as well as the AC, purely out of theoretical interest. In fact, much of my problem has been (still is, really) an intellectual interest in absolutely everything, and pushing any boundary that I can find.

I would point out that I was a teenager at the time, and might have mentioned that such an approach might not work for more mature-minded people. Mature or not, it still works for me on the odd occasion.

It did not address the issue, but prevented the symptom of certain thoughts getting any attention, airtime or PR, which managed to prevent associated actions. Like (in more ways than one) our most *dear* cousin, the Iranian Prime Minister, the Yetzer Hora does not care whether it is making sense or not - any publicity is good publicity.

I, too, found that over time the thoughts got tired of spontaneous and immediate combustion. Of course, as with any adversary, the Yetzer Hora took another approach, and will continue to do so until I (we) reach 120.

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Re: HELP-SOS

Posted by ben durdayah - 31 Mar 2011 16:57

[Yosef Hatzadik wrote on 31 Mar 2011 15:44:](#)

& I think he was referring to the idea of bombing the Yetzer Horah to smithereens!!!!

Bingo!

Something about that strategy sounded VERY Rambo-ish...

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Re: HELP-SOS

Posted by Me3 - 31 Mar 2011 17:03

Sorry, my mistake. I was just trying to be helpful.

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Re: HELP-SOS

Posted by TheJester - 31 Mar 2011 17:27

[Me3 wrote on 31 Mar 2011 14:37:](#)

I think he meant - background of abuse & completely off their rocker.

I surely do present as being *completely off my rocker*. I shall work on this, so as not to scare off the villagers.

I actually do not generally consider myself as having had a "*background of abuse*", in fact, quite the opposite. I did, however, suffer from some isolated episodes that were... dirty, but not "traumatic", at least not consciously. It was not until many years later that someone pointed out that it was abuse, and that I recognized it as such. And that I had actually followed in this pattern of behavior.

I still reject this on some level, since I do not want "excuses" for my behavior (I believe she was making excuses to justify her feelings towards me despite my prior actions). Abuse is a strong word, and I still shy away from it, since what I encountered was in no way comparable to what other people more entitled to the term have suffered.

@tzaddik90

Apologies for hijacking your thread - it was unintentional.

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