## **GYE - Guard Your Eyes**

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What was the cause of my addiction?

Posted by an honest mouse - 23 Jan 2011 21:23 I'm just curious as to how people feel their addiction developed, a lot of people seem to point to some chisaron in their childhood home. I didn't feel particularly unloved or lonley and my home was pretty normal (whatever that means...) can we really develop an addiction if our childhood is normal??? I'm interested in people's thoughts... \_\_\_\_\_\_ Re: What was the cause of my addiction? Posted by ZemirosShabbos - 23 Jan 2011 21:54 i wonder if it is possible at all to pin down the reason/cause for this addiction. it may well be that at a time we felt a need to escape and the opportunity to lust presented itself and bingo, another future GYE member was created i had some wackiness in my upbringing and life. does that mean that that is the cause? who knows? besides for G-d. and ultimately this addiction works to our benefit, by forcing us to examine our lives and seek out G-d Re: What was the cause of my addiction? Posted by bardichev - 23 Jan 2011 22:09 The root is a nature Bingo!

Can we keep on trucking????
What will be gained from all this fill-us-ef-ee and sike-e-olidj-ee??
!!b??
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Re: What was the cause of my addiction?  Posted by ZemirosShabbos - 23 Jan 2011 22:13
great point, rebbe b! (as usual)
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Re: What was the cause of my addiction?  Posted by ben durdayah - 23 Jan 2011 22:27
L'maaseh I agree with Rebbe b. and Zemmy
But I want to answer your question
As Reb b. would say,
Herr ois,

It's simple -TAIVOS!!!

YeSsIrReEbOb (I actually remember a Hick who used to say that all the time. Sounds quaint? Try it for a couple of days running -it's annoying as heck).

I was a little boy.

I did M. before I knew there was anything wrong with it.

I had my own \$\*\$&^&^@@%!! up fantasies knocking around my head.

I was exposed to P, in mags, phone (who here remembers those business cards and fake dollar bills that the Amaleknik PornPushers Yemach Shemam Vezichram used to scatter **all over the place?!?!?!** Come on New Yorkers, let your brash voices be heard!!!), CompuServ forums, AOL, later Internet. Where did I not feed my habit???

The older I got, the more technology developed, the easier it got to get your fix w/o leaving the comfort of your own home.

The neuron patterns became so ingrained in my mind that even when I grasped the severity of what was going on -I was trapped by my own mind -because I started with this garbage before I was even a ben-bechira... (i.e. way before bar mitzvah).

I was history, even though I managed to suppress my urges for long periods of time and not act out on them, and my exterior life exuded success in Ruchniyus -my brain was fried because of the constant milchemes HaYetzer which I was waging... And I would fall again and feel crushed... It didn't matter if I hadn't seen P\*\*\* or act out (i.e. M\*\*\*\*) for **years** ( *yes I've actually had such long dry periods*)... every woman a walking trigger...**I WAS HISTORY...** 

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And then I found GYE, and I'm part of HISTORY in the making!!!!
HOORAY!!!
THE BEGINNING, NOT THE END!!!
KOT!!!
EBD
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Re: What was the cause of my addiction?  Posted by obormottel - 06 Oct 2011 19:43
I just stumbled upon this and just wanted to share my agreement with what BENDUR has said. Yasher koyach!