Ki Nafalti , Gam Kamti Posted by ben durdayah - 30 Dec 2010 08:14

:'(Although I've had my ups and downs over the years, and some long streaks of abstinence from any P*** or M***, I never got off the roller coaster. Not that I think that I'm the most far gone person here as far as the quality and quantity of the shmutz, still I know that this is an addiction that never left me and never will if I do nothing about it.

This morning i thought of a mashal (someone else might have used it already, but for me it was a moment of clarity from heaven): A temporary bout with the YH about lust and P*** etc. is like a strep throat -take your antibiotics, drink fluids, rest up and it'll go away; if you don't catch the bacteria again -you're cured, and it's gone. But when the struggle for kedusha keeps on being just that, and with the slightest slip -you feel that you've lost control and your actions show that even years of self restraint didn't do the job (like ridin' a bicycle -ya never forget how to; same thing goes for sewage surfing...) that my friends is like Rachmana Litzlan Lo Aleinu V'lo Aleichem 'Yennerr Machla', and not the kind that attacks at first a specific organ or is operable; rather like the kinds of Yenner Machla in the blood -the best they can do is put it in remission, but it's there to stay -and when Chalila V'chas it's active -there's no limit to the damage it can do and the places that it will show up in. Same goes for addiction to Shmutz.

What's the point of this whole tirade? ... to be continued in the next installment (because it's too hard to type without seeing what your doing and I've filled the window and now it's dancing the Hora and making me dizzy...).

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Re: Ki Nafalti , Gam Kamti Posted by Efshar Letaken - 31 Jan 2011 10:00

Oy Vey! I have been there and its painful!

Just a few tips if I may.

Counting days is good but don't put to much thinking into it.

Its all about today and not about the 90 as u know. All we have is today! (And not even that. We have now!)

See what whole u left t open that the sneak got in from and lock it up!

Every time I had a fall and looked back and was true to myself it wasn't that hard to see what and where I went wrong.

Its up to us to do the maximum not to have excess to things we have no control over even if it means going a bit extreme like a very short white list of sites we really need.

For me I realized that if I have no access to dirt what so ever my struggle is a very easy one, because Hashem gives us a break when we do our part to the tee. But we sometimes think we have done our part when in truth we have way to go.

I wish you have the koichis to get back on ur feet k'heref Aiyn!

We need you around with the Simcha and unique touch you have.

Yes! You Have The Power! Now Use It!

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Re: Ki Nafalti , Gam Kamti

Posted by Efshar Letaken - 31 Jan 2011 10:14

I wrote my last post b4 I read ur last one!

The 32 brought u to day 1

| Avvade |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| JKOT!!! |
| В |
| |
| Don't look in the rear view miRror |
| ==== |
| Re: Ki Nafalti , Gam Kamti Posted by Yesod Tzadik - 31 Jan 2011 15:16 |
| My dear Ben Durdayah |
| I can only agree with EL. I have been there more than once and it does feel horrible. |
| I so feel mit with you that I literally got tears stuck in my throat. |
| I also do have a very strict setting on my filter in addition to covenant eyes! But once we take the first "sip" of lust there is no turning back and anything triggers. |
| What I realized is that the filter is just a help not to get worse, but it is not a cure. The trick is to work with some kind of program like the 12 steps, GYE Phone conferences or for severe cases live SA meetings. Maybe a sponsor is also a good solution (I have never tried it). |
| But one thing is crucial in this battle. Get up after a fall as soon as possible. Don't look back |

and act as if nothing happened. Daven and learn with more kavuna and with SIMCHA. As the Tsanser Ruv Says. Eish Tomid Tikad Al Hamizbeach loy Sichbeh; A shtendige feyer soll brenen in harts AFILLA NOCH a "GROISA" AVEIRAH.

Then take some time to see what went wrong, and make new kabuols what to positively for that fight.

Please don't stop posting as this is also a major help to stay focused.

Hatzlucha and TOMID BESIMCHA

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Re: Ki Nafalti , Gam Kamti Posted by pinokio - 31 Jan 2011 15:55

Dear Ben Durdaya,

First of all, in shul i asked Hshem to avenge you and give the YH a slap in the face, if at least to uphold your honor. Youre one of our best men.

Second, i gained from your mistake-and i'll tell you why. You see, i don't even have a filter on this pc (AND ALL THE JAWS DROP ON GYE!). Let me explain- i bought this cute little netbook three weeks ago, and do not yet have a filter; how could i be so reckless, you ask? Bec. i get wifi from my in laws and they have rimon filter inc. So i feel all secure. But biemess, everyone knows that i could easily sit at a bench down the block and look at yeah yeah if i wanted to. This is what is called "false security". It's like the girl who carries a pocketknife in her purse-yeah, i'm sure you'll overcome that huge mugger with the scar under his eye-bec. you have that little letter opener with you. False security. Or how about, and this is a good one-every public building in israel is "protected" by a fat diabetic, paraplegic, illiterate, dyslexic, russian senior citizen, a veteran of the czar's army. Give me a break. False security.

So Ben D', i'll tell you what.

You admitted your folly, so i admit mine-i'm a reckless, filterless ruffian. Mizaken al yiday zakai.

And here's what else-i PROMISE that when i am done typing this, i'm gonna go straight to k9 and sign up. what i am essentially trying to convey is that I WILL LEARN FROM YOUR MISTAKE. Talk about a mitzvah hab'aah ba'aveira-this is quite a good one if you'd ask me.

Gee, come to think of it, i wonder how many others around here have something to admit. Well, let's take the responsibility, my friends. Everyone knows from the pashute little handbook that the name of this game is honesty. I saw Ben D' come forward, and i will take action. I encourage anybody else to follow that lead, and especially to make an admission if need to be. WE WORK HERE TOGETHER.

And here's a little handy dandy point to dwell on in this sugya. The chazal say "AIN APEETROPUS LIARAYOS". That's right. It means that no no no, no one in the whole world history, ever, on any of the planets, in all times and histories, can feel secure that he will not sin and fall in this department. No one. Even tzaddikim, even gedolim, or should i say to myself "even the ktanim"-and the biggest "even" is the ktanim, if you know what i mean. And to this chazal say "al taamin biatzmicha ad yom moscha".

And for a little cherry on top, the Tanya asks a question-Why do we fool ourselves? Are we stupid? Are we stupid enough to believe that us addicts can have our own password and be safe? How can our thought process suddenly become illogical? Have we ever spontaneously swallowed a cup of dish soap, and we just "ignored" that it makes no sense? This, my friends, is where the 3rd chazal comes in. It says "AIN ADAM CHOTAI ELA IM KAIN NICHNAS BO RUACH STHUS". Tanya asks "what is the ruach shtus? what does this ruach, like in "nachas ruach", was does it make you think?" So he answers that the ruach shtus makes you think "i know this is wrong, but it will not seperate me from Hshem". I know it's wrong, but i pretend to ignore that calling until i fall, and then i say to myself "what was i thinking". Avonoseichem mavdilim. It seperates. It IS wrong. Or it IS dangerous. We have to use our integrity, like our wounded hero said, and use it to dispel this ruach shtus in our lives. And with that my friends, im off to k9, like i promised.

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Re: Ki Nafalti , Gam Kamti

Posted by ZemirosShabbos - 31 Jan 2011 16:34

EBD, you got some gevaldige people posting here, they are all saying divrei elokim chaim, not that they need my haskoma

and tzadik90, your undertaking to put in k9 is a really good thing, a major step in setting your self up with a safer environment, you should celebrate this, maybe with some 'chipsim with

and EBD, your honesty is moiradig, you zeroed in on something that is so much the crux of the issue, keeping ourselves honest.

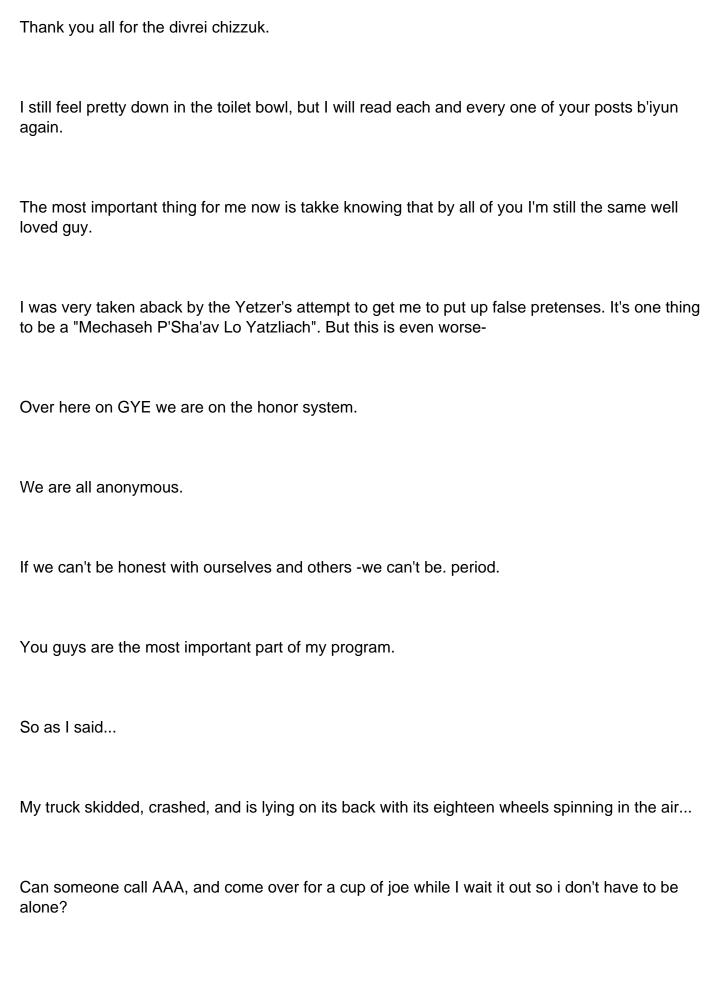
there is a vort from the Bobover Rebbe Reb Bentzion hy'd zy'a. He asked, it says the the RBSO will obliterate the name of Amalek, ki machoh emcheh es zaicher amalek. Another passuk commands us to obliterate his name, timcheh es zaicher amalek. Additionally, what is the meaning of the passuk, k'sov zos zikaron basefer v'sim be'oznai Yehoshua, why the writing in the sefer and the placing in the ears?

He answered: a person must strive and struggle with his yetzer, but ultimately the victory is given to him by Hashem. Il'male HKB'H ozroi aino yachol lo. But a person may not become complacent and think that since the RBS'O is doing it why do i need to exert myself? That is wrong. Hashem will crown you with victory only if you do your part.

Ksov zos zikaron basefer, write this down and let it be seen by all, that timcheh es zecher Amalek, you must struggle and strive to fight amalek. But 'sim be'oznai Yehoshua' i will whisper a secret in your ear, that 'ki macho emcheh es zacher amalek', the RBS'O is the one who really does the heavy lifting. ad kan devarav z'l.

similarly, after a fall we need to use a little of the 'ki macho emcheh' side of the picture, more of the 'yediah' vs. the 'bechirah' and keep moving along and try to learn from the mistakes and falls, and listen to this EBD, you have all of GYE learning from what happened. Sometimes people will come to GYE and see that this one is clean for 2365 years and is a shining light. this one came from the houses of tumah and is now the head of the shemiras einayim society of oklahoma. people who are struggling daily might feel disconnected. but if they see that people are still struggling and they show a path of how to deal with the falls, that is precious beyond words.

| keep up your gevaldiger work | |
|--------------------------------------------------------------------------|--|
| ====================================== | |
| Re: Ki Nafalti , Gam Kamti Posted by ben durdayah - 31 Jan 2011 18:21 | |



EBD

PS -Tzaddik -I also have Etrog by Rimon. There's a reason why it's called "Ahn Esrig Uhn Ah Pittem, ind Uhn Ah Gartel". Good call getting the K-9 -ut's much savvier.

PPSZemirosShabbos wrote:

Sometimes people come to GYE and see that this one is clean for 2365 years and is a shining light, this one came from the houses of tumah and is now the head of the shemiras einayim society of oklahoma, people who are struggling daily might feel disconnected, but if they see that people are still struggling and they show a path of how to deal with the falls, that is precious beyond words.

Thanks Zemmy. That's takke one of the Atzos HaYetzer -to motivate us to "be a star" "a success story", instead of just to do what we need to live a life worth living and to be an **eved** Hashem -not just when we feel like a "ben melech".

Also, that's one of the lessons that I learned from bardichev's now legendary fall -although you gotta be the rebbe reb b. to get up the way he did.

Nu, is triple A on the way?

BTW- I really did cut down on my surfing time. I gave my password to the Rebbitzen (33 years of sobriety), and set myself up access only between 1:30-4:30 PM, 7:30-9:00 PM, and 10:30 PM-12:30 AM all Jerusalem Standard Time. But I'll still be around... (although I'm not planning on spending all of those hours here, they leave me the leeway I need, and prevent me from wasting time on the cheshbon of learning etc. And hopefully I'll start going to sleep like more of a mentch. Like I mentioned above -this was inspired by rebbe reb b.'s thread).

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Re: Ki Nafalti, Gam Kamti Posted by ZemirosShabbos - 31 Jan 2011 18:34 Triple A is right here at GYE, and if you stick with GYE then it's like carrying around Triple A in your pocket. We all overturned with your truck and we all help you get it back up and running. We also sent some guys into the forest to gather some firewood for an impromptu fireside kumzitz and BBQ while the truck gets righted. pass around the marshmellows and woodford and let's get some niggunim and we'll be back on the road in a jiffy ==== Re: Ki Nafalti , Gam Kamti Posted by ben durdayah - 31 Jan 2011 18:39 That's the first smile I managed today... Just make it quick with those steaks -my net closes (it was my bechirah) from 9-10:30... Mah betza bedami... lah lah lah... (strumming air guitar...) (second smile today).

There's nothing like friends -even long distance, and anonymous.

10 / 40

ben durdayah wrote on 12 Jan 2011 21:22:

The story in one post:

But No Green Elephants

Once upon a time (that's how all the corny stories start...No?) in a shtetl which is bigger than Bardsville and smaller than Bardichev there lived a few hundred simple country folk. Unlike Bardsville, Bardichev, or Brooklyn, this was a really boring shtetl; and if not for the occasional Poritz riding through and trampling a few skunks en-route, chances are that the non-enterprising gentile population of this shtetl (actually it was probably more of a derfel than a shtetl, so says Chaim Yankel the Road-Kill butcher) would never have fleishigs, period.

One day a stranger came into the derfel's marketplace, and announced that he sells all-natural remedies that can cure any illness...

The stranger even offered to demonstrate his wares free of charge on the first lucky volunteer, in order to establish his credentials among the local populace. Being non-enterprising, as the gentile population of this derfel were, almost noone took up the stranger on his offer ... except for one. Janek the Panhandler (he used to attach the handles to pots and pans... that was his profession, says Chaim Yankel, whose Elter Zaide Chaim Yankel was the Road-Kill butcher in the next shtetl over is the one who told the story to his einikel -Grunem the Road-Kill Butcher of Brownsville...).

Janek the Panhandler stepped forward, and in hushed tones detailed his ailments to the dapper stranger....

"Eeeeh, What's up Doc? (sorry...I couldn't hold that back). See, the past couple a days, Ise beed sdeezid' and coughid' a tod...Fever...Stuffed Dose...I duddo what's goid od ad all!"

The dapper doctor looked Janek straight in the eye, and said, "I see on the whites of your eyes that you have contracted the dreaded commonus coldus respiratorous infectiones!!!"

| Golfordiod. 51 odfy, 2020, 10:00 |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| It was all Janek could do to keep from fainting |
| "I have WHAT!!!" |
| "Listen to me sir You are so lucky that we caught this in time, and to think if I wouldn't have just been passing through towntsk tsk" |
| "Doctor! What are you trying to say!!!" |
| "Look, I do have a special formula to treat what's ailing you, the regular price is abouta million zloties" |
| "A MILLION WHAT!!!" (See Bard's I did use caps) |
| "Look, today is your lucky day, you're the first customer in this village, and I said that the first case is on me. So heretake two of these white pills every six hours for the next two days, and make sure to drink plenty of fluids and rest and hopefully it's not too late and you'll pull through" |
| Well, Janek did as told, and by day three the hamlet was buzzing with the news that the dappe doctor had saved Janek from near-Death! |
| It wasn't long before the dapper doctor had droves of the hapless hamlet inhabitants at his door |
| |

In a small hut at the outskirts of the little village lived a Yid, named Zanvil Schwartz. Rather appropriately, he was a Shtreimel-Macher, that is until he was struck with rheumatic athritis. As his age advanced he was forced to cut down shtreimel production to a bare minimum (you all know what kind of hard work shtreimel maching en-tails YUK,YUK,YUK) as he could no longer turn a road-killed possum carcass into a shtreimel that was fit to wear (Chaim-Yankel says that

this was even way back then when a shtreimel was reminiscent of a cat's tail on a rainy day with a vevet yarmulke in the middle). So Zanvel and Devoirah -his unbearable, nagging, overbearing, machsheifa of a devoted wife -were left without a source of income.

Zanvil tried a number of ideas that didn't require a good set of hands, such as Kretchme-Keeping, but since the non-enterprising gentile population of the derfel were non-enterprising even for a group of non-enterprising gentiles, the debts mounted and the gains lost. So Zanvil was forced to close the Kretchme and sell his house in the center of the derfel, and move out to a hut (Chaim Yankel says that some say that it was more of a shack than a hut) at the outskirts of the derfel. But our hero Zanvil was not left without a penny, he moved out to his hut accompanied by two precious treasures (In Devoirah's opinion-and boy, was Devoirah opinionated - Zanvil possessed three treasures).

The first and most precious of the treasures, the apple of Zanvil's eye -the only reason he kept waking up in the morning (don't tell Devoirah) - his lovely, talented, and pious daughter Ruchi. At fifteen, she would soon be in need of a fitting dowry. For his only daughter, Zanvil was not willing to compromise, and so he put away over the years what grew into his second treasure -5000 golden coins -a tidy sum by any standard. Penniless as he was, he didn't think of touching this treasure, which he kept buried deep in the forest, where it waited for Ruchi to come of age. Even rendered penniless, Zanvil and Devoirah refused to touch that stash, and preferred to sell their luxurious (by non-enterprising gentile standards) two room hovel in the Derfel and move to a hut on the outskirts of town.

Zanvil came home after a long day of looking for parnussah, at parnussah, at things that look like parnussah- but no such luck. He didn't come home emptyhanded, for when he saw that his prospects of employment as a day-laborer were bleak (even Grunem the Road-Kill butcher said that he had no use for him) he grabbed a hitch with a buggy that was making the trip into the nearby shtetl, where he proceeded to make the rounds of all the shteeblach by Mincha-Ma'ariv. Satisfied with the proceeds, he made his way to the town square, and looked for a hitch back home. But none was forthcoming.

Well, Zanvil was nobody's fool, it was cold outside -and that sure did no wonders for his rheumatic athritis -so he made his way back to the Shomrei Shabbos Sheel (*where the Gabbai announces hitches as they become available- just without a microphone, I did say once upon a time -didn't I?*) where he could warm his aching bones with a steaming cup of tea.

As Zanvil entered the Sheel, a breathtaking sight caught his eyes (soundtrack=violins galore, angel wings flapping etc. etc.).

There he sat... in a corner, shuckling over his stender....his high brow furrowed in concentration....his deep blue eyes burning with passion as they swallowed one line of Gemara after another...absentmindedly toying with a golden linke paye... RUCHI'S BASHERTE!!! Zanvil was sure, there can be no mistake...

"Tell me...", said Zanvil in hushed tones to the first person his hand could grab ahold of and shuckling him like a leelav (or klopping him like a hoishannna), "W-h-o i-s tha-t Bachur...o-o-o-over there?"

"Well", said the hapless passerby, "I'd be glad to tell you... But would you mind letting go of my arm first? You're KILLING me!!!"

"Oh, Sorry". said Zanvil.

"Thank you kindly. And for your information, that is Yankel Friedenstein... the pride of Volozhin and his mother, Channa who they call 'the Taddeikes Nisteres' and his father is Hershel the Jeweler who's known as 'The terror of the Diamond Exchange' and alos happens to be the Roish HaKuhel around these parts..."

"Aha, and who's his shver?"

"Shver? He's all of seventeen years old, and he might get to seventy and still be single!"

"Aza zeese bucher'l should become an alter Bucher? I'll bet there are shadchunim who are killing each other trying to get into his father's door!"

"They were, but you know -Hershel isn't really the worlds easiest person you know...and he made it clear that with his expertise in precious gems- he won't sell this ?????? (I tried to write that in English, but it came out something like 'tackichsaa') for anything less than 10,000 golden

coins. Yankel may be worth it, but noone in the whole province has that kind of money to put down for a *nadan*."

And with that the passerby walked away as quickly as he could, rubbing his sore arm, and leaving our friend Zanvil deep in thought....

"Zanvil! What a nice surprise! You know that I almost had a heart attack worrying about you! Another minute, if you wouldn't have walked through the door -lch volt gechalisht... and I would have died! Yes, died! And it would have been all your fault! A sheine meise!", this was the greeting Devoirah the klavte devoted dedicated to her dear husband, and if she would have continued berating him, I would be here all night and all day and all night and maybe then you'd be reading the half of it.

Now, Zanvil had lots of thoughts running through his mind after such a warm welcome, for instance "Hmmm, A sheine meise -or missah -indeed, Ah shud az ich hub nisht gevart nuch a puhr minute before I came home..." but our Zanvil was first and foremost a hen-pecked husband a good soul, and wouldn't wish such an end on a fly. Besides, it would just break Ruchi's heart if her mother was to die. Oy! such a wonderful girl...Oy! Such a wonderful boy... Vus tiht mehn? Through the thoughts and possible plans of action running through his head...Zanvil heard Devoirah yapping away at him sharing the day's goings on with him in excrutiating detail...And then he heard an item which (after 39 years of marriage) caught his attention...

"Devoirah! Did you say miracle healer?"

"What? You weren't listening to me? You never list-"

"Sweetheart, I always listen to you (*Ah breirah hub ich? Do you ever let me get a word in edgewise?*)! But listen, all of our problems are going to be solved...and I might even manage to buy you a white fox fur coat just like the fancy ladies from the next shtetl over!"(*Look, the man's got 39 years experience...he knows how to get her attention...*).

"What? But-"

And Zanvil starts telling her the whole story...and about the Choson that he found for their precious Ruchi...

"Nice, so you interrrupted me just to rub it in...! Di vilst mir hargennen fin grois tzaar? (*Zanvil in his head....'Hmmm... she's got something there...*) Ah sheine meise you unemployed disabled ex-shtreimel macher! Where do you think you're going to come up with 10,000 gold coins from? And who's going to give a second look at a dalphon like you who lives in a safek-hut safek-shack at the outskirts of town? Hershel the Horrific or whatever his name is?"

"No Devoirah, I've got a plan...

"We'll take out some of the money that we stashed away for Ruchi's Nadan, and we'll go to the Dapper Doctor. If he can just cure my rheumatism, I'll be able to start working with Chaim Yankel the Road Kill Butcher from the slightly larger shtetl over the mountain, and I'll get his best possum shvenzlach...and before you know it...I'll have clients from Bardichev Biz Boyan waiting on line for the world famous Schwartz Shtreimelach. We'll have so many clients that people will start to say "Az me zeyt a shvantz- miz es zein Zanvil's Zanvil!" And I'll have 10,000 times 10,000 golden coins and we'll be able to buy a new house in the center of the derfel near the Shteeble...and then maybe we'll be able to think about a nice fox fur coat for you..."

"A sheine meise...Alle Muhl bin ich de letzte! As far as I'm concerned you can suffer from your rheumatic arthritis until your hands come out of your nose! Sheine Chaloimos Hust Dee!". Now, it has been said that Devoirah is an opinionated poison person, but Zanvil knows the one way to change even Devoirah's opinion...

"Devoirah... Just think about Ruchi! And how happy she'll be..."

The next morning found Zanvil and Devoirah in the dapper dpctor's office.

"Good Morning folks! What can I help you with?", said the 'miracle worker'.

"Well doctor", said Zanvil (before Devoirah had a chance to open her mouth), "I've been suffering from rheumatic arthritis which has been crippling me for the past few years...".

"Rheumatic arthritis, rheumatic arthritis... hmmm...." muttered the dapper doctor under his breath, while flipping through a few heavy volumes strategically placed on his desk; while his face expressed utter dismay...

"Doctor," Devoirah found her tongue, though she was rather tame as she was in awe of the learned doctor, "do you have a cure for my husband's ailment?".

"Yes, yes... hmmm....", said the doctor after what seemed like eternity and a half, "I do have a special potion, the ingredients which it contains are very, very, expensive. But, it works wonders, and if you will follow the instructions to a T, it will restore your lost youth, and allow you to return to activities which you haven't participated in in years..."

"Even kickboxing and 'possum tossing?" asked Zanvil with baited breath (halitosis).

"Even roadkilling and shtreimelmaching?" asked Devoirah anxiously.

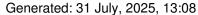
"ANYTHING!", said the dapper doctor, "You will be able to do anything you want".

"So how much are we looking at here?" asked Zanvil, always the practical one.

"Well, like I said, the ingredients of this potion are quite expensive, and preparing the mixture requires much expertise and concentration, but 7500 golden coins aren't too high a price to ask for regaining one's youth are they?"

"Oy!!!!" said Zanvil (There goes the chosson).







obviously unfamiliar with Devoirah, for as far as she's concerned there is nothing which anyone says in her presence which doesn't require an immediate response!

"This is the special formula for rheumatic arthritis. You must take exactly two tablespoons of the powder, and cook them up with an onion, a potato, and three cups of water for one hour. The mixture must be stirred precisely every two minutes -no more and no less. After the mixture has cooled, add a teaspoon of salt, a pat of butter, and pepper to taste. Zanvil must have exactly 1/4 of a cup of the mixture once exactly every 27 minutes for the course of a week. And after that... He will feel like a new man..."

"Oh... one more very important thing -I can't believe that almost forgot to mention -during the entire cooking process, and especially when stirring the preparation, and even more so when it is administered to the patient, you must take great care that noone involved with the preparation nor the patient think about **Green Elephants**!"

"Doctor!", said Devoirah, "There is no such thing as a green elephant!".

"Look, I'm just a dapper doctor- not a zoologist -and these are the instructions, if you want the cure to work properly remember- **NO GREEN ELEPHANTS**..."

So Zanvil, Devoirah, and a small glass jar with some white powder went home to the safek hut safek shack at the outskirts of the village so insignificant and boring, that no one remembers what its name was -if it had a name at all...

Devoirah, ever the klavte devoted and dedicated wife, set about preparing the first batch of the concoction which the quack dapper doctor had concocted. We will follow her thoughts in italics... one of the few liberties we authors can take in creative writing which might be useful -but impossible -in real life ...; we actually know what's going on in our characters' minds.

She carefully measured exactly two tablespoons of the powder, *Ah sheine meise! Green elphants zugt ehr, no thinking about green elephants! Everyone knows that there's no such thing as green elephants! Elephants are gray, maybe there are some white ones out there, Meshigge Oifen Gantze Kupp -Azoi vi Zanvil...*

and cooked them up with an onion, *nu*, *s'hut gekost 5000 rendlech...Okay*, *Devoirah... maybe it's k'dai to follow his ridiculous instructions... after all he's the doctor, and if this works -fox fur coat, here I come!!! Okay, no green elephants. You go girl!.*

a potato, and three cups of water for one hour. She stirred the mixture precisely every two minutes -no more and no less. But b'etzem why not? NO NO NO White elephants Pink elephants ELEPHANTS GREEN, NO THIS IS IMPOSSIBLE!!! NO MATTER WHAT I KEEP ON WINDING UP WITH, no Devoirah don't think that word again it's already been two whole minutes that you managed not to think of green elephants AAAARRRGGGGHHHH!!!!! There they are again -racing through my mind! A VIRTUAL STAMPEDE OF GREEN ELEPHANTS!!!

After the mixture cooled, she added a teaspoon of salt, a pat of butter Stuff and nonsense... what effect can my thoughts have on mashed potatoes with powder anyways **Be'Emes** they're just thoughts not actions. There you darned dapper doctor, are you happy now? **GREEN ELEPHANTS, GREEN ELEPHANTS, GREEN ELEPHANTS, GREEN ELEPHANTS, GREEN ELEPHANTS GREEN ELEPHANTS** and pepper to taste. Gee, this is pretty tasty... maybe I'll fargeen myself another taste.

And so Zanvil had his first taste of the miracle rheumatic arthritis removal remedy as prescribed by the dapper doctor and prepared by his klavte devoted and dedicated wife, and another 1/4 cup every 27 minutes therafter *Gee, this is much tastier than Devoirah's mashed potatoes....must be the white powder....*

And so, Zanvil started ingesting exactly 1/4 of a cup of the magical mashed potatoes precisely once every twenty-seven minutes. What exactly was it that I wasn't supposed to think about...Green Toads? Green Frogs? Green Grass? Oh I know! Green Elephants! Baruch Hashem! I remembered! I was afraid that I wouldn't remember what it was that I'm not supposed to think about and then I would wind up thinking about it. Okay, no thinking about green elephants, no thinking about green elephants, no thinking about green elephants, no thinking about green elephants! Okay Zalman 1-2-3 no thinking about green elephants, wait... just think about something else. Oh Shreck, I'm almost finished... And so, Zalman finished off the first batch that Devoirah had prepared.

"Devoirah!", called Zanvil.



| "Good. here are the instructions, just remember the most important part is the green elephants!" |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| "Voos?" |
| "The green elephants you're not allowed to think about green elephants when you prepare the remedy." |
| "Okay Tatty! Will do! No green elephants! Just give me the tzetel and I'll whip you up a batch of remedy!" |
| "Oy, mein oitzerel- vart nuhr, once the remedy works, I'll get back to work and then we can find you ah passige shidduch. Aza getreiye kindt." <i>Baruch Hashem she doesn't take after her mother!</i> |
| "Oy Tatty, please don't worry. You'll see, Hashem will help us. The main thing is that you should feel good again. Now have a hot cup of tea with a piece of this delicious crab-apple strudle which I managed to salvage from underneath the bushes on the side of the road, and your remedy will be ready k'heref ayin." |
| And so, Ruchi the truly devoted, dedicated, and loving daughter set about preparing another batch of the concoction which the wonderful dapper doctor had concocted. <i>Oy, Basheffer helf mein Tatte Zanvil ben Zibbenaroif zoll zein gezint ind shtark, ind zohl brengen aza shefa in shteeb, az de Mamme zoll em nisht painigen</i> |
| She carefully measured exactly two tablespoons of the powder, What did Tatty say that I shouldn't think about? Right, green elephants! Kabed es uveechu No green elephants |
| and cooked them up with an onion, Elephants are so pretty! Huge and clumsyI wonder what |

shade of green a green elephant would be (visualising) olive green? emerald green? dollar green? grass green? OY I'm thinking about green elephants, nu nu nu!!!.

a potato, and three cups of water for one hour. She stirred the mixture precisely every two minutes -no more and no less. L'maaseh that's pretty funny, I remember learning in Tzenah Rennah that elephants are gray or brownish...not green. I wonder what a green elephant would look like? Oish, gotta get that picture out of my head...Der Tatte hut gehaisin....I know! I'll say Perek Shirah biz der veil- shoin bald der shkiah...

After the mixture cooled, she added a teaspoon of salt, a pat of butter "Pil ma hee oimer..." Ahhh Ma Rabbu Maasecha Hashem...a groie, ah broine, tzi a greene ellephant azoi fill sheine ellephanten tanzen by mir in kupp... YOISH, Vieder de greene ellephanten. I must be a shlechte maidel and pepper to taste.

And so Zanvil had his first taste of the miracle rheumatic arthritis removal remedy as prepared by his devoted and dedicated daughter, and another 1/4 cup every 27 minutes therafter Gee, this is much tastier than Devoirah's mashed potatoes....even with the white powder...Mammesh ah mechayeh! That Yankel Friedenstein is going to be one happy and well fed man!!!.

And so the seven days passed, with Zanvil enjoying his souped up mashed potatoes exactly every 27 minutes, with Devoirah and Ruchi alternating in the preparation of the remarkable remedy. All of them followed the instructions to a T except for one..., but they were too embarrassed to admit this to one another, each one thinking that he or she was the only one who had this meshiggas.... Sound familiar?

Each day Zanvil waited to feel to marvelous mashed potato induced return of his youth and flexibility... but, alas- his fingers were still as rigid and inflexible as an IRS auditor... and his back was killing him!

"Zanvil!" screeched Devoirah, "Neee, when are you going to reopen your workshop... Ruchi's not getting any younger, and you know that winter is around the corner, and you promised me a new coat!"

"Devoirah, I have to tell you the truth", that was Zanvil, always the open straight-shooter, "I'm



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| not feeling any better at all!" |
| "Oy! Di Lo Yitzlach Shlemazel Vus di bist! You can't even take medicine like a mentsch!" |
| "Devoirah, maybe it starts working on day 8?" |
| "Fat chance! If you can't start making shtreimels by tomorrow, I'm going to find that doctor, and I'm going to give him a piece of my mind!" |
| Hmmm thought Zanvil, that might not be a bad idea On the other hand, I don't know how many pieces of her mind she can afford to give away without becoming a vegetable On the other hand, that might not be so bad after all. |
| But to tell the truth, Zalman was pretty depressed himself to think that he had given away the remnants of his life's work for a cure that did't help! And what about Ruchi's shidduch? |
| And so, on day 8, at 9:25 in the morning, a furious Devoirah and her hen-pecked, harried humbled husband Zanvil made their way to the dapper doctor's lodgings. |
| "Good morning folks! How are you today?" greeted the doctor effusively. |
| "Morning, shmorning!" exclaimed Devoirah, "Ah sheine maase! Di Gannev vus di bist! Swindler!" and as you all know should could have gone on, and on, and on |
| "Excuse me Madame, I've never been" |
| "Been, Shmin! Ah sheine meise! Our entire savings this humbug takes, to feed my husband |

mashed potatoes for a whole week, and Nada, Goornisht, Nothing, Zilch, No results



"If you followed the instructions so carefully and the remedy didn't work", he continued with an

evil glint in his eyes,

27 / 40

| "You must have | been thinking | about green | elephants. | weren't vou?" |
|-------------------|---------------|---------------|--------------|----------------|
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For the first time since Zanvil could remember, Devoirah was left speechless...

For the first time since Zanvil could remember, Devoirah was left speechless... but not for long.

"Ah sheine meise! You, the no-goodnik, ferd-ganiv, eizel-kopf, quack are accusing me -Devoirah Schwartz -of thinking of green elephants while preparing Zanvil's medicine! Next thing I know, you'll accuse me of trying to put poison in his tea! I'll have you know, you grubbe ying vus di bist- that not only I prepared the remedy... My daughter Ruchi prepared quite a number of batches... Maybe **she's** the one who thought about green elephants!"

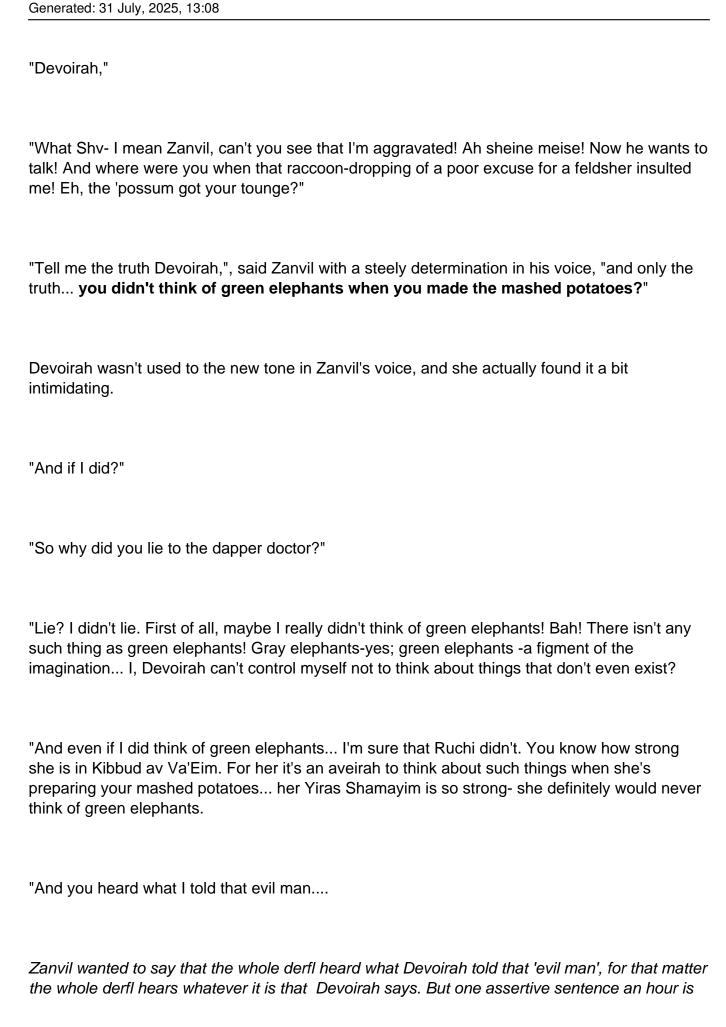
"Like I said, Madame", said the dapper doctor who appears not to have been fazed at all by Devoirah's characteristic ranting and raving extraordinary outburst, "if indeed *none* of you thought of green elephants... you will get your money back. Maybe you want to go home and ask your daughter if she didn't think about green elephants..." finished the doctor with a smirk, leaving Devoirah and Zalman gaping at him with open eyes.

"How dare you! Zanvil come on home... this menivval thinks that Ruchi would be the type of girl to think about *gasp* green elephants... Aza teire Yiddish Maidel who wouldn't dream of letting her Tatte or Mamme down! Voos farshteit ah sheygitz in Yiddishe techter, azoi vi a chazzer in brillianten!!!

"Listen you brute, we're going home, and if Ruchi says that she didn't think about green elephants -and she will - you're going to give us our money back- **OR ELSE**".

"One hundred percent, have a nice day!" said the doctor with a sneer on his face.

And so, a foaming at the mouth, muttering to herself furious Devoirah and a thoughtful Zanvil made their way back home.



| about as much he could squeeze out after years of absorbing his spouses verbal abuse |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| "If Ruchi says that she didn't think about green elephants -and she will - he's going to give us our money back. |
| "Now here we are |
| "Ruchi!" |
| "Oh Hi Mommy! Hi Tatty! How are you both!" |
| "Fine B"h" |
| "Ruchi darling," said Devoirah, in the special sugar sweet tone reserved just for her, "Mommy wants to ask you a little question." |
| "Of course Mommy!" Wow! I knew it was suspicious that Tatty and Mommy went out together -at the same time -with each other. I bet that they went to see a boy, and Mommy finally agreed to Tatty that it's a good shidduch and they want us to meet. Oh boy! Oh Boy! Omigosh, just wait until I tell |
| "Ruchi, are you with me?" |
| "Oh, yes Mommy- of course." |
| "Good, because Mommy wants to ask you a very, very, important question Our family's whole future <i>my fox fur coat</i> , and your future happiness really depend on your answer to this question |

| "Do you remember when you made Tatty that rheumatic arthritis remedy?" |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| "Yes, Mommy, you mean that mashed potato stuff with the onion?" <i>Ugh. what does that have to do with my shidduch? Did he ask about my cooking? Tatty told me that it was very tasty!</i> |
| "Yes, sweetie. Can you please tell me how you made it?" |
| "Of course Mommy!" Maybe the mechitan heard about it in sheel from Tatty and the machateiniste asked for the recipe! |
| "I took exactly two tablespoons of the powder, and cooked them up with an onion, a potato, and three cups of water for one hour. Then I stirred the mixture precisely every two minutes -no more and no less. After the mixture cooled, I added a teaspoon of salt, a pat of butter, and pepper to taste." |
| "And what else did you do?" |
| "I davened for Tatty's gezint and I said perek shirah, because it was close to the shkiah." |
| "Sheiffele, I want you to tell me the truth, were you thinking about green elephants at all when you were preparing the remedy?" |
| "IOmigoshNoAyyyyyyy (heaving with sobs) I didn't (sniff, sniff) mean to but(crying hysterically) |
| Arggghh NOOOOOOOI can't deal with itThe shameAERRRGGGGGGGGGHHHH! |

And before Zanvil and Devoirah realized what hit them, Ruchi was out the door and running...

For the second time in the same day *truly a record breaker for Devoirah* Devoirah found herself speechless.

She and Zanvil stood as if welded to the floor.

After two minutes of standing like getchkes, Zanvil collected the pieces of his blown mind, and was assertive for the second time in the same day *truly a record breaker for Zanvil*.

"Quickly, Devoirah... we have no time to lose..."

They walked outside of their safek shack safek hut, but Ruchi was nowhere in sight...

From a distance, however, they noticed that in the center of the derfel a crowd was gathered in the market place.

Thinking that this might have to do with Ruchi's dramatic exit, they ran quickly as quickly as a rheumatic arthritis stricken hen pecked devoted husband and his Sherman tank of a wife his matronly wife could possibly run.

When they reached the derfl's market place, they were astounded. No, Ruchi was not amongst the crowd -but the derfl-folk from young to old, Yid and non-enterprising peasant alike were crowded around a man astride a mighty steed... And this man was like noone they'd ever seen before...

His mount was an Arabian purebred, putting him 7 feet off the ground and the rider himself was, well...

The rider was a man of average height and average build... But his face was blackened -as if by coal, or a black stocking-cap stretched over his visage. He was armed with a carbine with a sharp bayonet at the end of its barrel -glinting in the sun as if to add intimidation...

And he seemed to be furning mad.

"What does youse all meaning to be foolin' around wif me folks.

"I sayed where is that dapper quack stayin' round these parts- Y'all don' be messin' wif me", and as if to emphasize these last words he shot off a round in the air.

One of the derfl-folk finally stepped forward and said, "Sir! Have mercy! We told you already, he was staying in the local guest house until this morning. But he appears to have up and left...

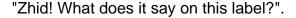
"Which way did that slippery snake go?", asked the stranger.

"He went thataway, sir", said the hapless villager pointing his finger towards the outskirts of town -in the direction of the Schwartz's safek shack safek hut, hoping that the stranger on the huge horse would be satisfied without killing anybody.

"AAAAARRGGGH! He won't to be escapin' from me again no more!".

And without another word, the stranger galloped off without leaving a trace behind... that is besides a huge cloud of dust, and an empty glass bottle rolling on the floor in his wake...

One of the more enterprising gentiles of the derfl approached the bottle and picked it up, but of course being that he was a peasant he couldn't read the label. He approached Zanvil who stood at the edge of the crowd -riveted to his place for the second time that day -and asked him,



Zanvil as if awakening from a bad dream, glanced at the bottle absentmindedly, and cordially answered the inquisitive peasant,

"It says 'Woodford'".

Ruchi ran as quickly as her feet would carry her, not even thinking about what it was that she was trying to escape, nor where it was that she was trying to escape to.

She just felt miserable.

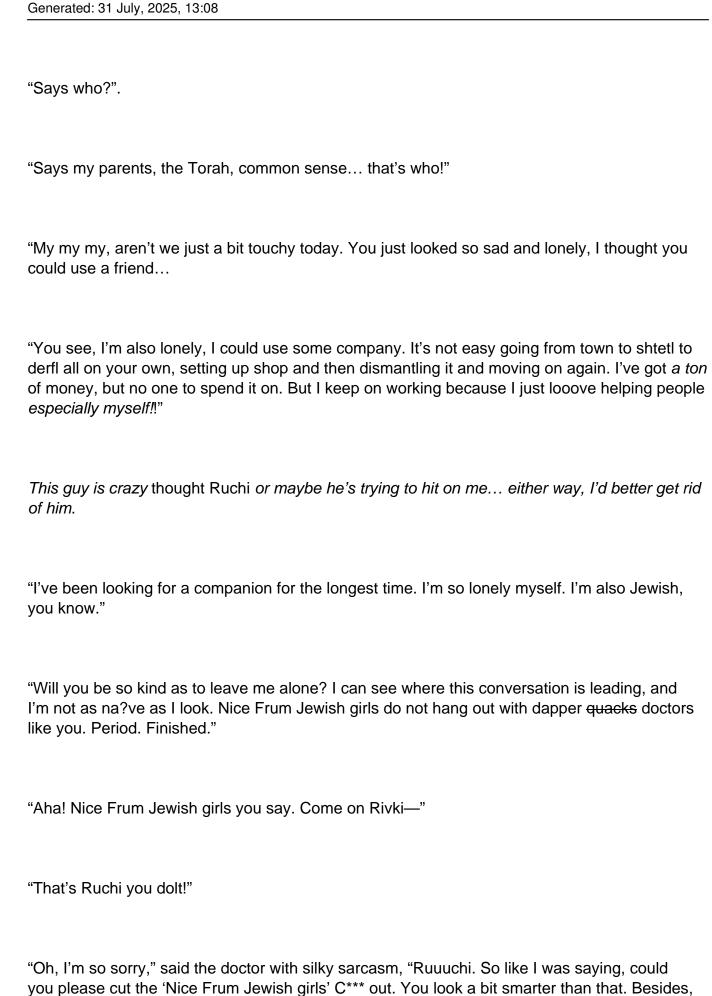
How! How could it be that I let Tatty and Mommy down so terribly? What will become of me? When this gets out my reputation is going to be shot! Who's going to hear about a shidduch with a girl who killed her father and mother because she couldn't stop thinking about green elephants?

After a few minutes, she ran out of breath, and stopped at the side of the road –forlorn and sad. She cried for another few minutes, until she was startled by a shadow looming over her.

"Hey there Miss! Why is such a lovely young lady looking so distressed?", said the stranger in a velvety tone.

His words caused her to blush. No one in the derfl ever had spoken to her that way before, and they made her feel both indignant and special all at once. She looked up, and she saw that the voice belonged to none other than the dapper doctor himself!

"Excuse me sir, but I am not allowed to talk to strangers", said Ruchi, having half come to her senses.



I saw the way you ran out of your parents house...

"Look Ruchi, I might not know you that well, but do you want me to believe that you're a Nice Frum Jewish Girl and that's why you ran away from home... Or did Tatty and Mommy catch you being not such a Nice and not so Frum Jewish Girl? Ehhh..?"

Now Ruchi was B"h a fine Bais Yaakov Meidel, and she didn't quite catch the innuendo which the dirty-minded dapper doctor layered on so thickly. Nevertheless, in the heat of the moment, after the day's turbulent events –especially because she had her own ideas about her Nice Frum Jewish girl status... her mind was blurred. Besides which, there was something mesmerizing in the dapper doctor's tone...

Omigosh! Even this perfect stranger knows that I couldn't control myself... I must be the talk of the derfl by now! Omigosh! I am soooo embarrassed! What's going to be with me!!! Maybe he's right? Even if I go back home... How will I ever be able look Tatty and Mommy in the face after what I've done? I feel so dirty... Am I becoming a 'bum'? Am I already a 'bum'? I guess so, look at me here carrying on a conversation with this sheygetz!

"Come Ruchi, check out my fiaker... Model 1910...the derfl can't offer any such comfort and elegance... and that's just for starters...

And just as Ruchi, in an almost altered state of mind almost succumbed to the advances of the dapper devil, a cloud of dust began to rise on the horizon down yonder...

The darned doctor was so swept up in his attempts to reel in his prey, that he didn't even lift his head until his arch nemesis was upon him with a mighty yell...

"YOUZE MESSIN AROUND YOUZE LOOK LIKE A DOCTA

BUT YOUZE A BIG BAD GUY IN A LOTTA TROUBLES.

YOUZE GONNA GET YOUZE HEAD KICKED IN IN DA REBBE'S HOIF WHEN WE GET YOU DERE. HEH HEH.

YOUZE GOTTA GET OUT BEFORE YOUZE GET TO DERFL MAN.

YOUZE BAD!!! SEE IT YOUZE DA WORST YOUZE LOOK GOOD BUT YOUZE REAL BAD.

HEY ONE SMACK ON THE FACE WOULDA SET YOUZE STRAIGHT A WHILE BACK.

YOUZE BEG FO FO-GIVENESS. HEH HEH. YOUZE GOTTA FESS U..."

Ruchi felt woozy, this was a bit too much for her frayed nerves. Besides which... she had never seen **anyone or anything like** the creature who started knocking the dapper doctor from one tree to another. The last thing she remembered before she fainted was that the man got off of his huge horse *or is that an elephant?* and said very softly, "I'm sorry if I shocked you Miss, but you'll see —everything is going to be just fine from now on..." and went right back to playing bongo drums on the dapper quack's head...

Ruchi didn't know how long she had lain there underneath the tree, but when she opened her eyes, the stranger was standing over her —which caused her to almost pass out again. The dapper devil doctor, on the other hand was lying flat on his back, his once dapper face now definitely deformed.

"I.. I... who are you?", she stuttered in fright.

"I don't mean you any harm, Miss. I guess you could call me your guardian angel.

"Herr ois, your parents are probably worried sick about you...

My parents... Omigosh! I can't believe it! They probably are furious at me and never want to see me again!

"You should just go straight back home. I promise, they'll be waiting for you... but I'm not going to send you home empty-handed. You see, that scoundrel has swindled hundreds of thousands of gold coins out of innocent hard-working people. Five thousand of those are your Tattie's, the rest belong to people who were meya'esh a long time ago. I'm sort of like Robin Hood,



I just have to write it.

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| |
| "Yes, but" |
| |
| "No buts, bards." |
| |
| "Huh?" This guy sure likes to talk in riddles. |
| |
| "Never Mind. Just KOT! Now get going before that Rusha MeRisha regains his consciousness!" |
| |
| And before Ruchi could say anthing else, he was back on his mighty steed and off, leaving nothing behind but a cloud of dust. Looking after him Ruchi could see a distinct pair of peyos flying in the wind as the masked man freed his face from underneath the black stocking cap or whatever that thing on his face was |
| whatever that thing on his face was |
| |
| |
| The End? |
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| ==== |
| Re: Ki Nafalti , Gam Kamti Posted by ben durdayah - 31 Jan 2011 18:50 |
| No there's a really nifty epilogue |

GYE - Guard Your Eyes Generated: 31 July, 2025, 13:08 Re: Ki Nafalti , Gam Kamti Posted by Yosef Hatzadik - 31 Jan 2011 18:53 This was the story for the campfire. ;D ==== I wouldn't want to miss this kumzitz!!!!!!