

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri. I live in the jerusalem area and i am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in beis medrash. While i have had success in my learning b'h, i have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the world's biggest hypocrite. It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits. After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once i feel that they know me too well. i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict (however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this: porn, masturbation, contact with a sexual girl, and, strangely enough, eating out at restaurants, but that we'll get to a diff time. Anyway, there is one main girl, as there always is. we have had the weirdest on and off relationship, to say the least. the jealousy and overprotection i had with her is still a shock to me even. anyway im tired so i shall continue this

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Re: Where I'm at

Posted by jerusalemsexaddict - 27 Jul 2009 23:45

Chevra,

another unfortunate night of insomnia. it did give me the chance, though, to read a beautiful peice on eicha by the dubno maggid.

as ive mentioned before, ive visited the kosel alot in the past week or so, and every time ive been there i have broken down crying. i think i cry becuae i dont know what to say to hashem or how to say it. im like a child who just wants his abba to hold him. so he cries. Hear the following short anecdote:

There was a rich man who unfortunately had his business take a turn for the worse and soon

found himself barely feeding his family.He noticed one day his son looking exceptionally sad.When asked why,the son explained as follows "tatte,when we had money we had all the best food and lots of it.now all we have is bread.at least give us a decent amount."

this is us.we dont have much left to give Hashem.the beis hamikdash is no longer here.no korbanos nothing.all we have left is our tears.let us not be stingy with them.

"The gates of prayer are locked,but the gates of tears will never be"-gemara brachos

"She cries and cries in the night,with a tear always on her cheek"-megillas eicha

my friends,this is the night.do not be afraid to cry.u have 200-plus shoulders to cry on.-Uri

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Re: Where I'm at

Posted by jerusalemsexaddict - 28 Jul 2009 12:33

besiyata deshmaya,

day 12.....

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Re: Where I'm at

Posted by chl - 28 Jul 2009 13:16

bs"d

Great Uri!!! May HaShem give you strength to continue on the path of sobriety!!!

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Re: Where I'm at

Posted by battleworn - 28 Jul 2009 16:06

Reb Uri, you can't imagine how much you add to this holy chabura "Bi'asra kadisha hadein". One moment you're posting how impossible your situation seems and then suddenly you show us all how you prevailed. You're giving such a tremendous "lift" to everyone and it's a tremendous zechus.

The y"ch knows this very well and you can be sure that he'll put up a good fight. **But you have Hashem on your side.** Look how in His infinite mercy He brought you here and provided you with the best friends imaginable! ?? ??? ?????? ?????? ??? ?????? ??????...??? ?????? ??????. Always have bitachon and never slacken up on your histadlus. Always remember how each time you prevail, you give tremendous chizuk to all of us.

On more point. You, like most of us (maybe all of us) are a very passionate person. The y"ch has until now directed that passion to lust R"L. Now, as you're breaking free, try to redirect that passion to it's natural direction - to Hashem. Kol hascholos kashos - every time we need to reach a new madreiga we go through a period of "kashos" but when we break through it we become the bigger and better person that we were meant to be. In a short time you'll look in the mirror and you won't recognize yourself.

Keep going higher and higher, CHAZAK VE'EMATZ!!!

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Re: Where I'm at

Posted by 7yipol - 28 Jul 2009 17:14

GO Uri GO!

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Re: Where I'm at

Posted by chl - 28 Jul 2009 18:41

bs"d

what i find amazing about Uri is that he is constantly posting. He is constantly describing his situations, calling out for help - and at the same time giving help and encouragement to others!

yeshar koach!

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Re: Where I'm at

Posted by battleworn - 28 Jul 2009 18:59

Hashem also considers it amazing! And he says ??? ??? ??????. This is the true meaning of ????? ???? ????!!

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Re: Where I'm at

Posted by Eye.nonymous - 28 Jul 2009 19:18

I once heard something that comes to mind now:

God loves the biggest rasha even more than we love the biggest tzadik!

And, even with one hirhur of teshuva, a person may already qualify as a tzadik.

(If a rasha marries a women on condition he's a tzadik, the marriage is binding--perhaps he had a hirhur of teshuva!)

We can't fathom how much God loves us! No matter where we are holding. And, especially when we're trying to face the right direction.

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Re: Where I'm at
Posted by kutan - 28 Jul 2009 21:41

[Eye.nonymous wrote on 28 Jul 2009 19:18:](#)

We can't fathom how much God loves us! No matter where we are holding. And, especially when we're trying to face the right direction.

Its of course true we can't fathom.

But we can get a glimpse.

If you were zoche to children... the feeling you have to them.

), the one you just love to
watch... it really does not matter what he does, you just love him.

Of course, we discipline, and sometimes are hardest on those, because it hurts us the most.

But we never stop loving him.

kutan

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Re: Where I'm at

Posted by jerusalemsexaddict - 28 Jul 2009 21:59

My beautiful friends,

i am exhausted.thank G-d.i dont think ill have a prob sleeping tonight with G-d's help.I picked up tonight and headed to the kosel,as i have been doing alot lately.i took my younger brother with me.unfortunately there was no parking,so we had to park in and walk through mamila(new shopping center outside the old city with free parking)(ouch :-\).after walking through the old city which is always a mixture of emotions we got to the kosel.i walked up to the wall and i touched the familiar stones which i have visited so often in my recent quest for G-d.the stones smiled a sad smile at me.back again?youve been around alot lately.we dont mind though.weve been lonely for so long.my friends,do u know what loneliness is?the kosel does.and i cried.im really not a cryer;but i cried.i cried for myself.i cried for klal yisrael,with all the lost neshamas.and i cried for the kosel.ad mosai must we pain Hashem!?Our people know pain all too well that it doesnt even faze us anymore.my brother walked up to me and looked questioningly at my face.i told him"david.go daven that the beis hamikdash will be rebuilt"and i told him the following vort that i though up this morning learning the sedra.

Rashi says that Moshe used the lashon of chanun becuae it shows the requests for a matnas chinam-a free gift.Moshe said "hashem.this is what i want,but dont let it detract from my schar.let it be free".and rashi goes on to say that all tzaddikim daven in this fashion,even though they have many merits.My question is simple and unoriginal:if Moish wanted this so bad to enter the land,throw in some schar on the deal.why davka a free present?arent u more likely to get it otherwise??

I had an insight,chevra.Its not that these tzaddikim ask for presents even though they have alot of merit.Its that they are tzaddikim because they ask for presents.

Meaning:some pple deal with hashem on a businesslike level.listen G-d,you know the drill.i daven 3 times a day,learn a shtickle,give some charity.You provide me with money and health.Deal?

But tzaddikim know that Hashem is their father.He doesnt want deals.He wants to give.Hes the ultimate giver.Anyone who asks:gets.He is waiting to shower us with blessings.we have the key to His treasury.we only have to open it.God is close to all those who seek Him.

My friends,dont say to yourselves:why should Hashem help me?i havent done anything good for him lately. He is your Daddy.His greatest pleasure is to give you everything and see that

-Uri

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Re: Where I'm at
Posted by 7yipol - 28 Jul 2009 22:14

I think I've been tricked.

How old did you say you are Uri? I get the feeling I'm listening to insights of one far older and wiser than I...

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Re: Where I'm at
Posted by kutan - 29 Jul 2009 02:56

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Wow Uri.

that was GREAT.

I'm saying it over by the Shabbos table iyh.

kutan

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Re: Where I'm at
Posted by chl - 29 Jul 2009 06:59

bs"d

Uri,

absolutely beautiful and inspiring!!! Thank You!

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Re: Where I'm at

Posted by TrYiNg - 29 Jul 2009 07:42

chl- I second that :D :D

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