

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri.I live in the jerusalem area and i am a sex and love addict.This took me a long time to come to terms with,to say the least.But that we'll get to in a second.

I am finishing now my third year in beis medrash.While i have had success in my learning b'h,i have a source of shame and anguish that has caused me great depression on a constant basis.I lived (live really) two lives;my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim.And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts.I feel like the worlds biggest hypocrite.It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits.After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place.I have major issues in getting close to people and keeping friends once i feel that they know me too well.i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict(however ironic that might sound).The need creeps up all too often,followed by a crazy need to satisfy it.There are several paths to this:porn,masturbation,contact with a sexual girl,and, strangely enough,eating out at restaurants,but that well get to a diff time.Anyway,there is one main girl,as there always is.we have had the weirdest on and off relationship,to say the least.the jealousy and overprotection i had with her is still a shock to me even.anyway im tired so i shall continue this

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Re: Where I'm at

Posted by bardichev - 08 Sep 2009 21:59

EFSHAR LETAKAIN IS BADCHIVVING

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Re: Where I'm at

Posted by jerusalemsexaddict - 08 Sep 2009 22:04

Is this the music that u always listen to?

Jewish Techno?

We should have a long talk about music sometime

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Re: Where I'm at

Posted by Sturggle - 08 Sep 2009 22:09

-Uri

I am so tired, but when there is a good party going on, I can't help myself! And Guard, I am totally not struggling right now! I hope I don't lose my identity! Is 25 too early for a mid-life crisis?

Struggle,

dancing like a madman... (and i dig the song...)

Uri,

I love you man and you so deserve this!!!

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Re: Where I'm at

Posted by the.guard - 08 Sep 2009 22:10

This song will henceforth be known as URI'S BATTLE SONG! When you're feeling weak, just put it on and start to BELIEVE!

Everyone, grab hands! Uri and Struggle are dancing in the middle now. It's wild.

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Re: Where I'm at

Posted by jerusalemsexaddict - 08 Sep 2009 22:13

My battle song is some israeli techno with a guy who sounds like a girl????!!

couldnt i get ko echsof or something?!

i dont want to sound ungrateful

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Re: Where I'm at

Posted by letakain - 09 Sep 2009 03:08

Okay
UR! you made my night! i'm going to sleep with a smile on my face!

so the girls are excited? for good reason!!!!!!!!!! woohoo!

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Re: Where I'm at

Posted by Efshar Letaken - 09 Sep 2009 03:34

its the thought that counts

Credit For The Song Goes to "**Efshar Letaken**" for sending it to Reb Guard a few mouths ago.

He probably forgot who sent it to him to put in the Music section because of how long ago I sent it to him.

But was a perfect time to release it to the GYE family.

Uri,

I'm just trying to imagine what was goin on in Shomaiyem as Momo and the rest of the Emergency GYE crew were in full gear to save you.

I wish we can get a clip from that. But then we will lose our B'Chirah when we see what effect our actions really have. We will have no will to sin.

I'm happy thou I wasn't around when this was going down because I cant take this kind of action its not for my heart. I hyperventilate, No! Uri can't do this! We have to stop him!

You know that line of yours "You Don't Know What You Do To This Place"? well you don't know what you do to us when we see you in that Matzav. As funny as it might sound that someone I don't know never met should shake me up like this.

This just gives more meaning to "Kol Yisroel Areivim Zeh LoZeh" & we can literally feel it.

Chazak V'Emutz

Please for are sake if not for yours, we need you to be strong! Please! Please! Pretty Please!

Thanks In Advance

E.L.

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Re: Where I'm at
Posted by Momo - 09 Sep 2009 05:10

Good morning everyone!

Thanks Uri for the beautiful mention in your poem last night. That poem is so beautiful (and it rhymes!), and it really touched my heart.

I'm so proud of you and happy you went to the Yeshivot like you said. However, I'm much more relieved that you've committed yourself to draw the red line of not touching girls and having sex until you're married. That's a VERY serious issur. One shouldn't mess around with an issur Karet.

Everyone seems to know what I did for Uri yesterday. Now I'd like to tell Uri what you did for me. After we spoke, I felt so good about myself, and that's not a given for someone suffering from depression and low self esteem. I felt that I actually made a difference in someone's life, even if it was for a moment. That gave me the motivation to work extra hard yesterday afternoon. In addition, I didn't stay late at work, instead, I was motivated to go to a shiur! I used to go to a daily shiur, but stopped about 2 months ago, and it felt great to go back. So Uri, I thank YOU. You see, not only mitzva gorreret mitzva, but I think the kedusha YOU, Uri, brought into the world by saying No to the Y"H and passing a very difficult test fell on me too and raised me up. What I'm trying to say Uri, is that not only did I NOT inconvenience myself by calling you, we helped each other. Feel free to call my anytime.

After reading the last couple pages of posts, I think you see how proud we all are of you, and how much we love you and are here for you.

Hand in hand (not literally LOL) we will hold each other until we ALL cross the victory line TOGETHER!

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Re: Where I'm at
Posted by chl - 09 Sep 2009 06:29

bs"d

you are amazing!!! that was a real team work effort! beautiful!

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Re: Where I'm at

Posted by Sturggle - 09 Sep 2009 06:42

amen to that chl!

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Re: Where I'm at

Posted by TrYiNg - 09 Sep 2009 08:03

Torn streamers flying around...busted balloons laying all over

Empty bottles of woodford are rolling on the floor.... Post-it notes of Efshar's badchanus are flying around... The music is still echoing off the walls... omg! I just slipped on a puddle of soy
You cuda cleaned up, yknow. What do you expect from men : (y didn't you at least save some sushi, huh?)

URI!!!!!!!!!!!!!!!!!!!! GET RIGHT OVVER HERE! NO.... I SAID THIS INSTANT! GREAT. NOW CLEAN UP THIS MESS CUZ ITS ALL YOUR FAULT.

AND I MEAN NOW!!!!!!!!!!

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Re: Where I'm at

Posted by TrYiNg - 09 Sep 2009 09:10

[Uri wrote on 08 Sep 2009 10:45:](#)

oooooh , I see I missed a party

the floor.... Hey, I picked up one and its monagrammed, 8) oh! It says "Uri, Uri shir dabeiri" ...

if i get out of this one im gonna treat myself to a really nice meal at bar burger

NUUUU.... How was it?

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Re: Where I'm at

Posted by jerusalemsexaddict - 09 Sep 2009 16:44

[TrYiNg wrote on 09 Sep 2009 09:10:](#)

[Uri wrote on 08 Sep 2009 10:45:](#)

if i get out of this one im gonna treat myself to a really nice meal at bar burger

NUUUU.... How was it?

gevaldig!

[TrYiNg wrote on 09 Sep 2009 08:03:](#)

Torn streamers flying around...busted balloons laying all over

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URI!!!!!!!!!!!!!!!!!!!! GET RIGHT OVVER HERE! NO.... I SAID THIS INSTANT! GREAT. NOW
CLEAN UP THIS MESS CUZ ITS ALL YOUR FAULT.

sauce! Uch! Efshar >

AND I MEAN NOW!!!!!!!!

trying,

1)you dont clean up after a party that was thrown in your honor

2)guard arranged it.he should clean up

3)that's the girls job,duh!!

4)i wasnt in position to cean up.berditchev and i were laying on the grass outside drunk trading
purim vorts and jokes.

-uri

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Re: Where I'm at

Posted by jerusalemsexaddict - 09 Sep 2009 17:07

Today was an interesting day.

I had a meeting with my sex addiction therapist which ill discuss in a new thread shorly.

I dont know forsure why im sharing this but i just want to say that yesterday i almost fell worse than anyone here even knows,except for mom.

Exact details i will not share(for several reasons)but i just want to thank you guys for saving me from doing something very stupid.

Anyway my meeting was a real eye opener,and i came out feeling excited about this new mehalech in dealing with my addiction but still feelin pretty good nonetheless.i would even go so far as to say that i was feeling better than ive had in quite a bit.

I was feeling even better when i passed a few girls and i noticed something quite interesting.The "aura" that i sense by girls usually,that bright gleam,was not there!and these were decent looking girls,but i was not interested in the slightest.i guess its cause i was in such a positive mood maybe.

But on the bus on the way to my friends town (where im staying the night) i was listening to my mp3 when i felt someone bump against my arm.

I looked up and there was this really really good looking girl smiling at me

"sorry" she was still smiling

"Mhm" i mumbled back incohesively,and tried to go back to looking at the window.

(not now,please G-d)

"So where are u headed?" she asked me (in hebrew)

Ever notice how stupid u sound sometimes when u mumble?

"Komnnkdf"

"What??"

I cleared my throat and told her which yishuv i was headed to.

"Hey me too!"

Another smile.

I could swear that she also winked at me.

"Very nice"

I finally pulled myself together and put my music back on and stared out the window until i sensed that she had walked away.

I breathed a huge sigh of relief.

I could imagine what she was probably telling her friend at the moment:

I think that guy is retarded.

"Better to be considered retarded in this world your whole life"

I guess im a natural.

-uri

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