

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri. I live in the jerusalem area and i am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in beis medrash. While i have had success in my learning b'h, i have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the world's biggest hypocrite. It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits. After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once i feel that they know me too well. i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict (however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this: porn, masturbation, contact with a sexual girl, and, strangely enough, eating out at restaurants, but that we'll get to a diff time. Anyway, there is one main girl, as there always is. we have had the weirdest on and off relationship, to say the least. the jealousy and overprotection i had with her is still a shock to me even. anyway im tired so i shall continue this

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Re: Where I'm at

Posted by Kedusha - 08 Sep 2009 14:40

Dear Uri,

We're all rooting for you, and hope you are doing well.

The best thing you can do now is to set up Gedarim to help you for the future. In other words, whatever tripped you up this time, take steps to ensure that it doesn't happen again.

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Re: Where I'm at

Posted by habib613 - 08 Sep 2009 14:46

that's it, i can't go to sleep anymore. ever. either that, or i have to move to eretz yisroel, because as soon as i got to bed this whole commotion blew up!

Uri, I'm so so proud of you that you didn't call a girl, and that you went for a walk, and that you turned off your computer! I almost started crying when i read what was going on here.

you are seriously amazing. the koach that that took... wow.

and just realize how much everyone loves you and wants you not to fall! every single one of the people who called you, and some who didn't, are all rooting you on!

yasher koach uri!

btw- what's with a filter? do you have one?

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Re: Where I'm at

Posted by letakain - 08 Sep 2009 14:46

YOU CAN DO IT URI! WE BELIEVE IN YOU! i'm crying for you! please believe in yourself!

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Re: Where I'm at

Posted by the.guard - 08 Sep 2009 16:25

I already bought the balloons, streamers and Woodford. Just need you to say, "yeh, I guess I can do that" - and this place BLOWS!

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Re: Where I'm at

Posted by Kedusha - 08 Sep 2009 17:50

I think someone said Uri will be off the computer for the day.

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Re: Where I'm at

Posted by jerusalemsexaddict - 08 Sep 2009 20:53

Guard,

After carefully considering your offer

and after consulting with mom at length on the matter,

I accept you challenge.

My red line now is officialy no physical contact with girls.

That includes anything from hugging to sex.

No matter how low I fall,that is my limit.

Happy?

-uri

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Re: Where I'm at

Posted by yechidah - 08 Sep 2009 21:02

Uri,

it's great to hear your voice

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Re: Where I'm at
Posted by jerusalemsexaddict - 08 Sep 2009 21:07

thanks yechida

i should be posting,i know

but im very tired and im trying to collect my thoughts

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Re: Where I'm at
Posted by Dov - 08 Sep 2009 21:24

[Uri wrote on 08 Sep 2009 20:53:](#)

Guard,

After carefully considering your offer and after consulting with mom at length on the matter, I accept you challenge. My red line now is officialy no physical contact with girls. That includes anything from hugging to sex. No matter how low I fall,that is my limit.

Happy?

-uri

Dear Uri -

Hatzlocha. You know how they take druggies off their drugs in inpatient detox and *keep* them in a place where they have no access to any? They can't use, so their mind clears. They don't really get any better of course, they just get a temporarily clear head. The part they *don't* tell us is that it hurts a lot. All the crapola that they/we use our drug preoccupations to escape from comes to the surface. I guess that you are well aware of this.

If you (like most of us) still harbor some belief that you are just a guy and not really using women and lust to escape from *life as you know it* (ie, the crapola), then here you will have a

great petri dish to test the validity of that theory in!

When faced without our familiar relief valve, we either cave in and use so we can stay in our internal secret la-la land, find another valve, or we go a bit nutsoid. It's like Terach getting his idols smashed up. Look out, Avrameleh!

We all need help then, and lots of it. Not just to make it through, but to face the truth so we don't need to go back when the magic "90 days" or whatever, is over.

So ask for it.

Love you,

Dov

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Re: Where I'm at

Posted by cleareyes613@gmail.com - 08 Sep 2009 21:41

Uri, have been following ur post for over a month. What an inspiration you are!!!

I felt the need to wish you hatzlacha on keeping hold of your territory. It belongs to you now!!

Hatzlacha!!!!!!!!!!

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Re: Where I'm at

Posted by the.guard - 08 Sep 2009 21:42

Uri, I have real tears in my eyes! I LOVE YOU.

GUYS - it's PARTY TIME!

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Re: Where I'm at

Posted by jerusalemsexaddict - 08 Sep 2009 21:46

You guys are so amazing

i was so touched when i read the last 2 pages

thats why i couldnt respond until now

i was at a loss for words

mom contacted me today (she doesnt do that often)

apparently she received several SOS's for me

these 2 pages are gonna be something that will be mechazek me for a while

i will return to them when im down iy'h

I was drowning

no way to get out

I was losing air,

water in my mouth.

I see my friend,

smiling his familiar smile.

Help me brother,

but he just watched me with a look that was vile.

I realized at that moment,

my heart feels very full now
that he put me here

I was gonna die a fool,
betrayed by my dear.

I thought my final thoughts
as the water covered me.
I thought what life couldve been,
what it was meant to be.

But now I would die,
drowned by own love.
I gave him my heart,
instead of to the one above.

But as my head went under
I sensed movement up high
A hand reached down,
and called to me with a cry.

I didnt have strength left
to reach for my life.
But the person just reached down
cut the cords with a knife.

As I was pulled up,

I realized who my savior was.

It was momo my friend,

who did what an angel does.

I understood what had happened

as i was drawing my last breath.

My friends who I love so much

had come and fought lust to the death.

He had run away screaming

"these people are nuts!!"

I hugged them all tightly

"now whose in the dust?"

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Re: Where I'm at

Posted by jerusalemsexaddict - 08 Sep 2009 21:49

wow i am exhausted

rhyming is hard!

pass the woodford guard

did u order chulent?

i dont care its tuesday night!!

youre making the party for me no?

so we need chulent.

wow this stuff is strong

do we have any chasers?

uch superdrink??!!

you call this a party?

wheres rav shlachter?

did u invite him?

o man guard?whats the deal?!

no chulent,no rav shlachter,superdrink

shver man

when i hit 90 i want this to be better prepared

just kidding guard

i love the heileger guard

our Moshe Rabbeinu

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Re: Where I'm at

Posted by bardichev - 08 Sep 2009 21:49

RABBEINU RABBEINU U RAE A TZADDIK

WE CAN START THE SIMCHAS BESI HASHOEVA A MONTH EARLY

....ASHREI MI SHELO CHATTTA.....

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R

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