

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri. I live in the jerusalem area and i am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in beis medrash. While i have had success in my learning b'h, i have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the worlds biggest hypocrite. It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits. After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once i feel that they know me too well. i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict (however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this: porn, masturbation, contact with a sexual girl, and, strangely enough, eating out at restaurants, but that well get to a diff time. Anyway, there is one main girl, as there always is. we have had the weirdest on and off relationship, to say the least. the jealousy and overprotection i had with her is still a shock to me even. anyway im tired so i shall continue this

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Re: Where I'm at

Posted by Sturggle - 02 Sep 2009 04:02

[dov wrote on 01 Sep 2009 21:46:](#)

No, no, no.

bardichev is **"fixing" his glasses**, not tying his gloves!!

what about E.L.?

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Re: Where I'm at

Posted by Sturggle - 02 Sep 2009 04:04

[bardichev wrote on 01 Sep 2009 21:53:](#)

WHICH GLASSES

<http://www.chinadaily.com.cn/world/images/attachement/jpg/site1/20090408/0022190fd3300b46ff223d.jpg>

OR THESE

<http://intoxicologist.files.wordpress.com/2009/04/woodford-reserve-mint-julep-cup.jpg>

[letakain21 wrote on 01 Sep 2009 22:42:](#)

oh, man ;D! LOL! change to the first pic!!!!!!!!!!!!!!

LOL! yeah, amazing! oh man! ;D

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Re: Where I'm at
Posted by Sturggle - 02 Sep 2009 04:08

[Uri wrote on 01 Sep 2009 22:32:](#)

I think to be honest that I've been spending the past several weeks living in the problem, not in the solution.

Sorry my translation is taking so long. Some of these Hebrew words are so hard.

If anybody does read Hebrew I highly recommend the book it's very interesting.

Email Rav Shlachter he'll tell you how to get hold of the book.

Love from j-lem-uri

hmm... "very interesting"...

well, Uri, sounds like you're working hard on this

Kol Hakavod

if you want help with the translation, let me know

living in the problem and not in the solution...

I think it's all an inyan of perspective

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of course, that could change everything

love from outside j-lem

struggle

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Re: Where I'm at

Posted by Sturggle - 02 Sep 2009 04:10

[Uri wrote on 01 Sep 2009 19:32:](#)

btw that reminds me.

for all the newbies on my thread,have you voted on the above poll??

were trying to collect 100,000 votes,so please vote YES to chulent.

thank you

uri

two more is on the way to 100,000...

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Re: Where I'm at

Posted by jerusalemsexaddict - 02 Sep 2009 08:18

Ok

So I've been thinking alot about something lately.It's a theory I guess.Some might find it obvious.Others will maybe disagree.Here goes though:

Each is us is born with 2 parts to them.

There is the masculine part of us.The leader,do'er,brave,etc.

And there is another part:a more feminine part.

This part of us is sensitive,emotional,giving,etc.

When we felt when we were younger,many of us sensed(subconsciously of course) that the pain was coming from this sensitive side of us.

So we closed it up.

And we thought we were just closing up pain.

But we were closing up a whole beautiful side to us.

Doesn't help that also our society is not a fan of this feminine side in men.

When people come ontu this site they feel they can open up the pain.And this whole part of us comes out along with it.It's been waiting to get out for a while.

And that's why we cry.

Our tafkid maybe at this point is to accept this part of ourselves and understand that we have such beauty that we have been hiding for too long.

And the pain will then take on a new perspective.

Again im not a professor,or even a college graduate.this is just a theory i have been developing for a while.its probably not new at all,so sorry if it really is like freud or something.

hope this helps-uri

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Re: Where I'm at

Posted by Momo - 02 Sep 2009 08:25

I think it's not only beautiful, but also emes.

Uri, I hope you're doing well today.

Thinking of you,

Momo

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Re: Where I'm at
Posted by TrYiNg - 02 Sep 2009 08:38

It's interesting. You'd think it only happens to men, but I know tons of girls that this happens too. Women today's days are also expected not to be so girly and they try to act strong. I personally think that strength is when you can identify your emotions and allow yourself to feel it.

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Re: Where I'm at
Posted by jerusalemsexaddict - 02 Sep 2009 09:38

ok im off to change my life.

-uri

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Re: Where I'm at
Posted by the.guard - 02 Sep 2009 10:03

ok im off to change my life.

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Re: Where I'm at
Posted by letakain - 02 Sep 2009 12:33

Going to see Reb Shraga?

when i say: "G-d luck!"

:D ;D ;D ;D ;D

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Re: Where I'm at
Posted by Efshar Letaken - 02 Sep 2009 16:54

Have A Guarded Day!

And that goes out to all of us.

Quote from a big tzaddik/anav
E.L.

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Have a smiley day!

Re: Where I'm at
Posted by jerusalemsexaddict - 02 Sep 2009 17:34

No guard i did not go out to see reb shraga.

I went to speak to my rosh yeshiva to inform him that im taking a hiatus.

i also was looking into some chessed organizations that i could do for part of my day.

I think that I need to start getting out more and acting and helping people.

Giving is receiving.

There's more to come on my life changes but maybe later.im a shtickle tired from walking around all day.

i love you all

-uri

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Re: Where I'm at

Posted by the.guard - 02 Sep 2009 19:44

I think that I need to start getting out more and acting and helping people.

Uri, Now you're finally getting into the THWMWCIDFY spirit!

1000 points for who ever can figure out what that stand for. (Hint: it's written somewhere on this page)

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Re: Where I'm at

Posted by habib613 - 02 Sep 2009 19:46

"To heck with me. What can I do for you?"

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