GYE - Guard Your Eyes

Generated: 13 September, 2025, 15:23

Where I'm at
Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri.I live in the jerusalem area and i am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in beis medrash. While i have had success in my learning b'h,i have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the worlds biggest hypocrite. It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits. After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once i feel that they know me too well.i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict(however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this:porn,masturbation,contact with a sexual girl,and, strangely enough,eating out at restaurants, but that well get to a diff time. Anyway, there is one main girl, as there always is.we have had the weirdest on and off relationship, to say the least.the jealousy and overprotection i had with her is still a shock to me even.anyway im tired so i shall continue this

Re: Where I'm at
Posted by kutan - 18 Aug 2009 21:11

I'm with Guard.

Forget the money... the laughs are priceless!!!

Its my daily therapy. Dr. Berdichev was on vacation today, he must've asked Uri to fill in.

Thanks Uri!

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Re: Where I'm at

Posted by jerusalemsexaddict - 18 Aug 2009 23:53

no problem

I had a very hard night.a very big emotional shock regarding the girl ive mentioned previously.i felt very hurt, betrayed by Hashem, and more depressed than ever.

I write "felt" because i had an angel come down from shamayim and talk to me.

Hashem has just given me such a tremendous hug chevre.

Do we even know what a hug is??

Hashem is the bestest hugger ever.

Due to his omnipotentness, His hugs are MASSIVE.

I went from feeling lower than ive felt in a long time to actually anticipating the coming day.

I fell to the bottom of the pit, and instead of finding pitchforks, i fell ontu cushions/matresses (the springy kind)/trampoline and i shot back higher than i was before i fell.

Tonight i have learnt that even the most painful experiences can sometimes be a beautiful hug, if only we open our eyes.

And i realize more and more every day how righteous, sincere, holy, sympathetic, caring, and giving the heilege yidden on this forum are.

I am heading to yeshiva tommorow night. I am feeling very apprehensive because i dont know if i could keep myself stable enough to go through the demanding routine every day, and especially

I need you guys. That i now know more than ever

If anyone (in israel especially.long distance costs a bit more) is down for sharing and exchanging numbers to be in touch,i would be so so happy.

I love every single person on this forum.

-uri

p.s. that might have been the single cheesiest line i ever wrote in my life.
p.p.s. so why dont i delete it?
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Re: Where I'm at Posted by 7yipol - 18 Aug 2009 23:57
Guys, get those telephone numbers in before he leaves! p.p.p.s. maybe i should put that gay poll back up
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Re: Where I'm at Posted by kutan - 19 Aug 2009 04:17
The forum without URI?
Uri, when is the zman over?
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Re: Where I'm at Think a hug Posted by Yev - 19 Aug 2009 04:22

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Uri Hatzlocha in Eretz Hakodesh,

Soak up the Kedusha, If you are able to go to the Kosel and daven for all the members here, as well as for all of Klal Yisroel

Shteig it up DUDE

Cya

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Re: Where I'm at

Posted by Holy Yid - 19 Aug 2009 05:07

We are all here for you. We will be laughing at your post about do no wrong and wishing you the best, waiting to here from you. Have a GREAT zeman and stay clean

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Re: Where I'm at

Posted by battleworn - 19 Aug 2009 10:21

Uri, my number is public 052 713 9525

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Re: Where I'm at

Posted by battleworn - 19 Aug 2009 11:23

Uri, this morning when I was davening schachris with my Tefilin, I thought of you, Uri. And I remembered the days that I had trouble with these things. And I wondered why the Y"H is so concerened about Uri putting on Tefilin when he gives most people quite an easy time about it? What's the big deal about Uri's putting on Tefilin, that makes the y'h put up such a fight?

And the answer came to me right away. We know that every action that we do has a reaction in Shomayim. The reaction of putting on Tefilin is that ?????? Hashem puts on Tefilin (Berochos 6a) And the Gemoroh says that in Hashems Tefilin it says the praises of Am Yisroel. The Gemoroh asks

??? ????? ?????? ?????? - Does Hashem really show off with the praise of Am Yisroel? (Sounds like a question that some people I know would ask) And the Gemoroh answers that He most certainly does.

So I was thinking that perhaps when Uri puts on Tefilin, stuff like that recording in the park, start blasting over the loudspeakers up there. It's quite obvious that that's a lot more than enough to make the y"h/soton TOTALY freak out. You could almost feel bad for that wickedest, cruelest, meanest, lowest, most horrendous and trechearous menuval, when you picture what a panic it must throw him in to.

But I promise, he ain't ever going to get any pity from me!

Uri, we love you! And if you don't confuse love with sex then it shouldn't make you uncomfortable to express your love to the people that love you with all of their hearts! (I have no idea in the world what a gay guy feels like, but I'm sure they don't get triggered by kolel wives ;D)

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Re: Where I'm at

Posted by jerusalemsexaddict - 19 Aug 2009 13:09

Thanks everyone for the beautiful posts.

I am leaving in a few hours and i am nervous like heck.

But why?

Thave done this around to times already. This is my fourth year in yeshiva!
But im so scared.
Im scared to leave you guys.
Im scared to fail.
Im scared to fall.
Im scared to be alone.
I haven't felt this loved in my life.Im scared that ill return after yom kippur and you guys will have moved on.Everybody will be healed,and i shall be alone once again.
I dont know if i have what it takes, people.
Elul.
Slichos.
Constant learning.
Sounds nice?
Maybe for you.
When did life become so scary?
Was it always this scary, just i have not been alone in a bit?
Even my falls are enjoyable on this forum.
Im floating on a cloud when im "with" you guys.
Why now, when i finally am starting to find myself and start the healing to I have to be sent back into my own little, sad, lonely world?
-uri
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Re: Where I'm at

GYE - Guard Your Eyes Generated: 13 September, 2025, 15:23 Posted by Will - 19 Aug 2009 13:23 Uri, you need to quit downing your self esteem. You know you can do it. Now do it. Re: Where I'm at Posted by battleworn - 19 Aug 2009 13:38 Uri, maybe you should consider taking Hashem along with you. Maybe He'll send you an Elul song or two while you're in Yeshiva. You don't have to worry about taking Him away from us, because you know that with Hashem it doesn't work that way. CHEER UP! I just thought of an idea! You know there are quite a few bochurim on the forum, now. How about writing them some chizuk for the new zman, you're great at it. ==== Re: Where I'm at Posted by jerusalemsexaddict - 19 Aug 2009 15:34 Thanks for the idea battleworn. rehab-my-site.com/guardureyes/forum/index.php?topic=805.0 Re: Where I'm at Posted by jerusalemsexaddict - 19 Aug 2009 15:44

Wow

that post really took alot out of me

7/8

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-uri		
and i havent started packing yet and im already exhausted		
p.s. 17 on the chulent vote/petition!!shkoyach ggo!come on!tell your friends!	guys!good work!only around 9,983 more votes to	
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Re: Where I'm at Posted by bardichev - 19 Aug 2009 15:47		
QUIK CHIZZUK		
BE GOOD		
IF NOT		
BE CAREFUL!!!!		
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