

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri. I live in the jerusalem area and i am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in beis medrash. While i have had success in my learning b'h, i have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the worlds biggest hypocrite. It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits. After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once i feel that they know me too well. i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict (however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this: porn, masturbation, contact with a sexual girl, and, strangely enough, eating out at restaurants, but that we'll get to a diff time. Anyway, there is one main girl, as there always is. we have had the weirdest on and off relationship, to say the least. the jealousy and overprotection i had with her is still a shock to me even. anyway im tired so i shall continue this

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Re: Where I'm at

Posted by Sturggle - 18 Aug 2009 13:11

Hope all is well...

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Re: Where I'm at

Posted by jerusalemsexaddict - 18 Aug 2009 16:16

[struggle wrote on 18 Aug 2009 00:11:](#)

taken care of? would you like to share?

no.too complitcated,as these things often are.

i was out all day with my family.someone has to be the father in this house

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Re: Where I'm at

Posted by jerusalemsexaddict - 18 Aug 2009 16:17

What is so hard about wrapping some straps around my hand??

I cant!!

Whats so hard about saying a few words a couple times a day while standing in one place??

I cant!!

I simply cannot daven or even put on tefillin!Is it so hard??I have a massive block!

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Re: Where I'm at

Posted by jerusalemsexaddict - 18 Aug 2009 16:20

And i know ive complained before,but today again i was at a kids park and there were so many married kollel wives who give me smiles and wear these tight clothes.

Im going to hell forsure for fantasizing about so many married women.

Not that i didnt give the single women in the park a peice of my mind :-\ (i did not mean for that be ironic on purpose)

But seriously,espialy the american women.

Breastfeeding in the park in public!!!

What the heck!!!

Whats wrong with these people??!!

Don't they realize that there is a sex addict in their midst??

Uri

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Re: Where I'm at

Posted by kutan - 18 Aug 2009 16:53

More to come

[Uri \(JA\) wrote on 18 Aug 2009 16:20:](#)

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Uri

Uri,

I've told you several times in the past, but continue the same theme, because it is true and it is constant...

You are a TREMENDOUS inspiration for me.

When I have a nisayon, I think of Uri in Yerushalayim and the acrobatics he is doing with the YH, and poof, my small yh flies away!

Remember, the feelings you have are not you, they are the mazel Hashem placed you in, and your refusing them is you.

BTW, they do not realize it. Sure, they know about tznius, but only as a theory. 99% of the time, they do not have any idea what it does to a warm blooded male.

I really feel bad for these people, because in the olam haemes, they may be in for a real shock.

Anyway, Uri, keep posting your chizuk and honesty and introspection ...

...and keep me inspired!

your fan,

kutan

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Re: Where I'm at

Posted by battleworn - 18 Aug 2009 16:59

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Uri, shallow people are able to do these things like robots. Anyone that's ever been to shul knows what I mean. This is the generation of lev ha'even, it's noone's fault. But people that have a lev basar (like that guy that wrote those songs on the other thread) simply can't act like robots.
If you feel then you can't be a robot.

So when your not feeling like davening or if you haven't yet been a able to connect with the words of the Tefilos, then yes - you are going to have a lot of difficulty. But it doesn't mean something is wrong with you rather it means that something is right with you. Once you realize that you can think practically what can help.

I would suggest that you really make sure to talk to Hashem every day in a way that does work for you. Like just talking out your feelings etc. or through your Tefilah song.

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Re: Where I'm at

Posted by jerusalemsexaddict - 18 Aug 2009 19:10

thank you so much kutan and battleworn for your beautiful replies.

i was out for the last bit responding to an sos from a friend in the neighborhood.

on the way home i bumped into a neighborhood fight going on.

this girl ive had some issues with and her best friends boyfriend were having it out.

"uri i need you!"

o g-d!

why are these people calling for my help?

have they no idea that im a manic depressive emotionally unstable sexually obsessed fool??

am i the best option??

oy!yeridas hadoros!!

-uri

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Re: Where I'm at

Posted by Efshar Letaken - 18 Aug 2009 19:19

Chillax!

Everyone knows that Uri is the guy to go to when in trouble, its that simple!

Yo Da Maan!

E.L.

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Re: Where I'm at

Posted by jerusalemsexaddict - 18 Aug 2009 19:39

:-\

Its like i can do no wrong on this forum

Uri:People I just ate treif

Gye:Wow uri so honest.You go man!

Uri:No.I mean I didnt even have any desire.I just ate it.

Gye:Wow you're so in touch with what you want!

Uri:No!! knew Hashem didnt want me to eat it,but i was feeling rebellious.

Gye:Wow you have such a hard battle!

Uri:NO I DONT!! just did it to bother Hashem!

Gye:You're such a hero for putting up with all that pain!

Uri:NO PAIN!! just hate keeping mitzvos!

Gye:Wow.So honest.

Uri:Actually,I just made all of this up.

Gye:So strong!

Uri:What??!!

etc,etc...

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Re: Where I'm at

Posted by habib613 - 18 Aug 2009 19:45

what can we say?

we love you :D

on this forum we all wear glasses that see only good, no bad.

oh, and btw- you just put me in a really good mood. so no more sadness and no more wanting to fall.

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Re: Where I'm at
Posted by 7yipol - 18 Aug 2009 20:15

[Uri \(JA\) wrote on 18 Aug 2009 19:39:](#)

:-\

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Uri:Actually,I just made all of this up.

Gye:So strong!

Uri:What??!!

etc,etc...

Okay, so heres the real story Uri:

Uri, youre a louse.

Making us all crazy with your emotional battles and ups and downs!

Enough already!

None of really care at all; we are all faking it.

In fact, we get together daily to kvetch how nuts you are making all of us.

The only reason we let you stay is coz were after your money!

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Re: Where I'm at

Posted by 7yipol - 18 Aug 2009 20:16

:D :D

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Re: Where I'm at

Posted by Efshar Letaken - 18 Aug 2009 20:16

Uri,

Your soooooo funny.

You asked for it so here you go.

Uri,

You will burn in Hell for everything you have done in your short lifetime thus far.

You are a disgrace to humanity!

A rebellious little Monster that thinks he can do whatever he wants to.

Who are you to say if you want to put on tefilen or not?!

Who do you think you are, to like elul or not?!

You don't feel like davening to Hashem that give you the possibility to breath and talk & complain about all your issues with him?!

How's that?

Does that work better for you.

Ok! Relax guys! I was just Kidding!

Uri,

Some of what I said above might be true But But But.

Not if you are on GYE doing all you can to better yourself.

Yes! You get different treatment from the GYE family as well as from Hashem if you are trying your best and you are & you will get to where you want to if you keep it up.

So Yes! As long as uri is on the front line fighting he will get support for everything he does.

E.L.

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Re: Where I'm at
Posted by the.guard - 18 Aug 2009 20:21

Uri:People I just ate treif

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Uri:NO PAIN!! just hate keeping mitzvos!

Gye:Wow.So honest.

Uri:Actually,I just made all of this up.

Gye:So strong!

Uri:What??!!

Uri, I haven't laughed so hard in a long time. Not only are you so in touch with what you want and have such a hard battle and are so honest and so strong, you are **SO DARN FUNNY TOO!!**

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