

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri.I live in the jerusalem area and i am a sex and love addict.This took me a long time to come to terms with,to say the least.But that we'll get to in a second.

I am finishing now my third year in beis medrash.While i have had success in my learning b'h,i have a source of shame and anguish that has caused me great depression on a constant basis.I lived (live really) two lives;my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim.And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts.I feel like the worlds biggest hypocrite.It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits.After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place.I have major issues in getting close to people and keeping friends once i feel that they know me too well.i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict(however ironic that might sound).The need creeps up all too often,followed by a crazy need to satisfy it.There are several paths to this:porn,masturbation,contact with a sexual girl,and, strangely enough,eating out at restaurants,but that well get to a diff time.Anyway,there is one main girl,as there always is.we have had the weirdest on and off relationship,to say the least.the jealousy and overprotection i had with her is still a shock to me even.anyway im tired so i shall continue this

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Re: Where I'm at

Posted by jerusalemsexaddict - 13 Aug 2009 20:22

Theres a new song up,if anyone hasnt seen it yet

rehab-my-site.com/guardureyes/forum/index.php?topic=742.45

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Re: Where I'm at

Posted by Efshar Letaken - 13 Aug 2009 20:27

Woughw! Did anyone realize this or is it just me?

Uri walks into the room, puts his song down & just leaves without making a comment on the latest very important topic we are talking about here.

Wow!

I don't know what to make of it. Wheres Mom? oh! shes at the beach.

I guess it is what it is. I will remember this one. NuNu!

E.L.

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Re: Where I'm at
Posted by habib613 - 13 Aug 2009 20:30

i think he's too busy thinking to post about that.

give him some time.

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Re: Where I'm at
Posted by the.guard - 13 Aug 2009 20:49

I don't know if it's such a good idea for one sex addict to marry another one. Unless she really wants to do Teshuvah like Uri does, and becomes part of our community. In that case, I would be the mesader kedushin! ;D

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Re: Where I'm at

Posted by Tomim2B - 13 Aug 2009 20:50

About marrying the girl: Ahem... Don't even approach it without a "90-day no sex period" from the time you reconnect with her. That way both of you will prove to yourselves and each-other that it's only love you're after. Otherwise, instead of breaking away from your addiction, you'll be signing a contract with it.

2B

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Re: Where I'm at

Posted by jerusalemsexaddict - 13 Aug 2009 20:54

Chevra i just got invited over to a girls house.her family is in america(land of the free porn) and her house is empty.why am i posting this?heaven knows.cause i dont.what kind of 20 year old boy hesitates on an oppurtunity like this?am i gay?

oy maybe im gay!

ok people im starting a poll

uri

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Re: Where I'm at

Posted by kutan - 13 Aug 2009 20:58

Uri,

Please....

Its good Bardichev is not online now. he would be typing in bold uppercase super hyper letters.

You have ALL our love.

and Rabbeinu,

Please make a poll if it is OK to make shiduchim on GYE.

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Re: Where I'm at

Posted by habib613 - 13 Aug 2009 21:05

Uri my dear brother

you are not going to go to this girl's house.

you are going to sit at home, and read through your post to remember what you've been aiming for, and then you will sit down and write a song, and probably cry.

but it is sooooo much better for you to cry now than to cry in a couple of hours after you leave her house.

this nisayon is sooooo sooo hard, but you aren't fighting alone anymore. you have all of GYE on your side, and remember that Hashem is rooting for you!

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Re: Where I'm at

Posted by Efshar Letaken - 13 Aug 2009 21:06

Uri,

You post it for you know that you are much bigger then that.

You know what the invitation = to & No! your not gay! your just a Hashems beloved son that doesn't want to let down his father in Heaven that knows he can do better.

Uri,

I don't want to mix in to your private life although that's what this forum is all about, but Hashem wants us to get "married" at 18 for a reason.

We have this sexual desire so that we can have kids so that the world keeps on going.

You will make your life much easier if you have a soul mate you can shear your real love with, with Kedusha.

No Musar. just some good old free advice coming from the Torah.

E.L.

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Re: Where I'm at
Posted by Tomim2B - 13 Aug 2009 21:07

Uri,

As my signature writes: "Man's last freedom is his freedom to choose how he will react in any given situation" - Viktor E. Frankl.

You're doing great! Keep it up!

2B

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Re: Where I'm at

Posted by jerusalemsexaddict - 13 Aug 2009 21:11

ok.to everyone who had the suggestion of gettig married.

so i get married.break all the taharas hamishpacha laws,look at porn when my wife is not available,look at other women as my desire for her detiorates,but go crazy if she speaks to another man,follow her around,fantasize about other women while with her,probably cheat on her,and be "like a chicken" in the words of chazal.

i hear..ill give it some thought...

Uri (Unbelievably Restless Ingrate)

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Re: Where I'm at

Posted by Dov - 13 Aug 2009 21:19

[Uri \(JA\) wrote on 13 Aug 2009 10:44:](#)

AMEN!!

this link is only for people who already use youtube

Dear Uri - Thanks for the link. But...just for the record:

I feel I cannot use youtube, at all. So I don't. There. I said it! The pop-up thumbnails on the side are sometimes unclean and *if I intentionally* go there and then see them it's really bad *for me*. Besides, I may fantasize, who knows? I can't afford to do that now. I am actually *less* able to intentionally use lust now, than I *ever was*. So I use it less and less. It seems to be progressive. My own natural version of s'chor, s'chor. Not planned or l'shaim Shomayim, it just *happened* that way...and my life is getting better and better at the same time, **even though I'm not intentionally trying to improve it at all.**

To whoever among you who *can* use youtube, I say, "Great! and more power to-ya."

I actually wish I could use it, too. I last had difficulty about six mo ago when trying to use it to view and record great songs by the amazingly talented yid, **Yosef Kauduner**. Apparently, before that I *could* use it, though it *was* an occasional problem for me....

I recorded five of his GREAT songs (audio) onto my phone (Uri's is too long for my phone!!) and listen to them **a lot**. I am addicted to his music (though technically, it would only be "making my").

Anyhoo, I just wanted to admit that to friends. It helps me remember I have limitations and that it's OK. Chow for now.

Dov

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Re: Where I'm at

Posted by jerusalemsexaddict - 13 Aug 2009 21:21

Ok just to explain the poll...

so i was in a weird mood and i posted an innapropriate poll and i dont know how to delete the poll so i just switched up the question.

and i guess chulent was the most important topic on my mind,so there you go..

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Re: Where I'm at
Posted by Efshar Letaken - 13 Aug 2009 21:23

The point is that getting married will help you NOT be that person you are talking about if you stick around on GYE.

But But But.....

If you think that you are at that level of addiction then maybe you should work on the 12 step program seriously because it want get any better.

Reb Guard mentioned the other day of a new place in Yerushalaim that oped up that might be very helpful for you.

E.L.

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