

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri.I live in the jerusalem area and i am a sex and love addict.This took me a long time to come to terms with,to say the least.But that we'll get to in a second.

I am finishing now my third year in beis medrash.While i have had success in my learning b'h,i have a source of shame and anguish that has caused me great depression on a constant basis.I lived (live really) two lives;my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim.And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts.I feel like the worlds biggest hypocrite.It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits.After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place.I have major issues in getting close to people and keeping friends once i feel that they know me too well.i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict(however ironic that might sound).The need creeps up all too often,followed by a crazy need to satisfy it.There are several paths to this:porn,masturbation,contact with a sexual girl,and, strangely enough,eating out at restaurants,but that well get to a diff time.Anyway,there is one main girl,as there always is.we have had the weirdest on and off relationship,to say the least.the jealousy and overprotection i had with her is still a shock to me even.anyway im tired so i shall continue this

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Re: Where I'm at

Posted by bardichev - 03 Aug 2009 03:06

sorry for posting twice

b

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Re: Where I'm at

Posted by Tomim2B - 03 Aug 2009 03:34

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Re: Where I'm at

Posted by Efshar Letaken - 03 Aug 2009 03:50

Sounds very inspioring.

I'm sure Reb Guard wouldn't mind having a copy in the kosher isle section. Or maybe use some of it for chizuk emails.

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Re: Where I'm at

Posted by Tomim2B - 03 Aug 2009 03:54

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Re: Where I'm at

Posted by Tomim2B - 03 Aug 2009 08:28

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Re: Where I'm at

Posted by 7yipol - 03 Aug 2009 09:02

There is nothing like a 'Bardichev' to put life back in perspective ;D

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Re: Where I'm at

Posted by 7yipol - 03 Aug 2009 09:25

Uri?

How about an online yawn so we know youre still with us? :D

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Re: Where I'm at

Posted by the.guard - 03 Aug 2009 11:29

R' Guard, if you are uncomfortable with my offer, feel free to delete this post, no questions asked.

If you are sleeping late after a late night, I for one will definitely understand!

Please send me the link! :D

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Re: Where I'm at

Posted by kutan - 03 Aug 2009 15:02

[bardichev wrote on 03 Aug 2009 03:04:](#)

bardichev NYC11219

Hey Bardichev, we are probably neighbors!

k

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Re: Where I'm at

Posted by Efshar Letaken - 03 Aug 2009 15:16

Kutan,

I think it was your turn to take out the garbage this morning, but since your family is upstate most of the garbage is mine anyway so I will let it pass this time.

E.L.

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Re: Where I'm at

Posted by Efshar Letaken - 03 Aug 2009 15:18

Also,

Your car is still double parked you better move it before you get a ticket.

It's after 11

E.L.

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Re: Where I'm at

Posted by bardichev - 03 Aug 2009 16:29

NO YOU ARE MY SHVIGGERS NEIGHBOR

b

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Re: Where I'm at

Posted by kutan - 03 Aug 2009 17:16

[Efshar Letaken wrote on 03 Aug 2009 15:16:](#)

Kutan,

I think it was your turn to take out the garbage this morning, but since your family is upstate most of the garbage is mine anyway so I will let it pass this time.

E.L.

HA! I take out the garbage ONCE in the summer... the day before the family comes back....

Coming soon, the GUE minyan... check out the Torah Times for details.

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Re: Where I'm at

Posted by 7yipol - 03 Aug 2009 17:20

U RIIIII, DINNERS READY!

Come essen mein kind!

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