## **GYE - Guard Your Eyes**

Generated: 13 September, 2025, 15:12

You know you're good. We know it.

Where I'm at Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri.I live in the jerusalem area and i am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in beis medrash. While i have had success in my learning b'h,i have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the worlds biggest hypocrite. It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits. After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once i feel that they know me too well.i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict(however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this:porn,masturbation,contact with a sexual girl,and, strangely enough,eating out at restaurants, but that well get to a diff time. Anyway, there is one main girl, as there always is.we have had the weirdest on and off relationship, to say the least.the jealousy and overprotection i had with her is still a shock to me even.anyway im tired so i shall continue this

Re: Where I'm at
Posted by Momo - 26 Nov 2009 14:31

Uri,

WTH??? Don't ever speak like that again!!!!

We love you!!!

You know your parents don't understand you. That sucks. Shver.
Doven for your parents. Doven for yourself.
How about saying Tehillim now?
Can you leave your house, or will that make things worse? I used to hate hearing my parents argue.
=======================================
Re: Where I'm at Posted by habib613 - 26 Nov 2009 14:33
>>>
i want to shake them so hard they get sick
call momo and talk to him
i don't know what to say
:'( :'( :'(
====
Re: Where I'm at Posted by jerusalemsexaddict - 26 Nov 2009 14:34
I meant to shoot them.

# Generated: 13 September, 2025, 15:12 Re: Where I'm at Posted by habib613 - 26 Nov 2009 14:35 oh good. cuz i was really scared you meant you ==== Re: Where I'm at Posted by Momo - 26 Nov 2009 14:37 habib613 wrote on 26 Nov 2009 14:35: oh good. cuz i was really scared you meant you Habib, that's not so good either.... :: Re: Where I'm at Posted by habib613 - 26 Nov 2009 14:41

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but it's a normal sane reaction...

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not like wanting to kill yourself
=====
Re: Where I'm at Posted by jerusalemsexaddict - 26 Nov 2009 14:42
me??
i have too much to lose
they,on the other hand,have nothing to lose
only to gain by getting a bullet in the head
f&%\$###########
=======================================
Re: Where I'm at Posted by Momo - 26 Nov 2009 14:46
I've got to go, and that means I'll be offline, but my phone is on.
Uri, please stop writing stuff like that.
Rage!!!! Bad boy!
=======================================
Re: Where I'm at Posted by jerusalemsexaddict - 26 Nov 2009 14:48

I was thinking a bullet for my mom nice and quick.

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For my dad,i have better plans.
rage,ever see chainsaw massacre?
=======================================
Re: Where I'm at Posted by habib613 - 26 Nov 2009 14:49
lol
uri, when you going to move back out?
=======================================
Re: Where I'm at Posted by jerusalemsexaddict - 26 Nov 2009 14:52
i hear that rage
breathe in
hold
hold
keep holding
======================================
Re: Where I'm at Posted by jerusalemsexaddict - 26 Nov 2009 14:54

Momo wrote on 26 Nov 2009 14:31:

to get a heartattack

iy'h

Re: Where I'm at

Posted by habib613 - 26 Nov 2009 15:00

maybe just daven to be able to move out real real soon

Re: Where I'm at

Posted by habib613 - 26 Nov 2009 15:06

good point rage.

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so, when you moving outta the miseryhouse