

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri. I live in the Jerusalem area and I am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in Beis Medrash. While I have had success in my learning b'h, I have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the world's biggest hypocrite. It bothers me even more because I find sincerity and honesty of the utmost importance, and I have to stand and watch myself trample all over these traits. After several years of therapy I have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once I feel that they know me too well. I have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict (however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this: porn, masturbation, contact with a sexual girl, and, strangely enough, eating out at restaurants, but that we'll get to a different time. Anyway, there is one main girl, as there always is. We have had the weirdest on and off relationship, to say the least. The jealousy and overprotection I had with her is still a shock to me even. Anyway I'm tired so I shall continue this

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Re: Where I'm at

Posted by Sturggle - 15 Oct 2009 12:11

B"H.

[Uri wrote on 15 Oct 2009 12:10:](#)

My Tatte in Shamayim is sending me hugs left and right.

wonderful!!

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Re: Where I'm at

Posted by 7yipol - 15 Oct 2009 12:42

[Uri wrote on 15 Oct 2009 12:10:](#)

Im feeling okay,Baruch Hashem.

My Tatte in Shamayim is sending me hugs left and right.

Good, now give some back...

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Re: Where I'm at

Posted by jerusalemsexaddict - 15 Oct 2009 14:07

[7Up wrote on 15 Oct 2009 12:42:](#)

[Uri wrote on 15 Oct 2009 12:10:](#)

Im feeling okay,Baruch Hashem.

My Tatte in Shamayim is sending me hugs left and right.

Good, now give some back...

:O :O :O :O :O :O :O

not spending the night in a beachfront hotel with a beautiful israeli girl is not enough for Him?

you've got to be kidding me ???

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Re: Where I'm at

Posted by Momo - 15 Oct 2009 14:10

[Uri wrote on 15 Oct 2009 14:07:](#)

not spending the night in a beachfront hotel with a beautiful israeli girl is not enough for Him?

you've got to be kidding me ???

Hurray Uri! I'm proud of you!

I think the problem is we don't know what happened last night.

I was thinking of starting a poll.

- a. Uri went to a bet midrash.
- b. Uri went to a soup kitchen.
- c. Uri took a walk on the beach with his Mom.

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Re: Where I'm at
Posted by Me3 - 15 Oct 2009 14:13

Not trying to minimize what you did Uri,

But I also didn't spend the night with a beautiful Israeli girl last night.
d. Uri hugged a small child.

In fact I didn't even call one in the first place.

Notice that having sex with woman is NOT an option
(But truth is I didn't have her phone number) but you get the point.

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Re: Where I'm at
Posted by jerusalemsexaddict - 15 Oct 2009 14:18

Me3,

Not meaning to minimize your struggle,

but do you expect us to clap for you every time you don't masturbate?

I have friends who have never masturbated.

And never looked at porn.

And 90 days?

So what.

Yackov Avinu went his whole life.

I love you man,

but you are way way off base on this one.

Not that I need applause (although, to be honest, i do)

But our struggles are very different.

This is the longest period I have gone without sex since I was 14.

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Re: Where I'm at

Posted by habib613 - 15 Oct 2009 14:21

you just made me so happy

:'(:'(:'(:'(

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Re: Where I'm at

Posted by jerusalemsexaddict - 15 Oct 2009 14:23

i dont get it

why the tears?

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Re: Where I'm at

Posted by habib613 - 15 Oct 2009 14:24

HAPPY tears

just no smiley for that

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Re: Where I'm at

Posted by Sturggle - 15 Oct 2009 14:27

[Me3 wrote on 15 Oct 2009 14:13:](#)

Not trying to minimize what you did Uri,

But I also didn't spend the night with a beautiful Israeli girl last night.

In fact I didn't even call one in the first place.

(But truth is I didn't have her phone number) but you get the point.

Me3,

I'm also a little unclear what you're trying to get at here...

Everyone has their own challenges...

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Re: Where I'm at

Posted by Me3 - 15 Oct 2009 14:27

My point was that you did make the initial phone call to put yourself in the situation.

Kind of like running in front of a car and jumping out of the way.

I was not referring to my own problems.

Anyway Uri I love you too.

And what ever happened to our song?

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Re: Where I'm at

Posted by jerusalemsexaddict - 15 Oct 2009 14:31

[Me3 wrote on 15 Oct 2009 14:27:](#)

My point was that you did make the initial phone call to put yourself in the situation.

Kind of like running in front of a car and jumping out of the way.

I was not referring to my own problems.

Anyway Uri I love you too.

And what ever happened to our song?

Me3,

I was at such a bad place yesterday morning that i was basically placed in front of a car with my hands bound.

A train,more like it.

And of course you were not referring to your own problems.

Much easier to judge other peoples.

Sorry if this is a little rude,but I am a shtickle hurt by the insensitivity.

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Re: Where I'm at

Posted by Sturggle - 15 Oct 2009 14:32

[Me3 wrote on 15 Oct 2009 14:27:](#)

My point was that you did make the initial phone call to put yourself in the situation.

Kind of like running in front of a car and jumping out of the way.

Which, in my opinion is the koach of it.

Someone who is in such a place

that they feel they need to run in front of a car

and yet they still manage to pull themselves away before it hits...

I think that's pretty respectable.

Well, we can never really judge these things anyway,

HKB"H knows all...

And as you say, Me3,

Uri has our love one way or another.

love ya man! (Me3 & Uri)

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Re: Where I'm at

Posted by Me3 - 15 Oct 2009 14:33

I apologize.

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