

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri. I live in the Jerusalem area and I am a sex and love addict. This took me a long time to come to terms with, to say the least. But that we'll get to in a second.

I am finishing now my third year in Beis Medrash. While I have had success in my learning b'h, I have a source of shame and anguish that has caused me great depression on a constant basis. I lived (live really) two lives; my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim. And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts. I feel like the world's biggest hypocrite. It bothers me even more because I find sincerity and honesty of the utmost importance, and I have to stand and watch myself trample all over these traits. After several years of therapy I have recently come to the realization that basically all of my "major" issues have come from this place. I have major issues in getting close to people and keeping friends once I feel that they know me too well. I have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict (however ironic that might sound). The need creeps up all too often, followed by a crazy need to satisfy it. There are several paths to this: porn, masturbation, contact with a sexual girl, and, strangely enough, eating out at restaurants, but that we'll get to a different time. Anyway, there is one main girl, as there always is. We have had the weirdest on and off relationship, to say the least. The jealousy and overprotection I had with her is still a shock to me even. Anyway I'm tired so I shall continue this

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Re: Where I'm at

Posted by the.guard - 14 Oct 2009 10:38

I can't take it anymore red line shmed line

sorry guys

Read yesterday's Kappitle again. 37. (yes, this was **your** wonderful idea!!)

Al tikane be'oseh avlah... You think that will give you security? *Kechatzir me'heira Yimolu!*

Bitach BaHashem. Va'aseh Tov... Gol Al Hashem Darkecha, Betach Elav Vehu Ya'ase. Shlach al Hashem Yehavecha...

Dom LaHashem... Be silent to Hashem, even though it makes no sense. (Like "va'Yidom Ahron" after his sons were killed).

David Hamelech was the father of the 12-Steps! :D It's all there... in yesterday's Kappitle.

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Re: Where I'm at
Posted by Momo - 14 Oct 2009 10:53

Uri,

My internet was down the whole morning, so I was offline. Struggle just called me to tip me off of your hard day, because he likes you!

I'm now here for you. I tried to call, but you're not answering.

Think what your values are.

You know that if you do it you'll regret it afterward big time and enter a deeper depression. Is a few minutes with her really worth it?

Call me if you want to talk.

Momo

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Re: Where I'm at

Posted by Sturggle - 14 Oct 2009 10:55

[guardureyes wrote on 14 Oct 2009 10:38:](#)

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talking about yesterday's kappit'l, im gonna start looking over today's bzchuscha ulzchuscha

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Re: Where I'm at

Posted by TrYiNg - 14 Oct 2009 11:00

me too.

Hang in there Uri. Although I'm leaving it up to the elders, Just know that everyone here cares for you and is davening for you all the time. Do it for us pls.

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Re: Where I'm at

Posted by jerusalemsexaddict - 14 Oct 2009 11:02

i did not call my former lover.

i still have the number of a girl i almost met up with a month ago and i called her and were meeting up tonight.

i don't know if well have sex

i just want a girl to walk down along the beach with,that's all

i love you all and appreciate your concern.

im just a little too far gone right now

and no guilt trips please

and while im gone,someone please try to summarize the tehillim thread it keeps people

interested

thanks

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Re: Where I'm at

Posted by Momo - 14 Oct 2009 11:09

[Uri wrote on 14 Oct 2009 11:02:](#)

i still have the number of a girl i almost met up with a month ago and i called her and were meeting up tonight.

i don't know if well have sex

i just want a girl to walk down along the beach with,that's all

Who do you think you're kidding? Of course you are planning on having sex tonight. Don't try to fool yourself because you're not fooling me.

Please think about this. Your planning on performing a serious issur.

Listen to your songs.

Call her and cancel. Throw out her number.

Go to a Yeshiva in J-m instead of the beach. Go to a soup kitchen.

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Re: Where I'm at

Posted by the.guard - 14 Oct 2009 11:11

Try walking down the beach with Hashem, hand in hand. Tears are welling up in my eyes, Uri, when I think of how beautiful that would be. Just you and Him. He *is* completely nuts over you, you know.

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Re: Where I'm at

Posted by 7yipol - 14 Oct 2009 11:12

Here for you whether you want us or not.

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Re: Where I'm at

Posted by Dov - 14 Oct 2009 12:51

[Uri wrote on 13 Oct 2009 22:24:](#)

my biggest inspiration on the forum and I love you

Thanks. BTW, I don't personally know *anyone* who got sober from inspiration, but I personally know plenty plenty who got sober through the love of their buddies in recovery. Thanks for your love (and inspiration - shhh.).

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Re: Where I'm at

Posted by habib613 - 14 Oct 2009 14:34

oy uri

i'm logging on from my work computer, and my boss can totally walk in at any second.

doing this for you

[Uri wrote on 14 Oct 2009 11:02:](#)

i just want a girl to walk down along the beach with,that's all

have a sister (no not us. a real one)?, or maybe try taking your mom (real one)?

cuz that's real love, not fake lust. and no matter what you tell me, i refuse to believe that you can't find a single person who really loves you. cuz if the whole forum loves uri, then i'm positive there are a whole lot of real live people who love uri.

and as a last resort- go babysit someone tonight.

babies are so cuddly. and they love it when you hold them.

and two year olds give the best hugs.

and when they fall asleep on your lap- best feeling in the world. By far.

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Re: Where I'm at

Posted by Rage AT Machine - 14 Oct 2009 14:39

habib, your post made me nauseous...i may have vomitted a little into my mouth....

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Re: Where I'm at

Posted by Momo - 14 Oct 2009 14:42

[Rage AT Machine wrote on 14 Oct 2009 14:39:](#)

habib, your post made me nauseous...i may have vomitted a little into my mouth....

LOL.

Rage, you're married, right? Have any kids? Just wondering....

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Re: Where I'm at

Posted by habib613 - 14 Oct 2009 14:51

DID I WIN THE FLAKEY AWARD???????

oh come on guys kids are precious.

and i totally love babies more than i love acting out.

maybe this is why women are the ones who stay home and men go to work...

(usually- if any of you are stay at home dads i totally respect that. and rage's disclaimer extends to this post)

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Re: Where I'm at

Posted by Momo - 14 Oct 2009 14:55

I love hugging my little ones. Problem is they grow up.

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