

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

---

To whom it may concern,

My name is Uri.I live in the jerusalem area and i am a sex and love addict.This took me a long time to come to terms with,to say the least.But that we'll get to in a second.

I am finishing now my third year in beis medrash.While i have had success in my learning b'h,i have a source of shame and anguish that has caused me great depression on a constant basis.I lived (live really) two lives;my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim.And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts.I feel like the worlds biggest hypocrite.It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits.After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place.I have major issues in getting close to people and keeping friends once i feel that they know me too well.i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiabile sex addict(however ironic that might sound).The need creeps up all too often,followed by a crazy need to satisfy it.There are several paths to this:porn,masturbation,contact with a sexual girl,and, strangely enough,eating out at restaurants,but that well get to a diff time.Anyway,there is one main girl,as there always is.we have had the weirdest on and off relationship,to say the least.the jealousy and overprotection i had with her is still a shock to me even.anyway im tired so i shall continue this

=====  
=====

Re: Where I'm at

Posted by Tev - 06 Oct 2009 21:06

---

=====  
=====

Re: Where I'm at

Posted by Rage AT Machine - 06 Oct 2009 21:09

---

bestrong: that may or may not be circumstantial evidence that he loves us but WHY would he love us? we're creeps...i dont love us...why would he? hes given and given and given and we've done jack in return....we pat ourselves on the back so hard for doing the slightest mitzvah we

nearly break our spines...why would hashem love us?

=====  
=====

Re: Where I'm at

Posted by Dov - 06 Oct 2009 21:36

---

(What I am about to post is possibly not reflective of the truth per the kabbalah ideas that I have overheard, as, in some essential respect, the *trein rei'in delo misparshin* **are** a reality, and even though we, as Knesses Yisroel, are only openly identified with the Shechina haK'dosha which seems to be surrounded with the thorns of k'lipos and evil now and our "mate" is seperated from us in some way while protecting us in the Golus. Gevalt. What it all means is that we are so far apart, even though we are so connected. This golus is bitter, bitter, bitter, because of how horrifying it makes things look. At the **source**, though, we are still really in total yichud, and essential, because *Yisroel, oraisa v'Kudsha B"H chad hu*. My post is meant only "al derech avodah".)

Dear Rage, I believe that Moshe Rabeinu was teaching us that even though He does love us as we are, if we are to retain the correct perspective, it is essential that we occasionally see ourselves as though we are "non-essential personnel". To not directly pin that love on *ourselves*, but on Him. Meaning, the main point is that: He loves. That **we** are the recipient of that love is really almost accidental, in our view. Avraham, the one Hashem said He loved so much had one favorite saying: "va'anochi ofor vo'eifer" - I'm nothing, like some dust, that's all.

So after letting us in on the real Truth, maybe Moshe Rabeinu told us how to stay in the game: Look at it this way: He only loves you because of your fathers, He only gave you eretz yisroel because the wacked-out goyim there were sooo bad, etc.

Hope this means something and is useful to someone.

=====  
=====

Re: Where I'm at

Posted by letakain - 06 Oct 2009 21:50

---

does Hashem love us? YES, rage. you want proof? count some blessings

Why? no clue!

but he does anyway!

how awesome is that

plain chessed from Hashem

not for a reason

just because we're his.

=====  
=====

Re: Where I'm at

Posted by jerusalemsexaddict - 06 Oct 2009 21:53

---

Raja,

Good question.

And I can give several answers.

But really we need Battleworn here.

1)Part of the reason we can't understand Hashem's love enough is just like you said:We don't love ourselves as we should.And therefore we don't understand how **anyone**can love us.That includes friends,wives,etc.. If we saw what they see in us,we'd surely be pretty impressed.And G-d sees everything about us and He loves us regardless!In fact,**that's why** He loves us.

2)We don't need to understand Hashem's love for us.The fact is that He just does.Some things are beyond our hasaga.

3)I love you

4)Yea.Tomatoes are hard to get symmetric.But listen,you gotta do what you gotta do.

Think warm bear hugs!

=====  
=====

Re: Where I'm at  
Posted by Dov - 06 Oct 2009 22:13

---

Rageleh,

(sorry ;D)

You ask about us as *individuals*, oh. I thought you meant as a group...

Well, the first thing that comes to my own mind about *that* is:

How *else* am I sober today? The only one I ever asked to help me, was Him.

Ciao.

=====  
=====

Re: Where I'm at  
Posted by the.guard - 06 Oct 2009 22:17

---

Dov's take on the matter is very deep... But Rage, there's no stirah between the two pesukim you brought... He loves us *because of* our fathers... So? He still loves us.

Anyway, Hashem loves all his creatures. Even Beitzei Kinim.

love,

kina

=====  
=====

Re: Where I'm at  
Posted by jerusalemsexaddict - 06 Oct 2009 22:20

---

The Tanya says that Hashem loves the biggest and lowest sinner in klal yisrael more than the best-behaved goy.

And Guard, you put a whole new understanding on lice.

Thank you.

=====  
=====

Re: Where I'm at  
Posted by Holy Yid - 07 Oct 2009 01:38

---

Rage,

It time you start loving yourself. Then you will realize that G-d loves you SOO much.

=====  
=====

Re: Where I'm at  
Posted by Noorah BAmram - 07 Oct 2009 03:03

---

[Rage AT Machine wrote on 06 Oct 2009 20:47:](#)

does Gd love us? My vote is No. Moshe tells us in Devarim 7:8 that Gd loves us ('????  
?????????? ?????? ???????, ??????????????? ???-?????????????? ?????? ???????????  
????????????????) but then in 10:15 he clarifies that Gd chose us because he loved our fathers  
(??? ??????????????? ??????? ???????, ??????????? ???????; ?????????????? ?????????????  
?????????????, ??????? ???????-????????????--???????????? ???????)...

I also labored under this misconception for many many years. My reasoning being that how can G-d love a miserable sinner as me.....Until I had this awesome paradigm shift from the chovos halvovaos chapter 3 of the Gates of Trust, where he states unequivocally that not Just G-d love me intensely - More love then even a mother loves a newborn - as a matter of fact any love that comes directed my way from anybody, from my spouse, parents, my kids my friends, all that love is really G-ds love being channeled thru them..

Check it out!! It blew me away!!!

Total 180degree shift....

G-d is not petty!

If I tell a loved one to do something for me and they refuse I get angry.....my love may starts to diminish.....

The Chovos Halvevos posits that this concept is axiomatic to trusting in G-d.

If there is no unconditional love from G-d there can be no Trust in G-d!

With G-dly love to all

Noorah

=====  
=====

Re: Where I'm at  
Posted by Kedusha - 07 Oct 2009 03:08

---

The Jewish belief has always been that Hashem loves the Jewish people. The non-Jewish belief has been that, because we didn't properly observe the Torah, Hashem no longer loves us. Take your pick.

The proofs that Hashem continues to love us even when we sin are too numerous to enumerate. Just a few that come to mind:

- 1.) We are called "Bonim" to Hashem.
  
- 2.) The Pasuk "Habein Yakir Li Ephraim."
  
- 3.) The Chafetz Chaim writes that Lashon Horah is Ossur, even if what you're saying is well known. Why? Because a parent does not like when people speak against his children, even if what's being said is already known.
  
- 4.) We are commanded to love Hashem. Would it be reasonable for us to be required to love Hashem if Hashem did not love us?

5.) The Rambam writes (Hilchos Teshuva 3,11) that one who is not Mishtateif in the Tzaros of Klal Yisrael has no Cheilek in Olam Habah.

6.) The whole concept of Teshuva demonstrates Hashem's love for us. Especially Teshuva Mei'Ahavah, where our Aveiros are transformed into Mitzvos.

=====  
=====

Re: Where I'm at  
Posted by Noorah BAmram - 07 Oct 2009 03:29

---

[Kedusha wrote on 07 Oct 2009 03:08:](#)

The Jewish belief has always been that Hashem loves the Jewish people. The non-Jewish belief has been that, because we didn't properly observe the Torah, Hashem no longer loves us. Take your pick.

The proofs that Hashem continues to love us even when we sin are too numerous to enumerate. Just a few that come to mind:

1.) We are called "Bonim" to Hashem.

2.) The Pasuk "Habein Yakir Li Ephraim."

3.) The Chafetz Chaim writes that Lashon Horah is Ossur, even if what you're saying is well known. Why? Because a parent does not like when people speak against his children, even if what's being said is already known.

4.) We are commanded to love Hashem. Would it be reasonable for us to be required to love



Hashem if Hashem did not love us?

5.) The Rambam writes (Hilchos Teshuva 3,11) that one who is not Mishtateif in the Tzaros of Klal Yisrael has no Cheilek in Olam Habah.

6.) The whole concept of Teshuva demonstrates Hashem's love for us. Especially Teshuva Mei'Ahavah, where our Aveiros are transformed into Mitzvos.

That Hashem loves the Jewish Nation unconditionally and for all eternity was never the issue  
) the Torah and tanach is full of that.

We say it in maariv every night ahavas olom/ eternal love you love your people Israel.... Blessed are you Hashem the lover of His nation Israel!

What I thought the discussion was about was the love for each individual Jew, their baskets of sin notwithstanding. To this I added from the CH.

Noora

=====  
=====

Re: Where I'm at  
Posted by Kedusha - 07 Oct 2009 03:43

---

Noorah,

I too hope that this is not an issue for any Frum (or, indeed, Jewish) person. Unfortunately, one of the posts above seem to indicate that it is an issue.

=====  
=====

Re: Where I'm at

Posted by jerusalemsexaddict - 07 Oct 2009 06:50

---

[Noorah BAmram wrote on 07 Oct 2009 03:03:](#)

I also labored under this misconception for many many years. My reasoning being that how can G-d love a miserable sinner as me.....Until I had this awesome paradigm shift from the chovos halvovaos chapter 3 of the Gates of Trust, where he states unequivocally that not Just G-d love me intensely - More love then even a mother loves a newborn - as a matter of fact any love that comes directed my way from anybody, from my spouse, parents, my kids my friends, all that love is really G-ds love being channeled thru them..

Check it out!! It blew me away!!!

Total 180degree shift....

G-d is not petty!

If I tell a loved one to do something for me and they refuse I get angry.....my love may starts to diminish.....

The Chovos Halvevos posits that this concept is axiomatic to trusting in G-d.

If there is no unconditional love from G-d there can be no Trust in G-d!

With G-dly love to all

Noorah

What a beautiful idea!

Never heard it before and you started my day off so beautifully Noorah!

GEVALDIG!!

=====  
=====