

Where I'm at

Posted by jerusalemsexaddict - 16 Jul 2009 19:45

To whom it may concern,

My name is Uri.I live in the jerusalem area and i am a sex and love addict.This took me a long time to come to terms with,to say the least.But that we'll get to in a second.

I am finishing now my third year in beis medrash.While i have had success in my learning b'h,i have a source of shame and anguish that has caused me great depression on a constant basis.I lived (live really) two lives;my yeshiva/religious life which is the source of much admiration and pride from my parents and rebbeim.And then there is my "secret life", where I spend time ranging from 10 minutes a day to almost full off days fantasizing and worse acting out of all sorts.I feel like the worlds biggest hypocrite.It bothers me even more cause i find sincerity and honesty of the utmost importance, and i have to stand and watch myself trample all over these traits.After several years of therapy i have recently come to the realization that basically all of my "major" issues have come from this place.I have major issues in getting close to people and keeping friends once i feel that they know me too well.i have a hard time sitting by myself due to my uncomfortability of sitting with a unsatiable sex addict(however ironic that might sound).The need creeps up all too often,followed by a crazy need to satisfy it.There are several paths to this:porn,masturbation,contact with a sexual girl,and, strangely enough,eating out at restaurants,but that well get to a diff time.Anyway,there is one main girl,as there always is.we have had the weirdest on and off relationship,to say the least.the jealousy and overprotection i had with her is still a shock to me even.anyway im tired so i shall continue this

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Re: Where I'm at

Posted by jerusalemsexaddict - 05 Oct 2009 07:35

[habib613 wrote on 05 Oct 2009 00:36:](#)

the two day thing is majorly annoying.

that's why I vote we should all move to the holy land.

now if only I could convince my family...

who said you need your family?

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Re: Where I'm at

Posted by habib613 - 05 Oct 2009 11:48

[Uri wrote on 05 Oct 2009 07:35:](#)

who said you need your family?

family situation/ dynamics don't let me just move out.

wish i could.

it was mamesh a nes that I even got to go to seminary.

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Re: Where I'm at

Posted by jerusalemsexaddict - 05 Oct 2009 16:39

So iy'h when u get married,we expect you here Beebs.

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Re: Where I'm at

Posted by jerusalemsexaddict - 05 Oct 2009 16:58

I just printed out and started reading the Guard Your Eyes Attitude.

Amazing!

www.guardureyes.com/GUE/PDFs/eBooks/GuardYourEyes%20Attitude.pdf

I'm very impressed Guard. And I'm sorry I didn't get around to reading it earlier.

I just saw something that is written that inspired me to discuss the following.

Hashem does not expect all of us to never masturbate again.

There, I said it.

Hashem does not expect all of us to never be depressed again.

There is something called the "Nekudas Habechira".

Everyone has a certain point at which their decision of bechira takes place.

For one person, it might be to not masturbate.

For another, it might be to not have sex with a married woman.

One person might struggle to not murder people.

Another will struggle not to be mean to people.

We must know where we are holding.

You ask:

But Uri, what about the Torah and Halacha?!

The answer is simple but profound:

Hashem does not expect from us that which we cannot do.

Remember that always, my friends.

Hashem did not need me to daven mincha today with a minyan.

I was not in that place and it would've been nearly impossible.

So I went to my room and davened there biyichidus.

And that was as good as other people going to minyan.

Me learning one hour might be equal to 12 hours for someone else.

Another example:

"Vesamachta Bechagecha"

Let's say you have a guy who is manically depressed. Like mamesh always down in the dumps.

And you're gonna tell this guy to just be happy???

His mitzva is maybe to look up to Shamayim and say:

"Hashem!! I so want to be happy!"

And he was just mekayaim "Vesamachta Bechagecha"

Hashem does not desire results.

Hashem desires the heart.

The ratzon.

I can go on and on for hours about this, but I'm gonna eat dinner now.

The thread is officially open for disagreement or agreement.

I love you all

But not as much as Hashem does.

Imagine a mother who is rachmana litzlan seperated from her beloved child for years.

Imagine that beautiful emotion-packed moment when they finally meet again.

Imagine that love that mother feels as she clutches her son in a tear-filled hug.

She never wants to let go.

Hashem loves us more than that.

Doesn't matter what we do.

He pashut refuses to let go.

Let us give Him our hearts, friends.

1 hour

5 hours

24 hours

Makes no difference to Him in the slightest.

"Echad hamarbeh veechad hamamit, oovilvad sheychavai libo lashamayim"

"Whether or not or little(makes no difference), and as long as your heart is in the right place."

Gevaldig!

-uri

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Re: Where I'm at

Posted by jerusalemsexaddict - 05 Oct 2009 17:10

And what's with all this talk I hear people saying about

"It's never enough.You always got to do more.It's never enough."

What utter garbage!!!!!!

Is Hashem some perfectionist demanding never satisfied meany?????

What a Chillul Hashem that statement is.

What they mean is that we always have to be improving.

No one argues with that.

But to say that someone could come along and feel all the lust in the world pushing him to his computer,and he says no.....

You think Hashem isn't singing with joy?!?

Yuck!

Every moment has it's own nisayon and many of us pass many of them beautifully.

And Hashem is **100% satisfied**.

And that's all that matters.

Not what some random person says.

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Re: Where I'm at

Posted by kutan - 06 Oct 2009 00:44

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Uri,

Your touching on major points, and kutan is not a player here.

But one thing I definitely agree... learned from experience... that it does not matter WHO is speaking, and HOW chushuv he is, not everything he says in a public speech applies to me.

there.

That means even my most beloved Rebbe.

If we are talking one on one, thats a different story. I'd better make my matzav clear, and if not, its my fault.

But things people say in public are for the public. I'm private. It may be what I need, and it may be the opposite.

Which just means, of course, that without a personal Rebbe, one is pretty much like a ship in stormy waters.

Oh, and Uri, remember that last post of Yechida's?

I can't quite say it the way he does, so I'm gonna just ditto it.

and I am telling you the absolute

I have never met or seen a neshomah like yourself.

It's an honor to let us hear your voice

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Re: Where I'm at

Posted by Nat - 06 Oct 2009 01:09

I'd like to share 2 things I know Uri and the rest of the guys will like,

The tzemach Tzedek writes concerning the Cantonists(forced conscripts to the russian army from age 10- to 35) how come Hashem can force them to be in a position that they can't do all the mitzvas etc!

The answer given was that Hashem has a special immense pleasure from the few mitvos they were able to do with mesiras nefesh!

As well there was a story of a known baal aveirah who liked coming to a certain tish hisvaadus farbrengen etc...

Once the chassidem there made him feel unwanted since they felt weidred out with him sitting at there table, and he left.

When the Rebbe heard of this he was extremely upset, and he said we cannot imagine the intense pleasure the ribono shel olam has at each second when he is not sinning!

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Re: Where I'm at

Posted by jerusalemsexaddict - 06 Oct 2009 07:26

kutan-im not sure what you were trying to say bichlal ???

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Re: Where I'm at
Posted by jerusalemsexaddict - 06 Oct 2009 18:30

rage,

please delete that offensive post from my thread.

with all the love in the world for my favorite psycho

-uri

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Re: Where I'm at
Posted by jerusalemsexaddict - 06 Oct 2009 18:57

Nothing :-[

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Re: Where I'm at
Posted by letakain - 06 Oct 2009 19:33

just noticed your new quote! LOL!!!!!!! ;D

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Re: Where I'm at
Posted by jerusalemsexaddict - 06 Oct 2009 19:41

I post some of the deepest insights I ever had,and almost nobody responds.

But thank you letakain.

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Take a look at my posts while youre at it

Re: Where I'm at

Posted by Rage AT Machine - 06 Oct 2009 20:08

"Does anybody even notice when the cucumbers aren't symmetric??"

ummmm...have you met my wife? not only must the cukes be symmetrical but the tomatoes, too!! do you know how hard that is? tomatoes are shmushy!!! why cant she see that theyre smushy?!?!?

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Re: Where I'm at

Posted by letakain - 06 Oct 2009 20:38

all right, who voted "no"?

i'm gonna have a little talk with them...

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