

Filling the Space on Top of the Mountain

Posted by Holy Yid - 03 Nov 2010 00:33

On the top of a mountain, someplace very hard to reach, sits a wise old man. He is wise because he has learned the lessons that life teaches.

I feel I would benefit if I listened to life and learned more.

I have been on GYE over a year and I think it is time I do some reflecting on what I have learned.

I am not happy with my internet usage. The amount of time I spend online disturbs my life. I also feel an urge to go online that is not at all rational. This is not while looking for porn. For starters it would be beneficial if focused on being more aware of this urge.

Nothing more just being aware. A little more every day, every moment.

I have a friend who has a BB. I sometimes check my email on it. Today I fell on it. (BTW Low grade pics dumb thing I did) I want to use it to fulfill my urge to use internet but I also don't want to use it. At the moment I do not feel I that if I would give up my urge to use it for a day that I would be successful.

I am getting aware of how connected I am to the web and that BB. just accepting it and living with it. getting to know that feeling deeper and deeper.

Although posts are welcome I am not looking for posts. I am writing to have an open online journal of my self exploration.

Insight are very much welcome.

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Re: Filling the Space on Top of the Mountain

Posted by Holy Yid - 03 Nov 2010 06:33

I am online on the BB. I am aware of my impulses to go online. Or at least more aware.

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