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Back after a while Posted by noquitter - 04 Oct 2010 21:47

I am posting here because there's not much else I can do. I was doing great with a telephone sponsor and achieved 62 days sobriety. I was over the moon. Then, a close friend confided in me about a relationship he had fallen into - unfortunately in sordid detail. I crashed down and haven't been able to get up since. This is going back three months. There is no group anywhere near where I live - Jewish or otherwise - and I am really despondent. I know yiush is a terrible word but I cant see a way forward. I have every conceivable filter and WebChaver on my PC but I am always scheming and conniving to get through the blocks. Like a real addict. Although i am really frum, Torahdik and all that, religion just doesnt seem to speak to me at the moment although I was inspired when speaking to an anonymous guy who says that he managed his first year by just pleading with G-d to stop him lusting. Not sure if the cr** is blocking me from G-d or the other way round. I love my wife, I love my kids and I guess I surely love myself. Just why cant i stop then???????? G-d please throw me a line. I wanna go getta life!

Re: Back after a while
Posted by ZemirosShabbos - 10 Oct 2010 21:46

great! keep up the good work

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Re: Back after a while
Posted by noquitter - 11 Oct 2010 20:59

Just to know you're reading me at 7 DAYS is music to my ears Z'miros, Thanks for the chizuk

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