## **GYE - Guard Your Eyes** Generated: 19 June, 2025, 16:36 desperate teddy writes it down Posted by desperate\_teddybear - 20 Sep 2010 06:47 installed webchaver. yay. this will work for me and my brother home from yeshiva for sukkot. i don't know why but i trust it a lot more than k9, maybe b/c i already know how to hack k9 and not this one, but im hoping its for better reasons like that, for example being harder to hack would be nice. stupid thing is, so i put my friend as my chaver, but now he'll know i'm on guardyoureyes.org. doi- what should i do about that? \_\_\_\_\_\_ Re: desperate teddy writes it down Posted by bardichev - 26 Dec 2010 21:18 teddyy sit down and listen to bards "DON'T BE SCARED OF BEING CLEAN" this is an important yesod

Re: desperate teddy writes it down
Posted by bardichev - 27 Dec 2010 05:25

DT

Do u understand what I wrote?

Keep on zamboniing!

### **GYE - Guard Your Eyes**

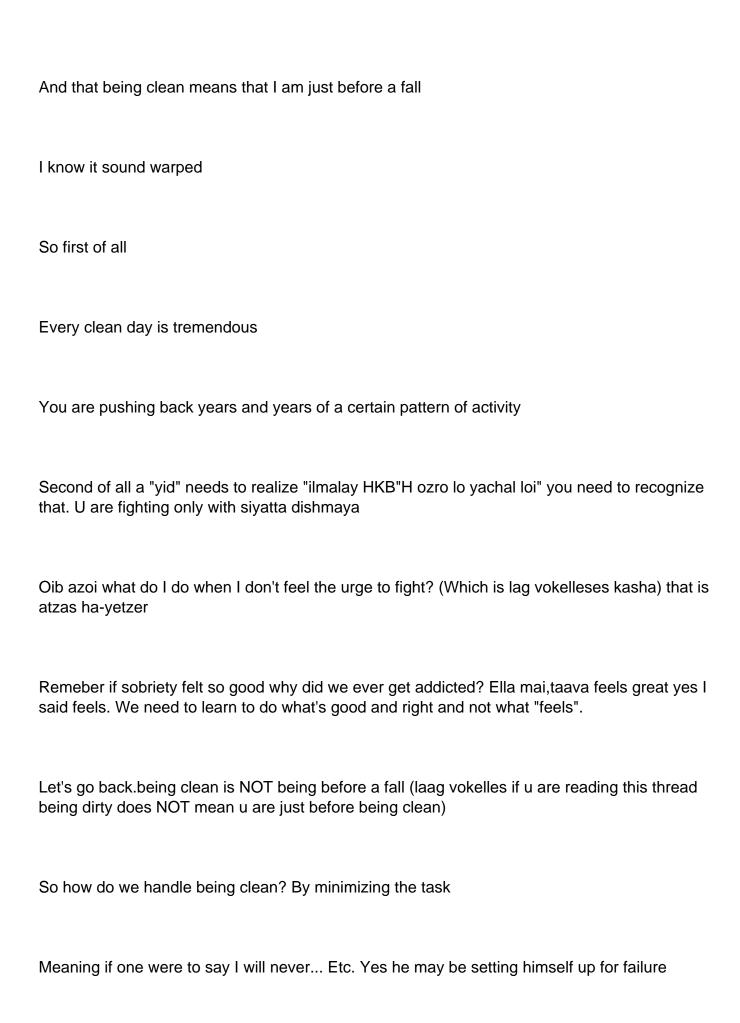
Generated: 19 June, 2025, 16:36 В Re: desperate teddy writes it down Posted by ZemirosShabbos - 27 Dec 2010 06:05 rebbe b i hope Rabenu Teddybear Baal HaZamboni won't mind my sticking my nose in on his iceskating rink but i would love to understand what that means, not to be scared of being clean... Re: desperate teddy writes it down Posted by frumfiend - 27 Dec 2010 06:47 takeh a tifeh yesod \_\_\_\_\_\_ ==== Re: desperate teddy writes it down Posted by desperate\_teddybear - 27 Dec 2010 08:54 bards, holy guacamole. how u always know what i need to hear? how do u even KNOW?

i barely share anything about me on this place - you CAN'T have scoped me out that quickly. bards, seriously freaking me out dude.

## **GYE - Guard Your Eyes**

I realized I am scared of being clean

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oh welli'm chaining myself down to my zamboni. hide the key for me, yeah?			
Re: desperate teddy writes it down Posted by bardichev - 27 Dec 2010 09:45			
Desperate, frummy,zeMmy,			
I am no navi and have no celestial powers			
I have one little thing			
Experience			
Herrr ois			
I went 90 days cleaner than clean			
No falls no slips no wayward eyes nothing			
I would smudge my glasses in the bank or in the store etc			
I would think to myself what's gonna happen when I finally see something			



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But if you bring it down to bite size pieces "one day at a time" just today etc You will be matzliach
I have mosre to say on this topic. But this is a good start
В
====
Re: desperate teddy writes it down Posted by ZemirosShabbos - 29 Dec 2010 20:25
rebbe b
we still want the sequel
and are you saying that we shouldn't think in absolute terms?
meaning we shouldn't think to ourselves "i am not going to look at porn ever ever again"
rather say "i am going to stay out of trouble right now"
not to think about or worry about what the future may or may not bring
am i reading you right?
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Re: desperate teddy writes it down Posted by bardichev - 30 Dec 2010 02:15
Zemmey
What I was trying to say is. Is. Azoi.
We are so afraid we "may" fall. That we actually fall
I'm sure dov can be "masbir" my bardish
He won't mind returning the favor
В
====
Re: desperate teddy writes it down Posted by ZemirosShabbos - 30 Dec 2010 19:26
Bardish, Dovish, Farmish, Knish
anybody?
me no comprende

# **GYE - Guard Your Eyes** Generated: 19 June, 2025, 16:36 me no speaka da language Re: desperate teddy writes it down Posted by bardichev - 30 Dec 2010 19:46 bardichev wrote on 27 Dec 2010 09:45: Desperate, frummy, zeMmy, I am no navi and have no celestial powers I have one little thing Experience Herrr ois I went 90 days cleaner than clean No falls no slips no wayward eyes nothing

I would smudge my glasses in the bank or in the store etc

I would think to myself what's gonna happen when I finally see something

7 / 10

I realized I am scared of being clean
And that being clean means that I am just before a fall
I know it sound warped
So first of all
Every clean day is tremendous
You are pushing back years and years of a certain pattern of activity
Second of all a "yid" needs to realize "ilmalay HKB"H ozro lo yachal loi" you need to recognize that. U are fighting only with siyatta dishmaya
Oib azoi what do I do when I don't feel the urge to fight? (Which is lag vokelleses kasha) that is atzas ha-yetzer
Remeber if sobriety felt so good why did we ever get addicted? Ella mai,taava feels great yes I said feels. We need to learn to do what's good and right and not what "feels".
Let's go back.being clean is NOT being before a fall (laag vokelles if u are reading this thread being dirty does NOT mean u are just before being clean)

So how do we handle being clean? By minimizing the task

Meaning if one were to say I will never Etc. Yes he may be setting himself up for failure			
But if you bring it down to bite size pieces "one day at a time" just today etc You will be matzliach			
I have mosre to say on this topic. But this is a good start			
В			
DOIVVVV!!!!!!!! DOIVVVVVVVVVVVVVVVVVVVI!!!!			
CALLLING ON DOIVVVVVVVVVVVVVVVVVVVVVVVVVIIIIIIIIIII			
====			
Re: desperate teddy writes it down Posted by 1daat - 09 Jan 2011 06:37			
I saw Dov getting dirty under the Zamboni teaching a bunch of Yiddin that you can't fix the whole Zamboni with one wrench or in one day.			

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DTB. It's good to "hear" from you.	
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Re: desperate teddy writes it down Posted by chaimhelp - 09 Jan 2011 16:40	
Bards lets hear the rest	
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