

yechida's reflections

Posted by yechidah - 29 Jun 2009 19:47

(any questions , insights & suggestions about this thread,feel free to email me at taryaga@gmail.com)

There are many reasons we need to be where we are and who we are,most are unknown.Why do we even have to be in a situation or have in our soul so much darkness and a pull toward self-destructing negative behaviors?

I saw once an amazing thought in a sefer.Moshe Rabeinu came from a union that after the Torah was given would have deemed him a mamzer(parents being an aunt & nephew).He could not boast of his lineage.This is one reason that let him be the greatest Anov that ever lived.

We who have to deal with the stuff that's in us that we would rather not have in the first place-this pain and shame over the course of time -makes us realize that even when we b'ezras Hashem pull out of the addictions-we will never look at another Yid that is struggling with this in a negative way

We catch a Yid looking where he shouldn't be looking and our hearts are full of compassion.We will daven for him,treat him with respect,gently try to get him out of it.We would never disgrace him-not even in our hearts-because we were there.We know what it's like.In our eyes he is a potential tzaddik.

This is surely one reason Hashem gave us this urge towards baseness with all it's shades of ugliness.Yes you are special-like every Yid is-but never ever judge harshly My son or daughter that is struggling-because I love him or her - he or she is part of Klall Yisroel.Just as indispensable as you are.

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Re: yechida's reflections

Posted by yechidah - 18 Jan 2010 21:58

Do not compare yourself to the others

this is save you alot of needless grief

You are You.

That is good enough

God said so

the proof is that he created you as you

He didn't make you somebody else

God need addicts in recovery.

This is not the main point of this poem

But I figured I'll mention it anyhow

COMPARISONS by Unknown

If you've never trod the valley,

 You can never see the heights,

If you've never walked in darkness,

 You'll never see the light,

If you do not climb the hill ahead,

 You can't look round the bend,

If you're never really lonely,

 You'll never need a friend,

If you've never failed, and failed again,

 You'll never try your best,

If you've never suffered sleeplessness,

 You'll never know true rest,

If you've never stumbled through the clouds,

 You'll never see the blue,

If you've never suffered grief or pain,

 Real joy won't come to you,

For the one calls forth the other,

 As onward we must go,

Don't ask me how I found this out,

 Let me just say "I know

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Re: yechida's reflections

Posted by kutan - 18 Jan 2010 22:11

Yechida,

There are members of GYE that are floored by your by your posts, as usual.

They just can't express it.

KUTGW!

k

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Re: yechida's reflections

Posted by silentbattle - 18 Jan 2010 23:10

[yechida wrote on 18 Jan 2010 21:58:](#)

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Is that yours?

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Re: yechida's reflections

Posted by yechidah - 19 Jan 2010 13:14

no

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Re: yechida's reflections

Posted by silentbattle - 19 Jan 2010 17:11

I thought the first part was you...since you didn't post an author...

Hope your day is going fantastically!

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Re: yechida's reflections

Posted by yechidah - 19 Jan 2010 17:44

thank you silent

have a wonderful day

the first part was me

as a preface to the poem that I did not write

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Re: yechida's reflections

Posted by silentbattle - 19 Jan 2010 17:54

Ah - that's what I was asking. I hadn't meant to quote the whole thing - my mistake.

I like the first part - excellent poem, preface or not, it would be a great poem all by itself!

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Re: yechida's reflections

Posted by yechidah - 19 Jan 2010 19:07

May "frum" people I have met are not "frum" at all

"frumkiet" being a form of escape

perhaps not as bad as escaping into lust or drugs or booze

but bad enough

read the last 3 lines carefully

Escape

by Yacov Mitchenko

Anonymous One,

Strange how the human mind loves escape,

Strange how we run in many mazes all our life.

A man can be irritable, abrasive to his wife

And daughter and son through no fault of their own.

He can chew quarrels with neighbors to the bone,

Or invoke memories of what his father had done,

Dwell on his unhappy child, love turned sour.

He can nurse resentments hour after hour,

Year after year, or water his discontent.

His energies, too, may be spent
On racial or group prejudice and hate,
Political ideologies growing at an increasing rate.
He has it in him to grow bored in relationships,
To seek other roses, travel on other ships,
To seek lovely new eyes, new love, and happiness -
Anything to cover up his loneliness.
He's a creature of pleasure and excitement,
Often becomes enamored of his pain, internal din,
Does anything to escape his emptiness within.
Or he may choose the soothing balm of religious belief
Or ideology or become a patriot,
Seeming high-minded, yet behind the mental drape
Is the fact that he loves running, loves escape.

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Re: yechida's reflections
Posted by yechidah - 19 Jan 2010 20:31

As mentioned above

It's good that you are you

no need to be someone else.

even if that someone is pure as pure white snow

Itch by Yacov Mitchenko

One has an itch because the other's nose is short

And the second has an itch because another's nose is long.

And another has an itch because another is strong.

And the strong one has an itch because he's not sophisticated.

And the sophisticated one has an itch because he's not simple anymore.

He's been taken away from the wonders of a tree.

He has learned too much, he's no longer free.

And another has an itch because he's losing hair.

He hungers after the thick wavy sheen of a handsome man.

And that handsome man has an itch because his girlfriend

Isn't as beautiful as the girlfriend of his friend.

And his friend has an itch because the handsome man

Has a better job, higher pay, and less working hours.

And the billionaire has an itch for the simple man's solitude.

And a certain man, alone, cries out for company and fame.

Whatever rainbows and pots of gold there are,

Rainbows can always ask why they can't clutch a star.

And stars, exhausted with brilliance, can wish

To be a fish swimming at the bottom of the sea.

And a fish is devoured by its enemy.

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Re: yechida's reflections

Posted by 7yipol - 19 Jan 2010 23:43

YECHIDA, Im trying so hard to behave and remain where I belong over the mechitza,

but these poems touch so close to my heart

that I cant help myself but respond and thank you.

And you know what?

I *dont want* to keep my words to myself

because in all honesty,they belong to you.

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Re: yechida's reflections

Posted by yechidah - 20 Jan 2010 13:38

7UP-Thank you

and when your words come up to you , please bring it forth

they need to be heard

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Re: yechida's reflections

Posted by silentbattle - 20 Jan 2010 15:43

[yechida wrote on 19 Jan 2010 19:07:](#)

May "frum" people I have met are not "frum" at all

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Not sure if I agree...when we're lonely, we run to our parents...can you explain why that's wrong? Why is that an escape?

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Re: yechida's reflections

Posted by yechidah - 20 Jan 2010 16:52

it depends what you are running to your parents or mentors for..

if it's for guidance they can provide, that is perfectly fine, that is what they are there for

but often they are used as a crutch,there is work that has to be done within yourself,that you don't want to do,or something you have to face alone because only you can do it,and you run to Mommy to say the things you want to hear, so you don't have to face your own problem.

Someone like R Shraga Feivel Mendelovitz understood this.

He didn't want 5000 Shraga Feivels running around the world like puppets

He wanted each unique neshama of each talmid to shine

people run to the gemorah for the wrong reasons.

Is that so bad?

perhaps not.

but in many bochurim, things are festering inside that the gemorah will not cure

if your'e lonely its perfectly fine to talk to somone that can help.

but sometimes you have to do some work by yourself too

a friend is someone who wants you to stand on your own two feet.He will give you all the chizuk in the world to do this.

then there is the "friend" that does not love you

He is enjoying your role as a crutch for you, it feeds his ego

some parents and rabbeim are like this.

the community is starting to work on these things.

we need to be taught how to cope with the challenges of life when our parent or rebbe are not present.

It is their responsibility to teach us how.

how to be our best selves-not to be them

and we cannot always carry them in our back pocket either

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Re: yechida's reflections

Posted by silentbattle - 20 Jan 2010 16:58

I hear - we need to become our own people, not clones of anyone else.

However, we do pick up a lot of who we are from our parents and rabbeim - which is normal, and healthy. And we should try to emulate positive role models.

If we're doing it because we want to run away from decisions, that's not a good thing, and hopefully, our mentors guide us to be able to make our own decisions (although I've seen people take this WAY too far, when you have 20 year olds thinking that they've already gotten everything they need, so they never need to ask advice ever again).

Musar is always necessary - by which I mean, serious introspection, thinking, "am I doing what's right? What can I do to improve?" And then doing it...

Some people say that all religion is a crutch - I'm sure many of us have heard the phrase (said condescendingly), "oh, it must be so comforting to think that the world is being run by a benevolent god."

My response? Just because it's comforting doesn't mean it isn't true.

Torah, judaism - it *does* free us. We just have to be careful to not follow blindly, but to make our connections real - our connections with god, with our friends, parents, rabbeim, with ourselves.

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