

yechida's reflections

Posted by yechidah - 29 Jun 2009 19:47

(any questions , insights & suggestions about this thread,feel free to email me at taryaga@gmail.com)

There are many reasons we need to be where we are and who we are,most are unknown.Why do we even have to be in a situation or have in our soul so much darkness and a pull toward self-destructing negative behaviors?

I saw once an amazing thought in a sefer.Moshe Rabeinu came from a union that after the Torah was given would have deemed him a mamzer(parents being an aunt & nephew).He could not boast of his lineage.This is one reason that let him be the greatest Anov that ever lived.

We who have to deal with the stuff that's in us that we would rather not have in the first place-this pain and shame over the course of time -makes us realize that even when we b'ezras Hashem pull out of the addictions-we will never look at another Yid that is struggling with this in a negative way

We catch a Yid looking where he shouldn't be looking and our hearts are full of compassion.We will daven for him,treat him with respect,gently try to get him out of it.We would never disgrace him-not even in our hearts-because we were there.We know what it's like.In our eyes he is a potential tzaddik.

This is surely one reason Hashem gave us this urge towards baseness with all it's shades of ugliness.Yes you are special-like every Yid is-but never ever judge harshly My son or daughter that is struggling-because I love him or her - he or she is part of Klall Yisroel.Just as indispensable as you are.

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Re: yechida's reflections

Posted by yechidah - 10 Nov 2009 13:34

Heilega Reb Guard

And every time I meet a child

of

my people I ask myself: 'Moshe, what are you doing for him?' I feel

responsible for every single pain. I ask myself whether I am still

participating in the troubles of my people, or whether I have withdrawn

completely from them."

if this has nothing to do with GYE,

then what does?

also,unfortunately the whole diary of this Yid is out of print.the parts on the internet relate to the War, but in the diary itself depicts his internal spiritual yearnings and struggles,not very different from our own,he even writes regarding his awareness and feelings for the opposite gender,why does he feel this way,where does it come from.I was trying to find those entries on line, but I couldn't.

16 year old Yidin in 1943 were not from another planet.

alot of what was in them, are within us.

and it is true that alot of what I post may only be indirectly related to addictions and lust.

but I also know that many have fallen into these behaviors because of many "indirect" reasons

If the internet or cable tv was the trigger for many,

the underlying problems were there years before that trigger.

lust being an escape,hiding to it, so as not to deal with oneself or to look into the mirror

the internet killed an already half dead person

your Attitude 17 is very important

and that is the reason of some of my digressions.

but still,feel free to delete anything that you deem not important or not relevant to the mission of your site

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Re: yechida's reflections

Posted by the.guard - 10 Nov 2009 14:09

I understand and agree with what you are saying 100%, but still, you might want to find the most relevant parts... For example, from the diary of this boy, instead of bringing everything he wrote, you could have given some background and then posted this quote:

And every time I meet a child of my people I ask myself: 'Moshe, what are you doing for him?' I feel responsible for every single pain. I ask myself whether I am still participating in the troubles of my people, or whether I have withdrawn completely from them."

Anyway, thank you for the beautiful posts!

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Re: yechida's reflections

Posted by yechidah - 10 Nov 2009 17:05

This concept I saw from the Alter of Kelm.

The world is mistaken,

When someone takes ill,

Boruch Hashem, many come to his aide,

A tragedy strikes,

The family of Klal Yisroel

Comes together and helps,

In any way they can,

Mi K'Amcha Yisroel

But we face a challenge,

A flaw in our character,

A lack of feeling the burden of a friend,

When the ill person is "out of the woods",

But still has a long way to go,

The “shiva”, the “shloshim” is over,
Back to dealing with regular life,
With a hole in the heart,
Cancer went into remission but still weak,
Mother almost dies in childbirth but made it,
She will be OK,

We rejoice that things will be OK,
And then we forget,
We don't feel the pain anymore,
Of the sick one who is not so sick,
But not yet healthy,
This is not as he should be,
As long as the sick person it not as his or her original strength,
We still must feel the pain.

The widow was falling apart to pieces,
We help, we give chizzuk,
A year later, much stronger, coping better,
Even smiling,
We cannot forget that she is still alone.

Rivka was not in “Hatzalah”
Was not a firefighter,

Was not a life guard that saved a drowning child,
Did not run into the Twin Towers to save a handicap person stuck there,
Did not protect an abused child or battered wife,
Did not gun down Nazi's in Polish forests,
These are all brave and wonderful things,
But Rivka did something different
She gave water to some camels .

That small effort of drawing water from the well,
After either the well or the water came up to her,
That small kindness,
To save Eliezer the effort of drawing the water,
If she would not have done this,
She would not have been the daughter-in-law of Avraham,
Nor the wife of Yitzchok,
Nor the mother of Yaakov,
The mother of Klall Yisroel,
See what a little kindness does,
That is what expected from every one of us,
We all could do this.

Same here with day 52 of 90,
Or day 97 going forward,
Or 5 weeks after a major fall,

It still stings,

Coping, yes

Functioning, yes

On the way up, yes

But still in pain

That pain is very easy to forget,

Like the kid who is stuck in the emergency room for 4 hours,

Because there are much worse cases that have to come first,

This is true

This is reality,

The most seriously hurt must come first,

But Rivka would not forget about that hurt scared kid,

He is not there to watch TV or play checkers.

The small kindness is so powerful

And so easily forgotten,

So the Torah introduces Rivka in a very simple quiet way

She is not the bionic woman trying to stop a terrorist from killing millions

She is simply being kind

That is why she is our mother.

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Re: yechida's reflections

Posted by 7yipol - 10 Nov 2009 17:21

Im always amazed at how diverse your posts are

and how diverse the sources.

YECHIDA is a underground spring

of surprises

To himself as much as to us

i think.

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Re: yechida's reflections

Posted by yechidah - 10 Nov 2009 17:51

Thank you 7UP

it is true,

that often yechida has no clue,

but we hope to be better,

as I see R Hutner zl's letter,

the concept discussed here many times, to expect the bump,

as I post this in honor of 7UP,

(I really should forget about my poems,leave that for the one who have it,you hear me
,letakein,don't let that talent go to waste and keep me out of business)

In the printed letters of Rav Hutner zt"l (page 217), there's a letter written to a bochur (Yeshiva boy) who felt depressed over constantly fighting with his physical urges (Yetzer Horah) and losing. Rav Hutner zt"l writes that losing a battle to the Yetzer Horah is, in the long run, more productive than constantly winning. It's only when we fall, and find the inner strength to stand up and try again, that we develop our character and truly find our inner selves. He writes that he has more satisfaction from the bochur describing his failures than if the bochur would have written of his success in learning! Because to fail but keep trying brings real maturity and depth. He encourages the bochur to realize that all great rabbis fell in their battles with the Yetzer Horah, just as all people succumb. The difference lies in the fact that the Gedolim didn't give up. They picked themselves up and went back into the fray again and again until eventually they succeeded. They lost the battles, but they won the war.

Rav Hutner zt"l brings two sources for this. In Mishlei (24:16) it says, "Sheva yipol tzaddik v'kom - the righteous fall seven times, but arise". This doesn't mean that despite falling they arise, but to the contrary: Because they fall they learn to get back up and develop as Tzaddikim. Also, in Genesis creation story it says, "Tov me'od –And the Lord saw and behold it was very good", and the rabbis comment, "Tov zeh Yetzer Tov, me'od zeh Yetzer Horah - good is the Good Inclination, very good is the Evil Inclination". Ultimately, evil brings out the very best in a person by forcing him in to tap into his inner reservoirs of strength

this letter really opened my eyes,not to degrade myself for the Yipol,if that degradation would prevent the arising, that should come afterwards

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Re: yechida's reflections

Posted by letakain - 10 Nov 2009 18:06

don't stop!

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Re: yechida's reflections

Posted by 7yipol - 10 Nov 2009 18:42

Thank you for thinking of me while posting that profound letter.

Im honored

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Re: yechida's reflections

Posted by yechidah - 10 Nov 2009 20:08

Our greatest glory is not in never falling, but in getting up every time we do.

Confucius

Chinese philosopher & reformer (551 BC - 479 BC)

sounds familiar,doesn't it?

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Re: yechida's reflections

Posted by 7yipol - 10 Nov 2009 20:14

[yechida wrote on 10 Nov 2009 20:08:](#)

Our greatest glory is not in never falling, but in getting up every time we do.

Confucius

Chinese philosopher & reformer (551 BC - 479 BC)

sounds familiar, doesn't it?

Gosh! I never realized Confucius was part of GYE too! :o :o :o

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Re: yechida's reflections

Posted by yechidah - 10 Nov 2009 21:38

Evolution

by Ellen Bailey

Scholars say mankind is a product of evolution

Citing many textbooks for their conclusion

They say man is a descendant of the ape

That there is no Heaven; no Pearly Gate

Scholars say mankind is a product of evolution

And some argue for this man made solution

But God created Earth and God created Man

Why is this so hard for them to understand?

Scholars say mankind is a product of evolution

And this muddled thinking has lead to confusion

Maybe man does act like a monkey sometimes

But it's God's help they seeks when in a bind

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Re: yechida's reflections

Posted by yechidah - 11 Nov 2009 13:52

the petirah of a Anav and great man Rav Dovid Kviat, author of the many volumes of "Succas Dovid"

after I saw the sign this morning, I learned the Tanya of the daily schedule for 24 Cheshvon

these three words were there

"Succas Dovid Hanofles"-the fallen succah of Dovid

I had the zchus to know him somewhat and I read several of his seforim.

I once asked him what one of his favorite meforshim on the Torah was

He said "Seforno"

that though it is concise and brief and sometimes only one or two sentences long, there are tremendous treasures and insights buried in those few small and several words.

you just need the siyata dishmaya to have the good eyes to see it

zechuso yogein alaynu

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Re: yechida's reflections

Posted by yechidah - 11 Nov 2009 20:14

Meditations of the Rebbe by Tzvi Freeman

120

I read this one and cried out "OUCH"

It hurts but it's true

"Much depression stems from haughtiness. If you would realize who you really are, you wouldn't be so disappointed in yourself"

And "OUCH OUCH"

123

“Despair is a cheap excuse for avoiding one’s purpose in life. And a sense of purpose is the best way to avoid despair.”

And to concude (no OUCH here)

After # 105 two sentences

All of your world in G-d speaking to you

Listen carefully

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Re: yechida's reflections

Posted by imtrying25 - 11 Nov 2009 20:34

Hey Yechida. To be honest with you i dont always have the patience to go through all our posts but the ones that i do i walk away utterly amazed. ***SHEER BRILLIANCE***. This last one really hits home. And although the truth hurts, knowing its the truth makes it easier to accept. Thanks for everything.

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Re: yechida's reflections

Posted by yechidah - 11 Nov 2009 21:02

Thank you imtrying25,

your post prompts me to make a confession

we have this person where I learn, that is not well now, but he used to walk around and collect money(he needed it but he gave away most of it to others that needed it) and he had the most uncanny ability of telling people what they needed to hear.people were amazed.

Once I was discouraged,I did not tell him why but he pipes up"Don't worry about it,Just keep on doing your business and you will be alright"

now I have alot of faults but arrogance was not my major issue.To the contrary,I had pretty low self esteem and I believe that every person is better than me.and I still believe this.

one day the Yid yells at me "you are very arrogant.you must know that you can't change the world,you expect too much of yourself because you think you are special-who do you think you are??

which was like # 120 if you think of it.

and then it really hit me.

I am arrogant

I thought I was great and I fell short so I became very down and upset at myself

this Yid was right

I have arrogance in me-its just not the simple form of it

it is a more complex,more subtle,but just as deadly of a form of arrogance arrogance

I'm ashamed to admit it-but it's true

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