

yechida's reflections

Posted by yechidah - 29 Jun 2009 19:47

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(any questions , insights & suggestions about this thread,feel free to email me at [taryaga@gmail.com](mailto:taryaga@gmail.com))

There are many reasons we need to be where we are and who we are,most are unknown.Why do we even have to be in a situation or have in our soul so much darkness and a pull toward self-destructing negative behaviors?

I saw once an amazing thought in a sefer.Moshe Rabeinu came from a union that after the Torah was given would have deemed him a mamzer(parents being an aunt & nephew).He could not boast of his lineage.This is one reason that let him be the greatest Anov that ever lived.

We who have to deal with the stuff that's in us that we would rather not have in the first place-this pain and shame over the course of time -makes us realize that even when we b'ezras Hashem pull out of the addictions-we will never look at another Yid that is struggling with this in a negative way

We catch a Yid looking where he shouldn't be looking and our hearts are full of compassion.We will daven for him,treat him with respect,gently try to get him out of it.We would never disgrace him-not even in our hearts-because we were there.We know what it's like.In our eyes he is a potential tzaddik.

This is surely one reason Hashem gave us this urge towards baseness with all it's shades of ugliness.Yes you are special-like every Yid is-but never ever judge harshly My son or daughter that is struggling-because I love him or her - he or she is part of Klall Yisroel.Just as indispensable as you are.

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Re: yechida's reflections

Posted by doingtshuva - 24 Apr 2016 21:49

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Thanks and chag sameach

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Re: yechida's reflections

Posted by yechidah - 10 Jun 2016 18:54

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DVAR TORAH FOR BAMIDBAR & NASSO

Have great Shabbos!!!!

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Re: yechida's reflections

Posted by yechidah - 04 Jul 2016 14:35

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(July 4th observation)

Though this country has deteriorated morally in the last few decades in a dramatic drastic way-  
we still owe hakaras hatov to God & its His desire to appreciate His agents as well.

A country where we can earn a living, where there are many aspects based on kindness, where  
we can keep Shabbos & Yom Tov, where we can learn Torah, where we have a certain degree  
of autonomy -this is a special Gift from God.

We don't place any trust In America at all & our hearts yearn toward Eretz Yisroel always-That  
is our true home-not America-but that doesn't take away the fact that "In God We Trust" is still  
on the American coin & that we have wonderful opportunities here to spread goodness &  
kindness to all those around us.

Its our moral obligation to bring out the best of this this country-NOT to fall prey to the moral  
decay that has hurt this country greatly-but rather to emphasize the good points & to bring them

out as best as we can. To bring & unite the 50 into 1 , from multitude to Oneness-that is our calling as we serve God who created diversity so as to recognize the One.

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Re: yechida's reflections

Posted by doingtshuva - 05 Jul 2016 07:56

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Very nice written.

I would add that we should also be thankful for all the help Israel receives from their good friend America.

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Re: yechida's reflections

Posted by yechidah - 17 Jul 2016 10:09

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mindset of a chosson & kallah-or of someone preparing towards marriage

"I want a marriage more beautiful than my wedding."

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Re: yechida's reflections

Posted by yechidah - 24 Jul 2016 08:43

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quotes on beauty

“It is amazing how complete is the delusion that beauty is goodness.”

“Sometimes people are beautiful.

Not in looks.

Not in what they say.

Just in what they are.”

Just because something is beautiful doesn't mean it's good

“Do I love you because you're beautiful, or are you beautiful because I love you?”

“and when all the wars are over, a butterfly will still be beautiful.”

“Beauty is how you feel inside, and it reflects in your eyes. It is not something physical.”

“There is nothing more beautiful than someone who goes out of their way to make life beautiful for others.”

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Re: yechida's reflections

Posted by doingtshuva - 24 Jul 2016 12:24

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A beautiful post

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Re: yechida's reflections

Posted by Gevura Shebyesod - 24 Jul 2016 12:48

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Re: yechida's reflections

Posted by yechidah - 19 Aug 2016 16:44

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Pnimius Hazivvug-33 (33rd PDF handwritten Hebrew on subject of intimacy-with the hope of eventually typing it & also to do an English language series)

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Re: yechida's reflections

Posted by yechidah - 05 Oct 2016 01:40

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when you consciously felt it or not, the light of Rosh Hashanah entered your soul, giving you a special gift of the potential of being fully aware of your Creator & feeling not just awe but real true joy that He is with you & watching you & protecting you.

Its this spark of Rosh Hashanah that can carry you through the entire year-allowing yourself to experience Hashem as your King (& Father & Best Friend) every single day & every single time you think of Him

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Re: yechida's reflections

Posted by yechidah - 06 Oct 2016 00:47

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one way to replace unhealthy tendencies is to appreciate the basic joys of life & not taking for granted your general health & the thousands of benefits you have-the functioning of your body, having a roof over your head, having enough food to eat & so on...

a gratitude notebook is one great tool-to list 3 things your grateful for each day-& to verbalize it as well

the long term positive effects are enormous

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Re: yechida's reflections

Posted by yechidah - 07 Oct 2016 02:02

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10 minutes prior to going to sleep, review the day.

Thank Hashem for His kindness to you during the course of the day

appreciate the fact that you have a bed to rest & sleep on so as to recharge yourself for the next

day

As you fall asleep-keep in mind Hashem is with you & watching over you & cares for you

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Re: yechida's reflections

Posted by yechidah - 07 Oct 2016 19:08

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(the 10 days of Teshuvah correspond to the 10 commandments-Yom Kippur connected with not to covet or desire what belongs to your friend-we will elaborate on this extremely important point)

Grass is NOT greener on the other side of the fence. People should avoid saying or feeling " If I would have a different life-it would all be so much better"

Of course, you can & should daven & work towards improving your life situation. But as a general rule , the mindset should be to be at harmony with your place, your life, your situation, your neighborhood , your family , your wife's family etc etc

This is a great lesson in life-often difficult to fulfill but extremely essential for our emotional health.

It's admirable to aspire to make a better life for yourself-but at the same time do not aspire for a different life altogether. Because not only is that unrealistic-its also untrue. So much pain is beneath the surface . What looks beautiful in your friend's life may be not so. The other side of the fence that you aspire to may not be green grass at all-but withered brown grass. It's your side of the fence that's plenty green . And even if it isn't at the moment-you can cultivate it right here in your present life

Yom Kippur allows you to do Teshuva & to start anew. Its connect with that last commandment because the essence of teshuva is to return to your own true essence-not to being in the shoes of someone else you may THINK has everything you want when in reality he doesn't. Don't let

your eyes or jealous emotions deceive you. Focus on the God given gifts you were given & use it to your utmost potential

Gmar Chasimah Tovah to all of you

Yechida

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Re: yechida's reflections

Posted by yechidah - 16 Oct 2016 10:05

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Making something of yourself is actually helping Klall Yisroel!!!

That is the ultimate kindness you can accomplish. Of course, this doesn't diminish the importance to actually do real & tangible chessed towards you fellow man. But making yourself a true Ben Torah & working on your own middos -that's the greatest gift you can bestow upon Klall Yisroel!!

This is not a selfish notion-to the contrary-true self improvement will indirectly & often even directly effect Klall Yisroel in a very positive way bring blessing to the world

You have the whole world within you!!! That's why Man is called an "Olam Katan"- a small world. Because your accomplishing in this world by your working on your character changes the world for the better

Every human being get reward & is loved by Hashem for making the world a better place. All the more so a Jew who is a ben-Torah who works on his character-even if he or she doesn't realize it-he or she is making the world a better place bringing great blessing to the world!!



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