

yechida's reflections

Posted by yechidah - 29 Jun 2009 19:47

(any questions , insights & suggestions about this thread,feel free to email me at taryaga@gmail.com)

There are many reasons we need to be where we are and who we are,most are unknown.Why do we even have to be in a situation or have in our soul so much darkness and a pull toward self-destructing negative behaviors?

I saw once an amazing thought in a sefer.Moshe Rabeinu came from a union that after the Torah was given would have deemed him a mamzer(parents being an aunt & nephew).He could not boast of his lineage.This is one reason that let him be the greatest Anov that ever lived.

We who have to deal with the stuff that's in us that we would rather not have in the first place-this pain and shame over the course of time -makes us realize that even when we b'ezras Hashem pull out of the addictions-we will never look at another Yid that is struggling with this in a negative way

We catch a Yid looking where he shouldn't be looking and our hearts are full of compassion.We will daven for him,treat him with respect,gently try to get him out of it.We would never disgrace him-not even in our hearts-because we were there.We know what it's like.In our eyes he is a potential tzaddik.

This is surely one reason Hashem gave us this urge towards baseness with all it's shades of ugliness.Yes you are special-like every Yid is-but never ever judge harshly My son or daughter that is struggling-because I love him or her - he or she is part of Klall Yisroel.Just as indispensable as you are.

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Re: yechida's reflections

Posted by yechidah - 04 Jan 2015 05:42

Gut Voch My Friends (Dvar Torah-Shemos)

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Re: yechida's reflections

Posted by yechidah - 12 Jan 2015 19:02

Gut Voch my friends!!! (Dvar Torah Voerah)

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Re: yechida's reflections

Posted by yechidah - 21 Jan 2015 04:18

Dvar Torah-Bo

Hatzlachah!!!

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Re: yechida's reflections

Posted by yechidah - 29 Jan 2015 19:01

Good Shabbos Friends !!

2 Divrei Torah-Beshalach

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Re: yechida's reflections

Posted by yechidah - 01 Feb 2015 05:23

Gut Voch Friends (Torah -yisro)

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Re: yechida's reflections

Posted by yechidah - 08 Feb 2015 21:46

from page 3

For both married & single people

very often, beautiful things are born in your life when initially it was looked upon as a big disappointment.

a great painter was painting his masterpiece.Even half way done it was absolutely breathtaking,no one had ever seen such beauty in a painting ever before.

suddenly while painting something happens that never happened before.A severe spasm shoots through his painting hand leaving on the wonderful canvas a long dark black stroke,an absolute devastation

A smaller painter would have cried,raged at his stupidity,and smashed the canvas against the wall-shattering it forever.

But this painter is great.He is not to let a black dark streak break him.He has Plan B.He adjusts his original formula,and he says I will make this canvas so beautiful,so breathtaking,that not only will the black streak not ruin it,it will enhance it.It will become part of and integral to the greatness and awesomeness of this Masterpiece that looking back wasn't Plan B but Plan A all along

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Re: yechida's reflections

Posted by yechidah - 11 Feb 2015 15:59

Good Shabbos Friends!!! (Torah-36 (Mishpatim))

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Re: yechida's reflections

Posted by yechidah - 13 Feb 2015 18:38

28 New Poems - have a great Shabbos!!!

1

God

My Therapist

Sessions are Free

Available 24/7

Confidential, Trustworthy

Understands me

Beyond

My own (very limited)

Self knowledge

True Kindness

Underlying everything

In His Interaction

With me

I pray to Him

Seeking/yearning

His Gentle Guidance

2

Prism

What vast manifestation

Of myriad joys!!!

3

(Active Serenity)

Above Dark Clouds

Sun shines brightly

Even as walking

On this Earth

Wind & rainstorms about

Serene sould

Feel the sunshine

Above the dark Clouds

It is great comfort

Truly serene people

Give to many

Turbulent souls

Serenity

Combines with positive action

Bringing light

Into

The places of darkness

Sunlight

Piercing the clouds

Turning dark turmoil

Into beautiful scenery

Of God's wonderful world

Joseph

Didn't just survive

In the dark storm

Of Egypt

He thrived!!

Bring life & vitality

To a dark place

Paving the way for us

To do the same

Within our own Egypt

Until the day

Of our

Personal & national

Exodus

4

I rejoice

In recognizing

My spiritual lack

His gift to me

Saving me

By his showing me

My deficiencies

So as to improve

For this alone

I rejoice!!!

5

Master “Programmer”

Can be seen

In His

Apple seed

6

My Body

On loan

From God

7

Living in the present

Connecting with God

Here & now

8

Exile

A symbol of fragmentation

Yearning for Oneness

Connecting together

All parts

Of One life

9

Sleep

Miracle of renewal

Healing the cracks

Of a tired soul

10

(Lightning Lesson)

There

Is a

Supreme Design

Within

“chaos”

Hiding of

His Face

Us being behind

The veil

Is difficult

Healing begins

When

Recalling experience

Of the piercing of the veil

-even for a brief moment

Of the light that pierced

The cloak of darkness

As a severe

Dark storm

On a black night

Suddenly

A lightning bolt

Clear as a sunny day

Only to close back

Into darkness again

We save that precious

Bright image

In our heart

Knowing that it will guide us

Until the sun

Finally spreads over

The horizon

11

I never had a girlfriend

Was told

Its nonsense

I know the tangled knots

That

Boy/girl friendships

Can create

Nevertheless

With certainly I say

Its not nonsense

Misused in our day perhaps

But not nonsense

True

On a practical level

It's a very rare instance

That such relationships

Are truly healthy

But there is indeed

A truth

Of a friendship

Softened by

The feminine aspect

Of nurturing gentleness

Of healing & trust

Even in a marriage of soul mates

This friendship needs to be

A crucial aspect

Of this connection

In order to survive & flourish

Without which

The marriage will wither

12

Infinite wisdom

On Earth

If only we would see

What lesson for me

Was meant to be

From every aspect

Of God's world

Entrusted to us

13

Thank you

For cold milk

Fridge

God's food storage

For our benefit

14

Inner spark

Caged within walls

Of darkness

We do not value it

We imprison it

Redeem the spark

Free it from

Its prison

So it can shine forth

Spark itself

Dark

Unwilling to reveal its light

Until she feels valued

By the effort

To redeem her

For only by feeling

Loved & valued

Will it shine

15

True Wisdom

Is Beauty

-accepting

The Kingdom of God-

That's beauty

As God expresses

To us

Infinite Kindness

Giving us the opportunity

To emulate Him

16

External Beauty

Not reflecting

Inner soul's beauty

Is

False

Deceptive salesman

Model of emptiness

A truly beautiful woman

Will

Externally

Make herself

When she is shaping & molding

Her inner beauty

All beauty

Is a loan from God

To express it

To His pleasure

For the landscaper, painter, author

Designer

All capacities

Beauty is

A gift

To use (& possess)

wisely

17

(Humble gifts)

Small meal

To the King

In exile

More precious

Than delicacies

In palace

18

We improve

Our inner selves

Flaws in others

Not relevant

To our essence

Of self correction

19

Making an effort

When not feeling well

Either physically, emotionally

Or spiritually

Not to focus on that feeling

Focus on giving pleasure

To my Creator

20

Even menial tasks

In shorts spurts of time

Can bring my King pleasure

Knowing

Im serving God

During that time

In my own small way

21

Migraine

Pounding

What a relief

When

Its

Not there

22

“Do not let what you cannot do

Interfere with what you can do”

(John Wooden)

For this pearl alone

Im glad you were here

On Earth

23

Gentle kind sister

I missed your presence

In my life

Perhaps God hid you

From me

So that I would

Appreciate you

Infinitely more

24

Brain Power

Only worthwhile

When utilized

In a practical way

Making yourself better

Enriching humanity

As a Whole

25

Respect

The differences

In human beings

Free will

Can be used

Constructively or destructively

With every quality

Every capability

Every form

Of intelligence & emotion

We respect that spark of goodness

That can spread in the world

When chosen wisely

26 (Feb)

Healer

Of body & soul

Embrace the broken

Making it whole

27

Compassion

In its truest sense

Is to embrace

The inner good within

In some cases

cruelty is compassion

when isolating the cruelty

upon the truly evil

saving innocent victims

from potential

harm

28

Struggles of Humanity

Precious

Over the pure angels in heaven

Who never tasted sin or despair

God loves us

& our work

In the trenches

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Re: yechida's reflections

Posted by yechidah - 16 Feb 2015 14:57

Gut Voch Friends !! (Torah-37-Terumah)

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Re: yechida's reflections

Posted by yechidah - 23 Feb 2015 15:34

Gut Voch Friends!! (Torah-38-Tezaveh)

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Re: yechida's reflections

Posted by yechidah - 01 Mar 2015 17:55

Gut Voch & Freilicher Purim!!!

(Torah-attached)

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Re: yechida's reflections

Posted by yechidah - 06 Mar 2015 16:28

Additional 17 Poems

have a great Shabbos!!!

1

What a privilege

to walk

on

God's streets

2

With diligent study

We can finally

“catch on”

To the idea

That God

Is Truly Kind

3

Waves

Crashing unto

Land's surface

Never giving up

4

Is there

A way

To remove honey

Without the sting?

Most often in life

Honey & sting received together

Yet

With certain wisdom

In handling the bee

We can receive

Stingless honey

5

Light of Moon

In dark sky

Is the sun

Telling us in code

I am not dead

I will come up again

6

Sometimes

Our lacking

Something vital

Is God's gift to us

Teaching us

To have compassion

Within us

Never to lose it

7

Till the soil

So crops may grow

Refuel the body

So that the soul

May show

8

May inner joy

Always be there

Within our hearts

Externalities

Not affecting it

Adversely

9

Peace of mind

Gift

That opens

All gifts

10

Human Beings

Such complex machines

Where is the manual?

Is it buried deep within?

I pray to God

To reveal to me

The manual

Of my life

On this world

Blueprint of Life

Torah

We need special help

To understand the Blueprint

The way it is meant to be understood

11

Help me God

To be

humble & simple

as You guide me

Through

The complexities

Of life

Guide my heart

To your Oneness

Channeling

All parts of Life

To the One

Whether weekday

Or Shabbos

At home & work

Or at shul

Through all seasons of life

Help me please thrive

In the presence

Of your Oneness

12

Family I was born into

Family I married into

Family within our home

Every Family

With its History

Complex connections

(or disconnections)

Within each one

13

Learn from mistakes

They are made

To teach me

Not haunt me

14

Rest the body

To

Rejuvenate

The soul

15

Very little point

Running after money

Without praying

To the One

To Whom all money

Is His

Very little point

Seeking true wisdom

Without praying

To the One

To Whom all wisdom

Is His

16

.We alone

Are the cause

Separating ourselves

By creating the veil

Denying us

Light & good

That God designed

For us

17

Muzzle/reins

To an ox

External to it

While in humans

The ability to muzzle

& rein in our unhealthy impulses

Is intrinsic

Deep within

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Re: yechida's reflections

Posted by yechidah - 08 Mar 2015 16:49

Gut Voch!!! (Torah-Vayakeil-Pekudai)

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Re: yechida's reflections

Posted by yechidah - 12 Mar 2015 22:31

Additional 10 Poems -have a great Shabbos!!

1

Remembering

An overlooked friend

Warm socks

On a cold snowy day

2

(Tasteless Joke)

I told my wife

“I am giving you something

To show

That you are worth more than 2 cents”

I then handed her

A 2 dollar bill

(Thank God she laughed so I didn’t end up in the dog house)

3

Words

Children of Thought

4

External

\words of teacher

Become

Deep profound thoughts\

Of student

Who hears it

Then

The student

Asks & probes

Teacher receives the student's challenge

Creating

Even deeper concepts

Within the teacher

4

"Nature"

A miracle in constant motion

5

(written on my anniversary)

Often

Familiarity

Of those close to us

Creates

Greatest distance

Delicate balance-

Respect

Within

Intimate closeness

There is complacency

Within relationships

Of greater time-spans

When refreshing connection

& vitality

Requires more work

Yet within this work

There is great vigor & excitement

As old wellsprings

Bring forth life-giving

Fresh water

From its depths

To quench the thirst

Of a meaningful connection

Pray to God

To renew us

Every day

So as to see “old” gifts

As if we just received it

Today

6

(Purim)

Rain/Snow

Symbol of God’s Gift

On this special day

Rain

Life given

To the fruits of the earth

Ready to emerge

White snow

Healing the deathly

Fake-white leprosy

Removing evil speech

Erasing darkness

From our hearts

We are all

Royalty

Today

We all have Esther'

In every

Daughter of Israel

In every

Wife & mother

She is royalty

The Queen

Whose eternal words

(& her silences as well)

Were gifted to us today

We are Mordechai

Never will we bow down

To evil

The gallows

Our enemies prepared for us

Will be used

To hang these very enemies

Who prepared it!!!

7

In growing & developing ourselves

It may feel

As if we are

Going in circles

It's ok

We are ascending

A spiral staircase

8

(Hemingway vs Faulkner)

Hemingway

Simple surface words

Beautifully & economically crafted

99% of the “iceberg”

Beneath the water

Hidden there

Beneath the words

Faulker

Complex deep words

Beautifully written

As a painting of the highest order

99% of the “iceberg”

What is beneath the water

Is described beautifully

While the 1% tip of the iceberg

The simple but brilliant concept

Is hidden

Beneath the words

Each degraded

The other's writing style

Not appreciating the importance

& the beauty

Of conveying

Opposite ends

of the same human condition

9

In winter

We respect

Roots

That sends

Its influence

In the spring!!!

10

(Good deeds)

No matter how you feel

Do it anyway!!!!

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