

yechida's reflections

Posted by yechidah - 29 Jun 2009 19:47

(any questions , insights & suggestions about this thread,feel free to email me at taryaga@gmail.com)

There are many reasons we need to be where we are and who we are,most are unknown.Why do we even have to be in a situation or have in our soul so much darkness and a pull toward self-destructing negative behaviors?

I saw once an amazing thought in a sefer.Moshe Rabeinu came from a union that after the Torah was given would have deemed him a mamzer(parents being an aunt & nephew).He could not boast of his lineage.This is one reason that let him be the greatest Anov that ever lived.

We who have to deal with the stuff that's in us that we would rather not have in the first place-this pain and shame over the course of time -makes us realize that even when we b'ezras Hashem pull out of the addictions-we will never look at another Yid that is struggling with this in a negative way

We catch a Yid looking where he shouldn't be looking and our hearts are full of compassion.We will daven for him,treat him with respect,gently try to get him out of it.We would never disgrace him-not even in our hearts-because we were there.We know what it's like.In our eyes he is a potential tzaddik.

This is surely one reason Hashem gave us this urge towards baseness with all it's shades of ugliness.Yes you are special-like every Yid is-but never ever judge harshly My son or daughter that is struggling-because I love him or her - he or she is part of Klall Yisroel.Just as indispensable as you are.

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Re: yechida's reflections

Posted by yechidah - 23 Jul 2012 12:40

Shiur in Chofetz Chaim

Ingrained sensitivity

For even when not fully grasping

Each law & its application

Over time you will

Until then

The heart grows purer

The mind gains understanding

Refined speech practiced & learned

Being more careful

Not to hurt with words

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Re: yechida's reflections

Posted by yechidah - 24 Jul 2012 12:52

It's a quiet night

Still, Serene, Calming

Reflection of a Soul

Turning inward

After a busy day

Collecting oneself

Serenity

As the gift of peaceful sleep arrives

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Re: yechida's reflections

Posted by yechidah - 25 Jul 2012 12:31

In the order of Creation
Man is the “Mashpia”-giving
Woman is the “Mekabel”
Receiving the flow of love
From her husband

A husband should enjoy intimacy
With his wife, his soulmate

However
When physical gratification
Becomes the primary goal
He is twisting around
The Divine Order of Creation
Man becomes “Receiver”
Reversing the Shefa of Berachah
By which Hashem bestows His blessing
On the world, and upon this particular union

You can enjoy intimacy and yet be a “Giver”

Just as one’s drink wine & eat meat
In honor of the Shabbos

Just as Yitchok requested delicacies
To fill his soul
With the joy and shefah
That blessed Yaakov eternally

Just as the Navi Elisha
Yearned for pleasant joyful music
To reach the state of prophecy

So too, the physical pleasure of intimacy
Hugging one’s wife, kissing her
Becoming One with her
Can be a source of pleasure
Of a very “giving unselfish” kind
When the mind & heart is focused on giving
So as even when receiving pleasure
It’s the acceptance of a gift with humble gratitude and love

Intimacy becomes a giving force
Shefah flows with abundant blessing
Oneness experienced
Harmony of body & soul

Just as Hashem designed it to be
Creating a Oneness Below
That represents Oneness Above

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Re: yechida's reflections
Posted by ZemirosShabbos - 25 Jul 2012 19:16

thank you yechida,

t'is good to see your posts again

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Re: yechida's reflections
Posted by yechidah - 26 Jul 2012 12:23

Thank you Zemmy

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Re: yechida's reflections
Posted by yechidah - 26 Jul 2012 12:25

Introvert

Can still influence other

In his or her quiet way

Subtle, refined

Though unnoticed

The seed is planted ,then nurtured

A powerful reality

In a seemingly unassuming life

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Re: yechida's reflections

Posted by yechidah - 27 Jul 2012 12:16

Dime is smaller than a nickel

Yet twice its worth

To teach us

When "In God We Trust"

Being small

Has more intrinsic value

Than those who make themselves big

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Re: yechida's reflections

Posted by yechidah - 30 Jul 2012 12:46

The gift of life

Is to live it

With the awareness

& gratitude

Of the One

Who gives this to us

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Re: yechida's reflections

Posted by yechidah - 31 Jul 2012 17:08

Human Relationships

As strong as they may seem

Are very fragile

Certainly this is the case

With the husband/wife connection

As deep as it may sometimes feel

Like a precious crystal vase

Its elegance easily shattered

We need God's help

To give us His overflowing blessing

In giving us the ability

To build true love & trust

In any marriage or deep relationship

It's not an automatic given

As much as souls are deeply connect

Even when in essence One

We need God's active participation

To maintain the health

Of our human relationships

Humbly recognizing

That we cannot forge these delicate bonds

On our own

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Re: yechida's reflections

Posted by Dov - 01 Aug 2012 03:32

Beautiful, thanks. I need to try to give and really cultivate the precious relationships He has given me. Instead, I try to spread out and 'make' more and more new relationships...

Your message was what I need today, thank you.

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Re: yechida's reflections

Posted by yechidah - 01 Aug 2012 13:13

Thanx Dov

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Re: yechida's reflections

Posted by yechidah - 01 Aug 2012 13:27

Be not afraid

To talk to Him

About your inner pain

Of your heart

For He knows it

He listens

As you express yourself to Him

Gives you healing

Builds you up from within

Giving you strength

To bring out the great potential

Deep within you

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Re: yechida's reflections

Posted by yechidah - 03 Aug 2012 16:40

The inner reason

Why one must violate Shabbos laws

To save a Yid's life

Is because the essence of a Yid

Is Shabbos

And the death of a Yid

Is a devastating Chillul Shabbos

To save this Yid

Is to save the essence of Shabbos

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Re: yechida's reflections

Posted by yechidah - 06 Aug 2012 12:59

The Torah's ways are pleasant

If the soul feels stifled, imprisoned

Where anger & tension exists

Know that it's not the Torah way

So don't make the grave mistake

Of rejecting Torah

Because of men and women

Who twist and distort the truly pleasant way

Appearances are deceiving

You can technically observe halachah

And yet be far far from the Torah way

So don't reject Torah

Because of such people

For Torah is inherently pleasant

We owe it to ourselves

To search and discover

Torah's true pleasantness

That heals and brings

True joy

To yourself and the world around you

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