GYE - Guard Your Eyes

Generated: 25 August, 2025, 15:15

yechida's reflections Posted by yechidah - 29 Jun 2009 19:47

(any questions, insights & suggestions about this thread, feel free to email me at taryaga@gmail.com)

There are many reasons we need to be where we are and who we are,most are unknown. Why do we even have to be in a situation or have in our soul so much darkness and a pull toward self-destructing negative behaviors?

I saw once an amazing thought in a sefer. Moshe Rabeinu came from a union that after the Torah was given would have deemed him a mamzer (parents being an aunt & nephew). He could not boast of his lineage. This is one reason that let him be the greatest Anov that ever lived.

We who have to deal with the stuff that's in us that we would rather not have in the first placethis pain and shame over the course of time -makes us realize that even when we b'ezras Hashem pull out of the addictions-we will never look at another Yid that is struggling with this in a negative way

We catch a Yid looking where he shouldn't be looking and our hearts are full of compassion. We will daven for him, treat him with respect, gently try to get him out of it. We would never disgrace him-not even in our hearts-because we were there. We know what it's like. In our eyes he is a potential tzaddik.

This is surely one reason Hashem gave us this urge towards baseness with all it's shades of ugliness. Yes you are special-like every Yid is-but never ever judge harshly My son or daughter that is struggling-because I love him or her - he or she is part of Klall Yisroel. Just as indispensible as you are.

====

Re: yechida's reflections

Posted by yechidah - 16 Sep 2011 13:42

GYE - Guard Your Eyes

Generated: 25 August, 2025, 15:15 "Think good and it will be good" We very much underestimate The power Of positive thought Such power in positive thoughts All the more so In positive speech, In positive action Such as writing down Positive thoughts Can do wonders For the good health Of body & soul Re: yechida's reflections Posted by ZemirosShabbos - 16 Sep 2011 17:26 beautiful, thanks! Re: yechida's reflections Posted by yechidah - 16 Sep 2011 22:09

GYE - Guard Your Eyes Generated: 25 August, 2025, 15:15 **Good Shabbos** Re: yechida's reflections Posted by yechidah - 26 Sep 2011 13:19 A Poem I saw this morning.... We need to teach our daughters to distinguish between: A man who flatters her -and a man who compliments her. A man who spends money on her -and a man who invests in her. A man who views her as property -and a man who views her properly. A man who lusts after her -and a man who loves her.

A man who believes he is God's gift to women

-and a man who remembers a woman was God's gift to man

GYE - Guard Your Eyes Generated: 25 August, 2025, 15:15

| and then teach our boys to be that man. |
|---|
| ==== |
| Re: yechida's reflections Posted by yechidah - 27 Sep 2011 20:53 |
| have a K'sivah V'Chasimah Tovah everyone |
| may there be only blessing in your lives, both physically and spiritually. |
| and may Hashem grant us all true inner Simcha do that we can serve our Creator with joy and yishuv hadaas |
| ======================================= |
| Re: yechida's reflections Posted by ZemirosShabbos - 27 Sep 2011 20:56 |
| amen! |
| thank you for bringing us so much wisdom beauty and sound advice |
| a ksiva vechasima tovah and a shnas geula viyeshua |
| ==== |
| Re: yechida's reflections Posted by yechidah - 05 Oct 2011 14:06 |
| Strife in a home |

| Is very distressing |
|-----------------------------|
| Tears the very fabric |
| Of healthy family life |
| |
| Strife can easily |
| Spiral downwards |
| To the point |
| Of being completely |
| Out of control |
| Bursting violently |
| Via the sword |
| Of the vengeful tongue |
| |
| Strife devastates |
| |
| First step |
| Is to pray to God |
| To help remove |
| Strife from our homes |
| And hearts |
| |
| Ask him for advice |
| Requesting help in removing |
| Strife |
| |

GYE - Guard Your Eyes Generated: 25 August, 2025, 15:15

| From our home | |
|--|--|
| From our hearts | |
| ======================================= | |
| Re: yechida's reflections Posted by yechidah - 06 Oct 2011 12:40 | |
| Learning Torah | |
| Every day | |
| Every night | |
| Is the vessel | |
| That draws the | |
| Both physical & spiritual blessing | |
| Into one's life | |
| | |
| The sooner you fashion and form | |
| This vessel | |
| Of consistent Torah study, | |
| The earlier | |
| These abundant gifts | |
| Will come to you | |
| | |
| The larger you make | |
| The vessel | |
| Quantitatively and Qualitatively | |

GYE - Guard Your Eyes Generated: 25 August, 2025, 15:15

| So will increase | |
|---|---|
| The inflow of acceptance | |
| To the healing and joyful blessing | |
| From above | |
| ======================================= | ======================================= |
| Re: yechida's reflections Posted by yechidah - 10 Oct 2011 12:41 | _ |
| Faith, | |
| Trust in God | |
| Is not a matter | |
| Of the intellect | |
| It's not an abstract idea | |
| Faith infuses our daily | |
| Our innermost being | |
| Every single day | |
| God creating and running this world | |
| Is not just an interesting | |
| Piece of information | |
| It's related to you | |

GYE - Guard Your Eyes

Generated: 25 August, 2025, 15:15 Personally Directly Trust in God Prevents a killer From entering your life That murderer has a name It's called "Worry" Trust in God Also brings into your life A trusted friend It's name is "Simcha" True inner Joy Re: yechida's reflections Posted by ZemirosShabbos - 10 Oct 2011 21:22 beautiful!

Re: yechida's reflections

A private abode

Of happiness and contentment

| GYE - Guard Your Eyes Generated: 25 August, 2025, 15:15 |
|---|
| Posted by yechidah - 11 Oct 2011 12:26 |
| Focusing on externals |
| Viewing primarily |
| The seen landscape |
| Tends to overshadow |
| The inherent beautiful structure |
| Of one's abode |
| Creating the ultimate slow deterioration |
| That will occur |
| To the hyper focused "external" home |
| Over the course of time |
| |
| Home not meant as a display |
| For others who walk by it |
| Or who have a tour within it |
| To admire and perhaps envy |
| Its external beauty |
| |
| It's for the true person |
| Who creates their home |
| As a sacred place |

9 / 13

| So as one designs his home |
|--|
| His primary focus |
| Is on internal real beauty |
| Unique to his own calling |
| A true expression |
| To the home deep within his soul |
| |
| This home is created |
| Enhanced, beautified |
| By the revelation |
| Of the pure essence |
| Within his private domain |
| Infusing it |
| With an internal beauty |
| That no architect can design |
| No contractor can build |
| For their work |
| As impressive as it may seem |
| Are mere externals |
| An empty shell |
| |
| Until the one who lives within those walls |
| Brings forth his inner light |
| Into a home |

| That can only be called his own | |
|--|--|
| ======================================= | |
| Re: yechida's reflections Posted by Serene smile - 11 Oct 2011 15:28 | |
| :-) really nice | |
| ==== | |
| Re: yechida's reflections Posted by yechidah - 12 Oct 2011 12:22 | |
| Physical distance | |
| Does not separate | |
| A soul connection | |
| Deep within | |
| The soul connect | |
| With all of her soul-root | |
| No matter where | |
| The physical bodies reside | |
| And yet there is great power | |
| In the physical union | |
| Of connecting souls | |

| This is the specialness |
|--|
| Of a minyan of Jews |
| Praying together |
| Or working together |
| In charity and kindness |
| |
| Husband and wife |
| Have a powerful soul connection |
| That transcends time and space |
| So that even when physically apart |
| The intrinsic union exists |
| On the most deepest level |
| |
| |
| And yet |
| And yet This union's intensity and power |
| |
| This union's intensity and power |
| This union's intensity and power Its bond and its love |
| This union's intensity and power Its bond and its love Is very deeply felt |
| This union's intensity and power Its bond and its love Is very deeply felt By the actual physical closeness |
| This union's intensity and power Its bond and its love Is very deeply felt By the actual physical closeness And more often than not |
| This union's intensity and power Its bond and its love Is very deeply felt By the actual physical closeness And more often than not It's that physical intimacy |
| This union's intensity and power Its bond and its love Is very deeply felt By the actual physical closeness And more often than not It's that physical intimacy That is needed |
| This union's intensity and power Its bond and its love Is very deeply felt By the actual physical closeness And more often than not It's that physical intimacy That is needed To open up |

GYE - Guard Your Eyes Generated: 25 August, 2025, 15:15 Re: yechida's reflections Posted by Dov - 12 Oct 2011 16:24 Not to be a nezem chazir be'af zahav, but I must say here that as truly as I feel your words and as deeply as my heart jumps to live them always and forever....I am still mesugal to try and jump right into the lowest porn and sexual acting out just to get the poorest, most pathetic substitute for the real thing.

And I have done it thousands of times.

I love what you wrote here, though, and try to remember to talk about your words at the table tonight iy"H. I will be surrounded by normal people then, so it will be very apropos.

====