

yechida's reflections

Posted by yechidah - 29 Jun 2009 19:47

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(any questions , insights & suggestions about this thread,feel free to email me at [taryaga@gmail.com](mailto:taryaga@gmail.com))

There are many reasons we need to be where we are and who we are,most are unknown.Why do we even have to be in a situation or have in our soul so much darkness and a pull toward self-destructing negative behaviors?

I saw once an amazing thought in a sefer.Moshe Rabeinu came from a union that after the Torah was given would have deemed him a mamzer(parents being an aunt & nephew).He could not boast of his lineage.This is one reason that let him be the greatest Anov that ever lived.

We who have to deal with the stuff that's in us that we would rather not have in the first place-this pain and shame over the course of time -makes us realize that even when we b'ezras Hashem pull out of the addictions-we will never look at another Yid that is struggling with this in a negative way

We catch a Yid looking where he shouldn't be looking and our hearts are full of compassion.We will daven for him,treat him with respect,gently try to get him out of it.We would never disgrace him-not even in our hearts-because we were there.We know what it's like.In our eyes he is a potential tzaddik.

This is surely one reason Hashem gave us this urge towards baseness with all it's shades of ugliness.Yes you are special-like every Yid is-but never ever judge harshly My son or daughter that is struggling-because I love him or her - he or she is part of Klall Yisroel.Just as indispensable as you are.

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Re: yechida's reflections

Posted by yechidah - 18 Aug 2011 15:12

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“Beautiful” eyes

Manifested and accentuated

By the beautiful soul

Seeing through them

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Re: yechida's reflections

Posted by yechidah - 19 Aug 2011 16:49

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Waiting in traffic

Is a test

No question about it

As tension builds

One tries to calm himself

With pleasant thoughts

Even if not so successful

Very stressed out

It's still a big achievement

To pull through

Not lashing out in frustration

And fighting ones way

To regain inner calmness

As soon a possible

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Re: yechida's reflections

Posted by ZemirosShabbos - 19 Aug 2011 17:01

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methinks that if all drivers would keep a printout of this thread in their cars to read while waiting

have a great shabbos Yechida

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Re: yechida's reflections

Posted by Dov - 19 Aug 2011 19:29

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in traffic jams, road rage would be extinct.  
It also helps for me to get past an entire day of driving in NY without using any of my fingers  
improperly.....vhameyvin yovin...

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Re: yechida's reflections

Posted by yechidah - 19 Aug 2011 21:58

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Good Shabbos guys

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Re: yechida's reflections

Posted by yechidah - 22 Aug 2011 12:24

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Just as a person

Must not humiliate

His fellow man

So too

He must learn

Not to humiliate

himself either

Even as a joke

Self-depreciation

though sounds like humility

Is very unhealthy

For just as our souls

Are entrusted to us

So are our bodies

We cannot denigrate

Either one

This is why

Self-Mutilation

Is prohibited

We cannot copy

The lofty practices

Of some of our great men

Who rolled in snow

Or threw themselves

Down a flight of stairs

For the sake of repentance

Or reaching a higher spiritual plane

Great men

Have tasks

Beyond our calling

We cannot do this

Though Chazal

Say

There is no degradation

Of stripping a carcass of its skin

Nor was there any disgrace

In Yaakov's suffering through

Cold or rain

Or sun or heat

To earn a living

But we still need to know

That overall self-generated suffering

Is not approved of by Hashem

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Re: yechida's reflections

Posted by ben durdayah - 22 Aug 2011 13:19

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Thanks for that wonderful reflection.

You are so eloquent -yet even an idiot like me can understand what you're trying to say.

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Re: yechida's reflections

Posted by yechidah - 23 Aug 2011 12:31

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Thank you ben durdaya

In a marriage this is true as well

Savlanus is a precious quality

But even "Savlanus

Can be had

Without compromising

Ones inner dignity

This is an art

Husbands and wives

Need to cultivate

To give in

Allowing oneself

To be humble in the presence

Of the other

But not at the price

Of losing dignity

And self respect

The proper dosage

Of humble self-sacrifice

And being a dignifies Ben/Bas Yisroel

Requires thought , planning

And a lot of prayer

To the only One

That can help us with this.

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Re: yechida's reflections

Posted by yechidah - 24 Aug 2011 13:18

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Removal of Worry

Begins with the knowledge

That very little

Is in the power

Of Man's Free Will

In the realm of Torah & Mitzvos

Striving for the fear of heaven

That is where the gift

Of Free Will

Is to take place

Results are not ours

Therefore

Worry of results

Is not ours either

God is our shepherd

Therefore

I lack nothing

This does not mean

That we sit still

And be complacent

And allow life's challenges

To shower upon us

What it does mean

Is that we can learn

To focus our energy

On what we can do

Prayer, talking to God,

Doing Hishtadlus for what is required

Stripped of the worry

That is often tied with effort

Enforcing One's mind

With inner strength

That God rules the world

And each of us individually

So that it is safe

To let go

And remove worry

From our hearts

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Re: yechida's reflections

Posted by yechidah - 25 Aug 2011 12:44

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Though its true

That Torah misused

Can be poison

As a Talmid Chochom

Who lacks basic human decency

Can generate

The gravest Chillul Hashem

Nevertheless

Any Yid

No matter how low he has sunk

Should immerse himself in

The Holy Torah

And not feel at all

That he is a phony

For the inner essence of a Yid

Is to do the will

Of the Creator

Subtly

The words of Torah

Creates a light in the soul

The seed that will sprout forth

Later in time

There is a Yid

Who has committed to learn

With another Yid

Who was married to a non-Jew

One asks

That highly inappropriate

The learning of Torah

With another

Who violates

This very Torah

That he is learning

Yet, since he is a Yid

Despite his transgressions

The light of the Torah

Will have an effect on him

However subtle

It will definitely bear fruit

This is the light

That will ultimately

Draw the soul

Close to Him

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Re: yechida's reflections

Posted by Dov - 30 Aug 2011 21:51

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Omein.

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Re: yechida's reflections

Posted by yechidah - 02 Sep 2011 17:21

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Long life

Is not just

A large quantity

Of time

It's the quality of it

Living life to the fullest

Every single moment

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Re: yechida's reflections

Posted by yechidah - 02 Sep 2011 17:21

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We are all spiritual farmers

Toiling and working the soil

Of our souls

To bring forth beautiful and plentiful produce

Not just for ourselves

But for many others-even those at great distances-

To enjoy

And receive from the blessings

That God has allowed us

To produce

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Re: yechida's reflections

Posted by helpfyi - 02 Sep 2011 17:34

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thanks as always great words of wisdom!

good shabbos

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