

Same Story as "Sporadic failures"

Posted by watsitcalled - 04 Nov 2008 23:17

pretty much same story as "Sporadic failures", at the same stage. i have a problem though that im not using my comp and i cant install a filter without allerting someone i wouldnt want to allert. anyway i dont really understand the 12 steps, most of them seem the same.

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Re: Same Story as "Sporadic failures"

Posted by the.guard - 05 Nov 2008 10:40

Dear watsitcalled,

The 12 steps are about connecting with Hashem on a new level. Please read yesterday's chizuk e-mail on [this page](#). Scroll down to #319.

You know, you shouldn't think of this struggle as a "problem" that you "unfortunately" have to deal with. It was given to you by Hashem so you can GROW! This is your opportunity to come close to Hashem, that is why he gave you this struggle. He is calling you, he wants YOU. And this is one of the reasons you came down to this world. Hashem wants you to use this struggle with sincerity, as a "spring board" to come closer to Him. He has given you the "spring board", all you have to do is JUMP on it. And if you fall, G-d forbid, you just gather momentum for a higher jump next time.

Now to address the practical side.

If the computer you are using is your parent's, don't be afraid to ask them to put in a filter. They will respect you for it. See [this page](#) of our FAQ.

Please join our chizuk list, get yourself a partner, read the tips on the site and keep posting on this forum for some great group support, which is a vital ingredient in breaking free. I would also encourage you to join the anonymous phone conference that meets on the phone once a week. For the importance of a partner, [see here](#). To get a partner, we can help match you up.

Download [this questionnaire](#) in "Word" format, fill it out and [e-mail it to us](#) to help us find you the most appropriate partner for your situation.

There is no such thing as giving up. Please work hard on stopping now, before this becomes a full blown addiction. You don't want to go down that path. It just spirals downward into more and more pain until the person's life becomes unmanageable. We have ways to help **anyone** break free, no matter how far they have fallen. But we don't use a tank to fight sticks and stones, therefore I suggest you start with the tools that this site has to offer, and with determination and by accepting that ONLY HASHEM CAN HELP YOU, you will succeed.

The tools on our network include:

- The "Daily Chizuk List",
- The "Jewish Healing Group",
- A live hotline,
- Hundreds of tips; tips of our own, from therapists, from other sites and from fellow strugglers
- An active and thriving forum – perhaps our most powerful tool (group support)
- Sign up for a partner / Sponsor
- Many stories of recovery,
- An elaborate FAQ page,
- Over 20 filter options, and everything you could want to know about filters,
- Important links,
- A section on the 12 steps,
- A "Kosher Isle" to help people find entertaining and more productive things to do with their time.

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Re: Same Story as "Sporadic failures"
Posted by kookooreekoo - 06 Nov 2008 17:11

Hi All,

It appears to me that you may be a sexaholic (sex addicts) like me, and will never get cured. This is a mental illness and it only gets worse. The only option for me is to "work the twelve steps" and today B"H I am sober now for about 1000 days.

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Re: Same Story as "Sporadic failures"

Posted by Chasdei Avos - 06 Nov 2008 20:42

Kookooreekoo:

WOW Congradulations and keep up the good work.

Chasdei Avos

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