

struggle continues

Posted by StrugglingGuy - 16 May 2010 14:39

from a high to a low-

So after a shabbos where I made harchakos from mstrbtion and erotic lit as well as davened what i felt were good tefillos, i fell twice in a short span; once last night and once this morning. Right after the falls, i felt that since the urge and the yh were so immensely powerful, i felt powerless and concluded there is nothing i could have done this time other than ms**bt... I didnt have remorse basically; I chalked it up to the YH.

the yezter hara seems to have so much patience that even if i go a week clean (which is what i had) the urge can come at any moment...

help appreciated...thanks guys.

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Re: struggle continues

Posted by Dov - 17 Aug 2011 16:35

[Eye.nonymous wrote on 15 Aug 2011 06:40:](#)

[StrugglingGuy wrote on 15 Aug 2011 05:34:](#)

im still mstrbtng somewhat but not ejac....ing

Sort of like doing drugs but not inhaling.

Hey, SG, I don't like living that way, but if it is working for you, then why quit it? Seriously.

If and when it stops, youv'e got lots of other recovering buddies here and elsewhere to share their experience with you and help you out!

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Re: struggle continues

Posted by StrugglingGuy - 17 Aug 2011 20:05

some days i dont mstrbt

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Re: struggle continues

Posted by Dov - 17 Aug 2011 23:11

...and you are not alone.

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Re: struggle continues

Posted by StrugglingGuy - 25 Aug 2011 16:36

wedding is monday night IYH.

Yes there have been struggles and breaches between us throughout our dating and engagement. we are two frum people attracted to each other, wanting to make each other happy and comforted when stressed out and human beings with yitzrei hara (lusts) [for me]. If it matters- because we say iot is not all or nothing- it is not like we falter all the time- when i was in camp for example, BH things were pretty good, minus one slip.

for me personally- im still touching myself etc. but havent ejacted it a few weeks, my longest in a while.

PLease be mevarech my kalla and I to have a life filled iwth health, happiess, and a life of avodas Hashem.

Thank you all for your help this past couple years.

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Re: struggle continues

Posted by Gevura Shebyesod - 25 Aug 2011 16:44

MAZEL TOV!!!!

May you be zoche to build a true bayis neeman beyisrael, filled with kedusha, shalom and lots of happiness!

Gevura!

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Re: struggle continues

Posted by ZemirosShabbos - 25 Aug 2011 16:48

Beautiful!

Beshaah tova!

wishing you the best, happiness health and contentment always

ZS

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Re: struggle continues

Posted by Chasdei Avos - 25 Aug 2011 18:34

MAZEL TOV MAZEL TOV

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Re: struggle continues

Posted by StrugglingGuy - 26 Aug 2011 03:41

thnk u everyone

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Re: struggle continues

Posted by StrugglingGuy - 26 Aug 2011 15:30

ejacd last night. maybe i shouldnt have been so cocky when i posted that i was clean for 3 weeks.

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Re: struggle continues

Posted by Dov - 28 Aug 2011 04:25

You know best, chabibi. Take it easy, and remember that you learned something from that. The lesson of not being so cocky sounds obvious, but it is a painful one for all of us. il still be here

My un-cocky suggestion for you at this point is that you consider davening for other people, mainly. Especially at a time like this, if you liberate yourself from the typical intense and hyper-focused self-absorption we tend to have, you will feel a lot better and Hashem will be with you. If

you just "try your best and fight the lust and daven to stay clean, etc.,"you will probably be disappointed.

When you need hel the most, when things are coming down to 'the wire' - is the one time when it is most imperative to throw yourself onto Hashem by focusing on being helpful to others - both physically (doing people favors) and spiritually (davening for them and being concerned about others).

It may sound crazy (if it doesn't, there is probably something wrong with you!), but it will help your marriage start off on the right foot. And that is what you really want and one of the main reasons that you are here, no?

Mazel Tov, sweet SG!! You are geshmak - your kallah is not the only one in the world who sees that!!!

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Re: struggle continues

Posted by StrugglingGuy - 01 Sep 2011 20:48

thx dov

it is interesting - ejctng in a MUTAR fashion. still felt a little dirty but that was because of all the times

s** is not what hollywood makes it seem like. even if you think you know what you are doing you do not at first . it allows us to communicate with each other.

more to follow..

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Re: struggle continues

Posted by Eye.nonymous - 04 Sep 2011 06:35

[StrugglingGuy wrote on 25 Aug 2011 16:36:](#)

wedding is monday night IYH.

MAZEL TOV!

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Re: struggle continues

Posted by Ehrlicher Yid - 04 Sep 2011 16:43

and mazel tov

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Re: struggle continues

Posted by Dov - 04 Sep 2011 21:46

Not to be a part pooper, but if you are going to get very graphic or discuss the finer points of your self-discovery through sexual experience, I suggest you move that discussion to a married-only part of the forum. The lessons from your experience, SG, will probably be of benefit to single guys, too. But let's be sensitive to their needs for protection, too. Anyhow, *lust* and sexual *lust* are the only real problem we all have here, not just sex. Hatzlocha.

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