

The mouse being honest

Posted by an honest mouse - 12 Apr 2010 13:31

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I had been 21 days clean till friday then i fell and i just fell again, I was doing so well, looking forward to being back with my wife after nearly a year without being with her properly (coz of sickness during pregnancy and post pregnancy), i should've been clean for nearly a month when the time comes but i blew it and I feel really bad about it.

as soon as pesach finished and the summer came i felt like a protective shield had been removed, i felt exposed and vulnerable and now i've fallen lower than I have for a while. How do i get started over again ? pesach and long cleanliness for my wife where incentives which I've lost.

some thoughts and chizuk would be greatly appreciated, thanks!

p.s just posting here and knowing that others are tackling this problem too is really helpful, thanks to you all!

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Re: The mouse being honest

Posted by ZemirosShabbos - 18 Aug 2015 18:23

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i sent you an electronic transmission of text aka email

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Re: The mouse being honest

Posted by Blind Beggar - 19 Aug 2015 21:27

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[an honest mouse wrote:](#)

Thanks Cordnoy and Bigmoish.

Cordnoy - I tried the link but it tells me I don't have permission to access the page...

I had the same problem. *How can we not have permission to see a page?* Zemmy, **you** are a moderator. We are waiting.

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Re: The mouse being honest  
Posted by cordnoy - 19 Aug 2015 21:28

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[Blind Beggar wrote:](#)

[an honest mouse wrote:](#)

Thanks Cordnoy and Bigmoish.

Cordnoy - I tried the link but it tells me I don't have permission to access the page...

I had the same problem. *How can we not have permission to see a page?* Zemmy, **you** are a moderator. We are waiting.

My apologies; that entire thread was deleted.

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Re: The mouse being honest  
Posted by ZemirosShabbos - 19 Aug 2015 21:36

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[Blind Beggar wrote:](#)

[an honest mouse wrote:](#)

Thanks Cordnoy and Bigmoish.

Cordnoy - I tried the link but it tells me I don't have permission to access the page...

I had the same problem. *How can we not have permission to see a page?* Zemmy, **you** are a moderator. We are waiting.

i couldn't access that page either, even with my magical moderator powers

now go play tetris

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Re: The mouse being honest  
Posted by an honest mouse - 20 Aug 2015 22:43

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when you're struggling with a real person in your life, it takes a lot of work to find the right balance between not going out of your way to see her/spend time with her on the one hand and

avoiding them at all costs on the other.

I think to zealously avoid them altogether continues to feed the impression that she is special, that she is somehow more powerful than an ordinary human. The trick, I believe, is not be scared of having to interact with her (if necessary), to view her as a normal human being who is not a goddess. As Rashi says in this week's sedra (somewhere in shishi) 'techilas nefila, nisa - the beginning of a fall is running scared'. Just be normal!

This balance is something that I am struggling with this week...

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Re: The mouse being honest  
Posted by Bigmoish - 20 Aug 2015 23:14

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Depending on the circumstances, I think that a rigorous program is necessary, especially if one has no choice but to see the goddess of his fantasies on a pretty regular basis.

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Re: The mouse being honest  
Posted by Blind Beggar - 21 Aug 2015 05:58

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[an honest mouse wrote:](#)

The trick, I believe, is not be scared of having to interact with her (if necessary), to view her as a normal human being who is not a goddess.

One thing I learned from Dov is not to deify women and grant them the power to control us.

I don't know why Zemmy said to play Tetris. Perhaps it's because of this [Tetris for Sex Addicts](#).

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Re: The mouse being honest  
Posted by ZemirosShabbos - 21 Aug 2015 14:43

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[Blind Beggar wrote:](#)

[an honest mouse wrote:](#)

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One thing I learned from Dov is not to deify women and grant them the power to control us.

I don't know why Zemmy said to play Tetris. Perhaps it's because of this [Tetris for Sex Addicts](#).

yessiree

[guardyoureyes.com/forum/23-Just-Having-Fun/262219-GYE-Can-Close-Down-%28dont-tell-Guard%29](http://guardyoureyes.com/forum/23-Just-Having-Fun/262219-GYE-Can-Close-Down-%28dont-tell-Guard%29)

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Re: The mouse being honest  
Posted by an honest mouse - 21 Aug 2015 15:08

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Blind Beggar, what you bring from Dov is exactly what I was getting at, thanks for putting it more clearly!

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Re: The mouse being honest  
Posted by gibbor120 - 31 Aug 2015 21:14

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WELCOME BACK AHM and BB! I have been transported back a few years.

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Re: The mouse being honest  
Posted by an honest mouse - 24 Sep 2015 22:58

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Hi guys, just wanted to share that I went to my 1st live meeting tonight. It was such a powerful experience, I only wish I had done it a long time ago! I will certainly be going back for more pG.

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Re: The mouse being honest  
Posted by cordnoy - 25 Sep 2015 12:12

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[9494 wrote:](#)

AWWWWSOME!!

And even more awesomer to have an 'oldtimer' back with us!

I think the former is more awesome....B'hatzlachah.....that is super news in recovery steps (although I'm saddened that it got to that point).

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Re: The mouse being honest  
Posted by gibbor120 - 25 Sep 2015 14:44

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Please keep us posted!

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Re: The mouse being honest

Posted by ZemirosShabbos - 25 Sep 2015 15:09

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wow

kol hakavod!

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