

Zalmandovids Journey

Posted by zalmandovid - 18 Mar 2010 01:32

Hello,

I have decided to start a log in this section. So I went to the therapist the other day. Strangely I don't feel that much better after admitting my addiction to him. I don't know why. I was on part of Duvid Chaims group today. He seems like such an amazing guy. Steve's on the ball also. I was so happy to be on the call. I was crying a little. I cry a lot. I cry when I ask Hashem for help. I am a very emotional person in general. I feel so stuck. I don't know how to give this problem away. I fell like I am just trying to control it by asking hashem to help me with it. How do I give it away. I know I will never be rid of it because it is an addictinbut how do i give over my lust to hashem. How long must I wait for this ailment to heal (I can imagine dov is saying to himself "oy this guy

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Re: Zalmandovids Journey

Posted by Ineedhelp!! - 18 Mar 2010 03:14

Hey ZD,

You say you dont know how to get rid of this...well this is certainly a step towards it! Keep updating and updating and more updating. Gain the wosdom from the gedolim on this forum. They can answer your questions.

really has to take it easy") but I can't. oyoyuoyoyoyoyoyoy

-Yiddle

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Re: Zalmandovids Journey

Posted by the.guard - 18 Mar 2010 13:45

Did you see I moved part of your intro thread to the Wall of honor board over here?

rehab-my-site.com/guardureyes/forum/index.php?topic=2021.0

Don't forget to read and follow the handbooks... that will help you learn FREEDOM.

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