

is a wet dream considered falling

Posted by hopefull - 18 Mar 2010 00:01

last night i had a wet dream

it was both great and disgusting

it was great because it means that i had not looked at smut in a while (10 days) and it was a release of all my built up sexual energy- or so i think. since i started masturbating- 4 years ago- i have not had one.

i have also tried very hard not to look at woman in the street and definitely not in pictures.

it was disgusting, because it just is, i don't think i need to explain why

is this considered falling?

also since i stopped i've been getting these headaches, which someone mentioned to me might be because my body is creating physical pain to take my mind off something i don't want to deal with

but i am dealing with it, isn't being here and being mindful of it considered dealing with it.

would love to hear your response

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Re: is a wet dream considered falling

Posted by Ineedhelp!! - 18 Mar 2010 00:26

Nope. According to the rules it is not a fall. However, they usually come about because of bad thoughts that day. Its important to not only keep your eyes clean, but keeping your mind clean is equally important in the trek through life.

If you want a positive spin on this here's what I used tot hink. The Yetzer Hara cant get us while we are conscious so he decides to get us when we really have no control over our bodily functions! Its an amazing victory. (but dont forget it probably came about because of bad thoughts during the day)

Keep that counter running.

-Yiddle

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Re: is a wet dream considered falling
Posted by Chazak Amenu - 18 Mar 2010 03:10

Hello, i made a thread about this called "wet dreams" it does not say if it is conidered a fall but it does talk a lot about the subject here is a link

rehab-my-site.com/guardureyes/forum/index.php?topic=1891.0 hope it helps! ;D

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Re: is a wet dream considered falling
Posted by BruceWayne - 18 Mar 2010 03:54

Keep in mind that the body will eventually do this regardless of you how long you've been clean, although it's not so frequent. It's just biology, kids.

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Re: is a wet dream considered falling
Posted by the.guard - 18 Mar 2010 11:22

It is definately NOT a fall. It is something to rejoice about, as you wrote:

since i started masturbating- 4 years ago- i have not had one.

It shows that the yetzer Hara finally can't get you unless you're unconscious!! :D

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Re: is a wet dream considered falling
Posted by Ineedhelp!! - 18 Mar 2010 13:24

[guardureyes wrote on 18 Mar 2010 11:22:](#)

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[Yiddle2 wrote on 18 Mar 2010 00:26:](#)

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> > > > ;D ;D ;D

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Hey Guard, you stealing my lines????? >
Re: Is a wet dream considered falling
Posted by the.guard - 18 Mar 2010 13:56

[Yiddle2 wrote on 18 Mar 2010 13:24:](#)

[guardureyes wrote on 18 Mar 2010 11:22:](#)

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See [this post](#) from back in June.

Where do you think you got it from? (subconsciously

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Re: is a wet dream considered falling

Posted by Ineedhelp!! - 18 Mar 2010 15:45

[guardureyes wrote on 18 Mar 2010 13:56:](#)

[Yiddle2 wrote on 18 Mar 2010 13:24:](#)

[guardureyes wrote on 18 Mar 2010 11:22:](#)

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> > > > ;D ;D ;D

Hey Guard, you stealing my lines?????? >)

See [this post](#) from back in June.

Isnt it amazing how stubborn I can be sometimes? I'll learn a good vort and take it as my own!
Thanks Guard for correcting me!

Where do you think you got it from? (subconsciously
Sorry for stealing your Torah.

-Yiddle

PS. Hopefull, listen to Guard

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Re: is a wet dream considered falling
Posted by hopefull - 19 Mar 2010 16:34

thanks guys

your awesome

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