

Efshar Letaken's Corner

Posted by Efshar Letaken - 21 Feb 2010 05:07

Hi!

I would like to reintroduce myself to the GYE family.

Some of you might not know me since I was absent for a while. But I have spent many countless hours over here in the past & was one of the reasons I had to take leave for I spent way to much time here then I was able to afford.

But its important for me to stay in touch so that I don't forget to keep my guard up & also that I try to help another person in any way possible to break free is only fair.

So I set up this corner of mine that I will try to put up some of my older posts & also this way I can try to stick to my corner so that I keep the time I spend on GYE under some kind of balance.

To all the Holy Soldiers on this battle front I say

"Ashrecho Yisroel!"

You can't Win if you don't Play!

Hold on just a little bit longer and we will be free!

Efshar L'Taken!

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Re: Efshar Letaken's Corner

Posted by Efshar Letaken - 03 Mar 2010 02:20

I hear ya! Nu Nu! Zul Zain Azoi!

I will try to drop the "Reb" thing.

One more addiction to woik on.

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Re: Efshar Letaken's Corner

Posted by bardichev - 03 Mar 2010 02:37

"Reb"Gabbeh!!

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Re: Efshar Letaken's Corner

Posted by Efshar Letaken - 03 Mar 2010 02:40

Glaich Nuch Di Sheer! B'Ezras Hashem

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Re: Efshar Letaken's Corner

Posted by me - 03 Mar 2010 12:18

Reb Efshar:

It could be "efshar", that the Rav, was not talking about people like us.

And, it is also "efshar", that we are not on his madreiga, and so therefore his eitzas do not apply to us. Efshar?

I only no one thing. Simcha is the highest form for one to be matzliach....period.

The shaila is anyway...what IS lev Nishbar, and what is the concept of the 12 steps where one wants to remove all of his ego, and thereby, and only thereby can he connect to Hashem. By emptying himself from all of "himself", only then can he allow Hashem to come in, and it is Hashem that we are in need of. Emptying one's ego is not the same as lev nishbar.

So, taking this into account, I have seen over, and over again that it is simply NOT pashut, to go to "lev nishbar", and then keep oneself from falling into depression. I saw this concept many times by the heileger Ba'al Shomer Emunim. If a person is not sure that he can control this lev nishbar, from leading to atzvus, and then to depression, then he must stay away, and NOT think that he is a tzadik by shovering d'lev.

I also saw in the sefer, that one in our matzav, by thinking all of the trash that we have been thinking about, and by looking at, and being miharher after all of the shmutz in the velt, we have basically corrupted our brains, destroyed our klei moach, and the only thing that can heal it is..... SIMCHA!!!!

And another thing: We all see how hard it is to be b'simcha. It is so difficult, that to do this alone is such a korban to Hashem. Especially in light of our past, to go against our teva (and this what it is all about) to **go against our teva**, and be b'simcha.....not for us, for Hashem's sake. I believe that most of us who are already on the tight rope swaying to, and fro between, border anxiety, and depression, we must stay away from this derech....at least for now.

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Re: Efshar Letaken's Corner

Posted by shemirateinayim - 03 Mar 2010 14:25

I am chozer from what I wrote.

Me, although your username may let you recognise all your posts with ease, it's very hard to talk to someone named me. Bishleima if you where "myself", I could talk to myself, but "me"? It's just gramaticly wrong!

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Re: Efshar Letaken's Corner
Posted by me - 04 Mar 2010 07:50

it's very hard to talk to someone named me.

If it's really important to you, I will consider putting up a profile pic. of a cow, and call myself

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Re: Efshar Letaken's Corner
Posted by ZemirosShabbos - 05 Mar 2010 17:22

i just want to point out that Reb Nachman (Breslov) clearly writes that the issues people have with shmiras habris come from lack of simcha. i don't have the sefer in front of me to quote chapter and verse.

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Re: Efshar Letaken's Corner
Posted by bardichev - 05 Mar 2010 18:09

EFSHAR DO YOU EAT SUSHI ON SHABBOS??

OYOYOYOYOYYOSHABBOS KOIDESH!!!

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Re: Efshar Letaken's Corner

Posted by Efshar Letaken - 29 Apr 2010 22:55

Hi Guys!

Sorry, I was away for a while but B'H all's good **Today**. (Because all we have is today! V'Huvin)

I just got off the phone with one of the leading (very involved in helping today's generation with today's problems) Rabbonim **Reb Binyomin Eizenberger Shlita**. He called me due to the fact that my CE report he gets on a weekly bases looked very dark because I was B'H unsuccessfully trying to get through 2 filters for many hours B'Retsifus that I have on my PC (just comes to show how sick I really am) & was checking up on me to see if I'm ok.

To make a short story long He shared with me as we say in Bardichev a "Gevaldiger" Observation that came to him during today's Shachris which is the following.

We say "Shomer Yisroel" Shemor Sh'Eiris Yisroel.....

Then we say "Shomer Goy Kodoish".....

The Shayle is What's the difference between Shomer **Yisroel** & Shomer **Goy Kodoish**?

So Reb Binyomin says that Yes there will always be a Am "**Yisroel**" because it says "Ki Lo Yichbeh Neiro L'Oilom Voed" But **Goy Kodoish** is Lav Dafka!

So we ask Hashem Please not only should you watch over Am **Yisroel** who is not necessarily a Holy Am **Yisroel**, But we ask Hashem to Watch over us that we should be a **Goy Kodosh** & that V'Al Yovad Goy Kodosh we shouldn't lose our Kedusha & we should stay a Holy Nation.

So he told me to have it in mind when we daven so that we can all have success in this struggle we all are so desperately fighting.

Have a Guarded Day

Efshar Letaken

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Re: Efshar Letaken's Corner

Posted by bardichev - 29 Apr 2010 23:29

Efshar litaken hmmm that name rings a bell.....

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Re: Efshar Letaken's Corner

Posted by bardichev - 30 Apr 2010 15:00

which part the ruach hakodesh that efshar will come back or that I have a nursing home like some good yeedin??

a ranch in NM is were i would love to be now!!!!!!!

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Re: Efshar Letaken's Corner

Posted by Efshar Letaken - 30 Apr 2010 17:38

Yup rage, The Rebbe Reb Bards just has that Ruach.

Me & Bards talk a lot but I told him nothing of me showing up yes ta day and yet he had that feelin.

Anyway I've been missing your dark humor lately so its nice to see you around.

I didn't understand the pic you have on your profile until I saw that tiny spark in the background which I guess is the spark of GYE or GUE but what you got wrong is that GYE's light is having a much brighter effect in the dark world & times we find ourselves in then on that pic.

Talking about Light, Here comes the Lechtiger Shabbos.

I bless you all with Shabbos for the rest of you lives.

E.L.

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Re: Efshar Letaken's Corner

Posted by Efshar Letaken - 30 Apr 2010 18:01

I will try.

Hey I guess you forgot that I'm a Flake & get easily blown away with the wind.

Also, I just read some of your Posts on the Depressed Persons Chill Spot, What can I say, You just have a gift.

Now let me go change my pants.

E.L.

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Re: Efshar Letaken's Corner
Posted by 7yipol - 01 May 2010 20:42

[Rage ATM wrote on 30 Apr 2010 18:07:](#)

since day one i said i like flakes i am just not one...while the latter statement has come under great criticism the former has always remained true...

:-X :-X :-X

practicing self control

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