

I'm at the top headed downward

Posted by trying123 - 15 Feb 2010 04:21

Hi I'm new...

Joining because I was never addicted to sex I used lethal force to control myself...

In therapy I am loosening my control over myself, it's helping me in many areas...

But I am also ending up with real and difficult challenges. I have to kind of learn how to avoid things that would make me feel guilty but do it in a healthy way...

=====

Re: I'm at the top headed downward

Posted by silentbattle - 05 Mar 2010 16:39

Trying to figure out what I'm doing for shabbos, as well...

Do you have any neighbors or friends you can call up?

=====

Re: I'm at the top headed downward

Posted by trying123 - 05 Mar 2010 16:50

I've been agonizing over all my options...

Contacted a few people...

Nothing....

=====

Re: I'm at the top headed downward

Posted by silentbattle - 05 Mar 2010 17:03

If you live in NY, I think there are some people who have open-house type meals, could be fun.
Could also be weird, but hey, that can be fun too!

=====
=====

Re: I'm at the top headed downward
Posted by trying123 - 09 Mar 2010 22:40

:-[

Very discouraged and lack the the will to continue...

Sorry for the bad news

=====
=====

Re: I'm at the top headed downward
Posted by Eye.nonymous - 10 Mar 2010 13:23

You DID post!
Not doing good...

And that's a ma'ailah!

I hope you're doing better.

--Eye.

=====
=====

Re: I'm at the top headed downward
Posted by 7yipol - 10 Mar 2010 13:38

Second by second Tried.

We get zchar for every second.

Keep focusing on the sun

=====

Re: I'm at the top headed downward
Posted by bardichev - 10 Mar 2010 16:05

KEEP ON TRUCKING!! WITH A SMILE!!

=====

Re: I'm at the top headed downward
Posted by trying123 - 10 Mar 2010 22:50

Thank you!!

=====

Re: I'm at the top headed downward
Posted by silentbattle - 11 Mar 2010 00:25

Hi Trying - glad to see that you're still here! Keep on rocking!

=====