

**NEED HELP WITH CHATTING**

Posted by Lechayim - 21 May 2009 17:12

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I am a chassidshe family man close to my fifties. I'm not so much into looking for bad sites. I have filtered internet. But i have access to another office computer from outside which i can access through programs. That computer is not filtered. I'm addicted to chat but i mean in the wrong way. I love to talk to women and girls. Of course the wrong and terrible things. I hate to say it but it makes me crazy and is a loss to my buissness. i have tried so many things. I have shiurim. I daven erlich but once i'm in office nothing stops me from this addiction. I have others who know me on Yahoo chats already so even i'm not in a chatroom they contact me . Its so terrible. If anybody can help please do. i will be watching here for help.

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**Re: NEED HELP WITH CHATTING**

Posted by the.guard - 26 May 2009 20:09

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London, your post brought tears to my eyes. You are one of the first people on this forum who actually refer to the handbooks that I prepared, in a serious and proffesional manner!

And your advice to Loynata is priceless. You clarified so beautifully exactly "how hard do we have to try?"

Thank you for posting here your amazing experience. (And I am delighted that it is helping you too!!)

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**Re: NEED HELP WITH CHATTING**

Posted by Mevakesh Hashem - 27 May 2009 02:55

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Hello my fellow Yidden.

I am sorry that I have been absent on this holy forum for a little while, I have simply been busy.( I know that's a weak excuse!)

However, I am never too busy to help a fellow Yid in need. If I can be of any help to you LH, please contact me any time.

Chazak V'Ematz!

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Re: NEED HELP WITH CHATTING

Posted by Lechayim - 03 Jun 2009 22:33

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I haven't chat since Monday. I miss it terrible what can i do quickly? I'm afraid that i can fail soon. Anyone who can help me?

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Re: NEED HELP WITH CHATTING

Posted by Mevakesh Hashem - 03 Jun 2009 22:59

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Feel free to contact me, and I am ready and willing to help you through this.

Chazak V'Ematz!

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Re: NEED HELP WITH CHATTING

Posted by the.guard - 04 Jun 2009 11:52

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Make a neder for a week that before you chat inappropriately, you will first take a 10 minute walk, post on the forum, read 10 Chizuk e-mails from [the archives](#) and give \$10 to Tzedaka. Then you may chat...

P.S. Get in touch with mevakesh, I believe he can help you better than most people!

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Re: NEED HELP WITH CHATTING

Posted by jack - 04 Jun 2009 12:52

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i agree with guard! get in touch with mevakesh! do it soon! dont delay anymore! speak to him on the phone! please, please.he is the one who can help you.

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Re: NEED HELP WITH CHATTING

Posted by Lechayim - 04 Jun 2009 16:39

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BH nothing happened bad yet .i did not go into chats. I see all your ideas Guard but what are you saying that will help me? I once made a neder i will give tzeddukah like \$150-200 if im doing things wrong but i owed alot of money there sorry to say.

I see it helped me by posting it here Bh and be a part of a group responsiblity that can help iy"h. I feel its working now better . I hope so.

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Re: NEED HELP WITH CHATTING

Posted by the.guard - 04 Jun 2009 16:55

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NOT after, **BEFORE** doing it...

See the GYE handbook, tool #3.

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Re: NEED HELP WITH CHATTING

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Posted by Lechayim - 04 Jun 2009 18:16

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Its says if you fall then give Tzedukah . Isn't after you fell already. I find i'm waisting alot of time here. I know its better then waisting it C'v in bad sites but i have to work also. If i hang out here too much . I'm feeling not accomplished. I got to make a living.

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Re: NEED HELP WITH CHATTING

Posted by the.guard - 04 Jun 2009 19:00

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1) yes, the tzedaka part is mentioned indeed "after" in the booklet, but there are other ideas there and in the links provided that mention the idea of "BEFORE" as well. Tzedaka might be used before also.

2) Yes, please DO go make a living. Just remember, as much time as we spent on our addiction - we have to be willing to spend on recovery.

*As I read up more about your story, on April 20 you write "Is this normal? Is it normal that I keep on checking GUE all day?" I have to tell you that I have lost or not made lots of money so far this week because I can't get off GYE. and because my work is based on hourly fee, I didnt get more then a total of 4 hrs. of work done this week. but its ok because,*

*A. I have spent just as much time in the past loosing money to worthless dirt & garbage stuck on or "In" the Yetser Horas "WEB" or "NET". So I hope Its a way of Teshuvah Hamishkol spending time on just the opposite. like Reb Shlomo would say. Holy of Holy, Sweet of the Sweet, Deeper then Deep! And,*

*B. Its Hashem that gives parnoseh not work. (as long as your for real) so we have to focus first on what we will be taking with us in the world to come & only after that can we bother with the short time we are down here.*

*Ashrecho Yisroel*

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Re: NEED HELP WITH CHATTING

Posted by Lechayim - 04 Jun 2009 19:17

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Is the tzedukah before a reason not to go foward cause its costing us money? So it an incentive to keep back? Very good idea if we keep it . I made up to say tehilim if i go bad but this is all the next day after i go to mikva so i feel clean and start the struggle again.

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Re: NEED HELP WITH CHATTING

Posted by yetzertov - 04 Jun 2009 23:18

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It is not because it is costing us money. It is because we are doing a mitzvah and therefore we are forming an eternal bond with Melech Malchei hamelachim. The same is with learning Torah and saying Tehilim BEFORE. One is tapping into itarusa d'letata, itarusa d'leila i.e. an awakening from below will cause an awakening from Above).

As another member once wrote in the forum, you are not wasting time in this site. Just ask the Y'H if he wants you to be reading this forum or the rest of what this Tahor site has to offer. We are dealing here with TRUE AND LITERAL PIKUACH NEFESH.

YOUR nefesh, mine, and those of all of us here now and of any future members.

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Re: NEED HELP WITH CHATTING

Posted by bardichev - 04 Jun 2009 23:34

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sometimes I feel i hang out here too much

why did i never ask myself this question when iwas feeding my TAAVAS??? hmmm

ELLA MAI ? (MIT DE GRUBBER FINGER) VER FREGT DI KASHYA VER ? DE YETZER  
HARA ALAYN!!!

(sorry for the yiddish me and Reb LOYNATA farshtayin zich)

mit anivis in freilichkite

bardichev

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Re: NEED HELP WITH CHATTING  
Posted by kutan - 28 Jul 2009 02:47

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[bardichev wrote on 04 Jun 2009 23:34:](#)

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HARA ALAYN!!!

(sorry for the yiddish me and Reb LOYNATA farshtayin zich)

mit anivis in freilichkite

bardichev

Bardichev,

Di Binst di besteh.

Be'emes.

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