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Guests please read Posted by sci1977 - 28 Jan 2010 18:04

Hello guests. I am writing this thread to try and get you to jump on the GYE bandwagon. If you've read a little here you see no one is going to judge you. No one is going to attack you. So why not join? Why not start the process to feeling better. No need to be scared. I was scared when I joined and realized about three posts in, why be nervous. Just write how you feel. It's the best thing I have ever done in my life period.

So what made me join you might ask. I read the first few paragraphs of the handbook and boy, I knew I was in the right place. I signed up about 30 minutes later and haven't looked back.

MEMBERS- Was their something specific that made you join?

GUESTS- Welcome and hope you sign up and join it. You won't regret it.

[Moderator's Note: Just corrected spelling to "GYI	E"].
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Re: Guests please read Posted by silentbattle - 02 Feb 2010 16:25	
Not sure how I helped - but I'm glad I did.	

And to all you Guests reading this - that's another wonderful thing about this site. Without even realizing it, you can help someone out, help them move forward in life...it's not just about getting, it's about giving, too (and if you've read my thread, you'll see that Sci has been there for me lots of times, too).

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Re: Guests please read Posted by sci1977 - 02 Feb 2010 16:35

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silentbattle wrote on 02 Feb 2010 16:25:

Not sure how I helped - but I'm glad I did.

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Actually, it was the word grow. It made me realize that if I didn't finish it, I wouldn't grow how I want to. It was exactly what I needed at the right time. And your right, sometimes you can write something and think, OK, I just helped myself but it really helps someone else too.

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Re: Guests please read Posted by silentbattle - 02 Feb 2010 17:24

truth is, this is something we all need to realize - guest and citizen as well - it's not just the long deep posts that can cause a significant impact on someone's life. A short post, a few words, a sentence or two, at the right time, can make all the difference in the world.

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Re: Guests please read

Posted by sci1977 - 02 Feb 2010 17:49

silentbattle wrote on 02 Feb 2010 17:24:

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truth is, this is something we all need to realize - guest and citizen as well - it's not just the long deep posts that can cause a significant impact on someone's life. A short post, a few words, a sentence or two, at the right time, can make all the difference in the world.

all Bards has to do is write woodford and I get a laugh. So many excellent threads and so many wonderful people. Thanks SB keeping this thread lively. I wish more people would join in here. One word or one sentance could be the thing that a guest reads and joins and changes there life.

If from the US, I just felt like the Jerry Lewis telethon. the more you give the more you help. great saying for our members to remember. It doesn't matter what you give, if it's time or money. Just give!	Α
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Re: Guests please read Posted by sci1977 - 08 Feb 2010 17:15	

do we have any new members that want to share something with our guests?

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Re: Guests please read
Posted by bardichev - 08 Feb 2010 22:52

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Re: Guests please read Posted by sci1977 - 09 Feb 2010 01:32
bardichev wrote on 08 Feb 2010 22:52:
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it works everytime!!
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Re: Guests please read Posted by 7yipol - 09 Feb 2010 09:54

Posting takes you out of isolation. As much as you feel you may gain by simply reading and watching,

becoming a part of the group healing process improves your personal chances of moving beyond this addiction.

Become A PART
not APART!
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Re: Guests please read Posted by imtrying25 - 09 Feb 2010 12:29
giving is getting, my friend. Here there is unbelievable amount of oppurtunity to give, translating n a tremendous amount of getting! So why not jump in with the rest of us?!?
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Re: Guests please read Posted by sci1977 - 10 Feb 2010 01:06
7UP and IT25 thank you for that. I think sometimes we forget that we are a part of something bigger. It helps all that are here, even guest too.
Re: Guests please read Posted by Stuart - 10 Feb 2010 03:47

As a "guest" but occasional poster, I would like to add my two cents. I find these forums very big that for a newcomer or occasional visitor its very easy to get lost. Unless your very involved in certain conversations, a newcomer may just be too overwhelmed and turn away. Maybe I am a das yachid, but just wanted to pu this out there...

GYE - Guard Your Eyes

GYE - Guard Your Eyes

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Stuart wrote on 10 Feb 2010 03:47:

As a "guest" but occasional poster, I would like to add my two cents. I find these forums very big that for a newcomer or occasional visitor its very easy to get lost. Unless your very involved in certain conversations, a newcomer may just be too overwhelmed and turn away. Maybe I am a das yachid, but just wanted to pu this out there...

An important point - I think that a useful approach is to 1) post a thread in the "introduce yourself" forum, and use that to, well...introduce yourself. 2) Check out the "break free" and "wall of honor" forums, and read a bit, reply, and enjoy!

That would seem to be a good way to get involved in things.

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