

hotel room emergency

Posted by 5770 - 19 Jan 2010 21:44

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guys i am holed up in a hotel with nothing but internet and cable tv. I have been bored to distraction in meetings all day where lustful thoughts keep saying Hello. NOw I am on my own, away from home, wife + child. Amazingly I am on day 57 - my longest abstinence since i was prbably 12 years old. DOnt want to wreck my "winning streak"but I gotta admit i am starting to go a little mental. i should mention that i am on a non-phsyscal relations diet for the last 5 years+ so u see where i am coming from (yep i have been cultivating something of a Shalom bayis problem for a good many years).

in vain i put a picture of my child on the tv in the hotel room,... not sure how long that's going to

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Re: hotel room emergency

Posted by shemirateinayim - 20 Jan 2010 19:59

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Reb Bards let me give you a hand throwing the "masgiach" off the hanhala.

You see, the YH may be a huge Talmid Chacham, yet he's still a shakran. I learnt hilchos yichud, tur, Shualchan Aruch, nosei keilim, Aruch hashulchan, Chochmos Adam, and another great sefer that outdoes them all. And I will tell you halacha lema'aseh that (one of the pirushim under the Bes Yosef and Bach) brings down that that gemara only hold true of a BESULAH, who's not a nidah (girl under 12, even if she saw dam, we don't hold it to be real dam nidah - if help not misstaken). that's beause the avaira of biah has less 'issur' than hirhurim. But when looking at a nidah.... which is yehareig velo ya'avor, the act of znus is still far worse than the looking. keep in mind that she is probably a nidah (see my 'sefer' on the top shelf of the beis medrash, newest 'daf')

sorry for ny innacurasies, i only have 4 sefarim in my possetion, and no acess to a tur

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Re: hotel room emergency

Posted by kanesher - 20 Jan 2010 21:11

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I don't think you should tell your wife all of that just yet.

I think you need to takeh get some clean time.

See a good therapist on your own. Work out some stuff. Start slowly, nicely. Then apologize. Deeply, heartfeltly - and get into marriage counseling.

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Re: hotel room emergency  
Posted by Ineedhelp!! - 20 Jan 2010 21:51

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I know this is a very important issue but RIGHT NOW the issue for our dear friend 5770 is that he's in a place that can be very dangerous to his recovery. So here's another tip for you. Do you have anyone's number who you can talk to this about? It can be a therapist or someone form the website. But getting someone's phone number for emergency contact could be the key here.

-Yiddle

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Re: hotel room emergency  
Posted by Me3 - 20 Jan 2010 22:26

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Yiddle you're right, and we do not mean to minimize his current situation. However, we are sort of taking the position that 5770 is in an unsustainable predicament. He may win right now (HE'D BETTER) but this can't go on for long and it's already gone on for too long. We are trying to help him start living a normal life.

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Re: hotel room emergency  
Posted by bardichev - 20 Jan 2010 22:34

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[shemirateinayim wrote on 20 Jan 2010 19:59:](#)

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avadde !!

whenevr you hear in your mind

an excuse to do an avaiera remeber

its the yh!!

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Re: hotel room emergency

Posted by silentbattle - 20 Jan 2010 23:24

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Don't know if you got my PM, but would you rather continue this conversation on your original thread?

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Re: hotel room emergency  
Posted by Me3 - 05 Feb 2010 18:53

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5770

Don't know if you have access to "The Garden of Peace" by R Shalom Arush, but you should read page 123.

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Re: hotel room emergency  
Posted by shemirateinayim - 08 Feb 2010 00:35

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Hey Ive been in the same exact matzav as him for a LONG while now...and I'm holding-up for the most part, only because of this thread. That vort from R Tauber saved my life countless times!!! Thanks 7up so much, you have NO IDEA how much zchus you get for that PM. Oh and I'm still here, with no-where to run!!!!

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Re: hotel room emergency  
Posted by Holy Yid - 08 Feb 2010 06:25

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Putting down your wife often and blaming her for problems might be abuse. you should see someone. if the behavior is not stopped you child is almost doomed to have abusive relationships. also if he grows up in an unhealthy home he is at high risk of becoming an addict.

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Re: hotel room emergency

Posted by silentbattle - 09 Feb 2010 15:54

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I agree that it might be bordering an emotional abuse (depending on what's happening) - more important than technical terms, though, is the fact that it will probably adversely effect your children.

"almost doomed?" Not really, actually. Studies have shown that children from abusive homes are *more likely* to be abusers as adults. More likely than the average person, but that does not mean that the majority of children from abusive homes become abusers. Most, in fact, do not. The studies have been confused, and that confused information has been repeated so many times, it's become almost fact.

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Re: hotel room emergency

Posted by shemirateinayim - 09 Feb 2010 20:29

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Case in Point: ME

Everyone I meet wants to see the amazing parents that raised me. he he he, ummmm, yeh. When they finnaly do, they usualy get a response so obvious, that leaves them wondering how i came to be who I am. "It's ggod to see that something came from all the money I paid his yeshiva"

You idiot, the yeshiva never once credited itself with molding or forming children. They merely teach them how to learn, and in the most part, do not credit themselves with teaching the content learnt, just HOW to learn it. One day I will learn MB myself, one day I will learn a whole mesechta myself. But middos they don't claim to teach, since that takes alot more than a classroom. Although they do try.

I became who I am from having to deal with abuse, depression, neglect, a shattered social life, and severe depression. I rebuilt myself, with some help from my rebbe/rpsh yeshiva, and used all my handicaps to become my source of stength and power. Every dissadvantage and weakness, every makom of RAH was realy a kisuy for TOV. I found the TOV in most of it, and

have yet to finish dealing with my addiction.

I come from a brocken home, but it made me "who I am", although i did spend 10 years in deep depression (begging G-D to kill me young).

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Re: hotel room emergency

Posted by Holy Yid - 09 Feb 2010 20:52

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[silentbattle wrote on 09 Feb 2010 15:54:](#)

I agree that it might be bordering an emotional abuse (depending on what's happening) - more important than technical terms, though, is the fact that it will probably adversely effect your children.

"almost doomed?" Not really, actually. Studies have shown that children from abusive homes are *more likely* to be abusers as adults. More likely than the average person, but that does not mean that the majority of children from abusive homes become abusers. Most, in fact, do not. The studies have been confused, and that confused information has been repeated so many times, it's become almost fact.

I do not mean to be petty and this is not the point of this site but I heard from a pro that boys who saw their father abuse their mother, 90% of them abuse their wives.

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Re: hotel room emergency

Posted by 5770 - 15 Feb 2010 01:11

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hello everyone, thanks for your thoughts. WHile i like the idea of writing all this down to my wife, just not sure if that'd finish her off or not.

And you're of course right. Kids emulate parents.

Actually had a semi-peaceful Shabbos. But managed to ruin it today by opening my big stupid mouth.

I don't really know what to say. I guess I am hoping things will get better.

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Re: hotel room emergency

Posted by silentbattle - 15 Feb 2010 01:25

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same way. But we can help build things the

Do you focus on saying nice things to her? Complimenting her on how she looks, etc?

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