

Net is back

Posted by Net - 27 Apr 2009 17:49

hello

Hi all

Doing really crap, slipped up a couple times this past week, need strength.

Net

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Re: Net is back

Posted by gettinghelp - 28 Apr 2009 15:40

Keep asking for help and Hashem will send help,just keep your eyes wide open!!!!

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Re: Net is back

Posted by DesertLion - 28 Apr 2009 16:04

Hey Net,

Don't beat yourself up over your two recent slips. The very fact that you have posted on this forum shows that you desire to carry on climbing upwards again.

Remember, it has been said that, "the man who never did anything wrong never did anything."

What I draw from this is that making mistakes is all part of life and the learning process, which is ACTIVE.

However, these small setbacks will not be of value of you unless you learn from them. You must honestly ask yourself what was the cause of these slips so that you can avoid repeating the same mistake in the future.

KUTGW and hope you're well!

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Re: Net is back

Posted by the.guard - 28 Apr 2009 17:26

Great saying, Desertlion!

The man who never did anything wrong, never did anything

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Re: Net is back

Posted by Mevakesh Hashem - 28 Apr 2009 20:18

Great saying! and so true.

The fact that you seek strength is a sign that you are a strong warrior!

We are all here to help you in your struggles!

Chazak V'Ematz!

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Re: Net is back

Posted by bardichev - 28 Apr 2009 20:38

Hello net

Lets get this cleared up. you say you feel like cra*p. Now not trying to be cynical, how do you know what cr*p feels like?

You might feel like a diamond that fell into a pile of cr*p . but you still are a diamond. Wash yourself off, polish up your act and you are a diamond.

The greatest weapon that the evil wicked menuval has is that he convinces us that we can't change. There are no magic potions. it's work, but you will get stronger every day.

Today is my 40th day that I am clean. Beleive me holy brother net, I in my wildest dreams couldn't imagine being at 40 days. A good streak for me was a week. But holy tzaddik look at all the tzaddikim on this forum! look at phillip, ben, ykv scwrtz, these people *HUBBIN GERISIN FUN ZICH* lit. "tore from themselves".

Please don't let these Holy moments of hirhur teshuva pass by. Jump in to the forum. Come along for the ride, there are such good people here!

chazak chazak !!!!

bardichev

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Re: Net is back

Posted by Net - 30 Apr 2009 11:48

Hi all

Thanx for the great chizuk, everyone, I feel so loved!!!

Now that I've been free for 3 days, I can think clearer now, and I feel much stronger.

Net

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Re: Net is back

Posted by bardichev - 30 Apr 2009 17:47

hello tzaddik heilige net

I just wrote this to someone else but it is true

HOLD ON REAL TIGHT!!! I AM DEAD SERIOUS . these are the hardest days when I was at day 10-20 I was crawling out of my skin .I kept a journal to keep my progress in check .I did it in 15 minute intervals. So holy tzaddik you will do it no one on this board will allow you to fail. you made the big step already now you need to hold on .CHAZAK CHAZAK!!!! Y"H is flipping out another heilige neshomoh escaped his trap he will try to hunt you down.

if you feel an urge say Y"H give me 20 minutes he doesn't have time to wait he will move on. You on the other hand came so far YES 10 days is tremendous in milchemes hyetzer. 20 minutes.

YESH KONAH OLAMOI BSHAA ACHAS!!!

keep in touch there are such good people here.

bardichev

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Re: Net is back
Posted by the.guard - 30 Apr 2009 18:43

Bardichev, I can't tell you how much I love your FIRE. You have such a holy soul. This struggle is going to shoot you to the heavens!

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Re: Net is back
Posted by DesertLion - 30 Apr 2009 20:56

I'm glad you liked the quote Guard.

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Re: Net is back
Posted by Net - 03 May 2009 10:11

Yeh, it is pretty hard, I've been really depressed, It's very hard to stop after doing it for a while, the body gets used to the rush.

Whateva

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Re: Net is back
Posted by the.guard - 03 May 2009 13:43

Net, I can guide you to an SA group in Israel if you want. I had a two hour talk on the phone today with someone there.

And what's with the therapy you were going to once? You should really go back.

You owe it to yourself to be the man you truly want to be.

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