

Made it!

Posted by jonatrosse1024 - 01 Jul 2025 12:56

Hey brothers,

I just want to report that, with help from the SOS feature on this app, I made it through a pretty strong urge! Woo! Thank the Master of the Universe and you guys for all of your help!

"The Lord is my strength and my shield; my heart trusted in him, and I am helped: therefore my heart greatly rejoices; and with my song I will praise him."

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Re: Made it!

Posted by jonatrosse1024 - 02 Jul 2025 13:20

Ahhhh!!! I wanna act out again! The SOS isn't working today; I am having a rough week and acting out is very tempting right now.

I appreciate all your davs today. Lift me up to the El of Avraham and Yacov. Forgive me if I did not use the correct terminology.

He is just and kind.

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Re: Made it!

Posted by jonatrosse1024 - 03 Jul 2025 13:17

I made it another day. Yesterday was rough. But I removed myself from the situation and grounded myself in davening and Torah readings.

Thank you all.

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