

Help!

Posted by pomegranate - 15 May 2025 05:39

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I've fallen 3 days in a row after 65 clean days because I can get access to google maps on someone else's device. I'm sorry for letting down my family and everyone here.

I'm trying to understand why somewhere along the line on the way to a fall, my mind gets convinced even without any physical urges that this is something I have no control over and that I have to give in to. At the same time I know this isn't true. What is going on with me?

Hope to share good news with everyone tomorrow and wish everyone Hatzlocho but I don't know how this is going to change at the moment.

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Re: Help!

Posted by pomegranate - 10 Jul 2025 21:34

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Thank you, I've briefly started the book, and I have a bit of a connection with HHM Shlita, but I'm on uk time so it's hard to gain more from him. I'm interested in trying to have someone to call in "the moment" but not sure how to organize it. I think it's also a matter of working myself out in order to prioritize the right strategy otherwise it feels like "tofasto merubo, lo tofasto". Do you agree?

Anyway, I'm on my way to day 1 bs"d.

Bessuros tovos to everyone.

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Re: Help!

Posted by proudyungerman - Yesterday 02:38

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[pomegranate wrote on 10 Jul 2025 21:34:](#)

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I think that makes sense. I think a good phone call with another mentor might be helpful in figuring out which strategy would be smart to start with.

Have you considered connecting with anyone in EY, UK, or any other area in that time zone-ish? What about the west coast of USA? Is that far enough behind that it could work?

Looking forward to hearing from you!

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Re: Help!

Posted by someone123 - Yesterday 03:29

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Hey pomegranate!

I'm by no means at all a mentor but if you're still looking for someone to be able to call you can be in touch with me if you want and we can see how we can work that out.

I'm EY time zone so we only have 2 hours apart.

Feel free to send me an email if you want.

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