

Battling Complacency

Posted by Holy Yid - 07 Jan 2010 03:17

I fell after a long clean streak, in large part because I got complacent. I have seen others fall, after much longer clean streaks than the one I had. These falls were also in large part because of complacency. I want to make my fall something that brings good to the 'family'. I want to compile a list of questions to ask ourselves to test our level of complacency.

For example "Do I think I can use the internet without a filter?"

If I say "NO" then I am in good shape. If I say 'yes' or 'maybe' then I am in trouble.

So the question I would like everyone to please ask themselves is- what do I think when I get complacent?

I hope to compile a list and post it somewhere. Maybe people can answer the questions to their partners and then get feedback. Or we could review it once a week or so to see where we are holding.

So far my questions are

1. Do I think I can use the internet without a filter?
2. Do I think I can use it late at night?
3. Do I think I can use it when no one is around?
4. Do I think I can use it for more than a half an hour straight?

5. Do I think I can stop focusing on growing and looking to do for Hashem?

Guys, please help me with more. Much thanks.

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Re: Battling Complacency

Posted by Kollel Guy - 07 Jan 2010 05:46

I don't know how to help you here other than to say NO to your questions.

I think 2 3 and 4 are really dependent on your own personal triggers.

Of course if you find them to create problems, then you cannot let it continue to be soomething you do.

The only real definite absolute NO's here, are 1 and 5

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