

My way

Posted by adventuroussquirrel51 - 10 Feb 2025 07:12

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Sorry about my English, it's not my regular language.

I trining to write my step 1. Its not easy.

I'm 31 years old and I'm in this challenge from my childhood as a 10 years old.

I understand that my heling is only god because i have a suberity a decade ago when i got married. The period before the married was a time that i doven a lot to god that i could break my addiction to porn and i find my wife. And a lot of reding about faith. I was crying every prayer and learned almost a 2 hours each day.

But after a period of time I forgot it. And returned to porn. I understand that when I am clean and not connected to god, it's harmful to my area. I am hungry at my family and my work partners. I understand that my problem is not porn, porn is my solution that i really don't want.

I was in the 12 step program and i got to some steps alone. The problem was that i didn't succeed in making it a routine. I'm a lucky guy that can't live life without god. I wand to start the steps again because i couldn't do it alone. To gether my self apart i must understand they by myself alone it's not going to happen.

Another missing part in my period of sobriety was the teaching others and helping others.

I hope new i succeed in all the parts of the program.

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Re: My way

Posted by lamaazavtuni - 10 Feb 2025 12:56

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Shalom ubracha!! Y don't you reach out to the self made greats on here @michelgelner.@ Eerie @muttel. They help basically every new guy that comes on here . It might be scary and weird to call them but their very not judgemental. Do it my friend we wanna see you break free!!!!

Hatslcha raba

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