

My struggles with kedushah

Posted by tzaddikvikam13 - 13 Oct 2024 18:26

I've gotten off to a nice start, right now I am starting my seventh clean week.

I'm going to be continuing my journey from where I left off in my last thread under Introduce Yourself over here.

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Re: My struggles with kedushah

Posted by Muttel - 03 Dec 2024 09:32

Hero!!!

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Re: My struggles with kedushah

Posted by jollylemur95 - 03 Dec 2024 14:01

Wow!!!

Kudos to you!!

What a kidush hashem you are making!!

Keep it up!!

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Re: My struggles with kedushah

Posted by tzaddikvikam13 - 05 Dec 2024 04:17

I had a very strong urge yesterday, battled and stood strong for a while, but eventually give in and m'd,

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Re: My struggles with kedushah

Posted by jollylemur95 - 05 Dec 2024 04:59

I know this has been mentioned before but might be good to repeat.

HHM told me that a person came to the steipler struggling in kedusha. The Stiepler said he wants to kiss the hands of someone who held back even only sometimes. The fact that you were able to fight means a lot! Be proud of the fight you put up and take that encouragement to fight (and be"n win) the next battle!

Chazak V'amatz!

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Re: My struggles with kedushah

Posted by tzaddikvikam13 - 08 Dec 2024 19:36

clean since then

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Re: My struggles with kedushah

Posted by tzaddikvikam13 - 08 Dec 2024 19:58

As i've been learning recently about how many people struggle with these things and how normal it is, its begun to dawn on me...

that my struggles with kedusha might just be the most normal part of me.

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Re: My struggles with kedushah

Posted by tzaddikvikam13 - 10 Dec 2024 21:38

Yesterday I was m'ing in the shower.

I felt like I really wanted to be doing it, and at the same time I wanted to stop, but it was too hard

iyh50 was on the phone with me, trying to be machazek me and help me stop. I was continuing the whole time he was talking, it felt too hard to stop, even though I knew everything he was saying was true, that it wasn't worth it & that I really didn't want to give in.

Then I told myself that even if I feel like I really want to give in and it feels too hard too fight back, I can pause for a minute, and continue afterwards if I feel like I still need to.

I stopped for a minute and didn't continue.

Boruch Hashem I didn't come to mz"l.

Sat down to a seudas mitzvah afterwards.

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Re: My struggles with kedushah

Posted by stopsurvivingstartliving - 10 Dec 2024 23:16

Wow! Now that's a real win. I would tell you to celebrate but you did already.

Hatzlacha Raba and Keep Trucking!

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Re: My struggles with kedushah

Posted by redfaced - 10 Dec 2024 23:34

[stopsurvivingstartliving wrote on 10 Dec 2024 23:16:](#)

Wow! Now that's a real win. I would tell you to celebrate but you did already.

Hatzlacha Raba and Keep Trucking!

The heck with it. I say celebrate again!

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Re: My struggles with kedushah
Posted by tzaddikvikam13 - 15 Dec 2024 05:09

I was in the bathroom today and started having a really strong urge to m.

It was a hard battle, I wanted to give in, but I stayed strong and didn't.

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Re: My struggles with kedushah
Posted by 5678 - 15 Dec 2024 05:26

the warrior heroe of GYE

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Re: My struggles with kedushah
Posted by tzaddikvikam13 - 15 Dec 2024 11:02

M'd in the shower for two hours.

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Re: My struggles with kedushah
Posted by tzaddikvikam13 - 15 Dec 2024 11:02

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Re: My struggles with kedushah

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