

Parev [Censored version]

Posted by parev - 08 Sep 2024 21:48

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Hi Chevra!

The Admin moved my thread to the BB forum,

but I haven't forgotten you, and want to keep you in the loop too.

I will bl'n post appropriate posts here too!

It's gr8 to be back in zeman, I am forcing myself to daven like a mentch as I know that that is a big catalyst for me to stay spiritual connected and fit.

Have started on step 4 but my sponsor lost sobriety so will see what my new one says.

I am meant to be an ?? at a ???? tomorrow, but are unsure of the halachic fitness of my situation.

Its a little sticky and hope I will get direction in time

E-L-U-L!!!

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Re: Parev [Censored version]

Posted by stopsurvivingstartliving - 08 Sep 2024 22:17

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Thanks so much for this. I was really missing following your journey.

I appreciate the fact that you didn't forget about us bochurim in the struggle.

Keep Trucking!

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Re: Parev [Censored version]

Posted by parev - 08 Sep 2024 23:26

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Yay! I am Kosher Leidus!!!!

[Just got a reply from a renowned posek!!!!!!]

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Re: Parev [Censored version]

Posted by candé - 08 Sep 2024 23:27

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[parev wrote on 08 Sep 2024 21:48:](#)

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WOW thats an honor!

is this the first time you accepted ????

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Re: Parev [Censored version]

Posted by parev - 08 Sep 2024 23:31

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[cande wrote on 08 Sep 2024 23:27:](#)

[parev wrote on 08 Sep 2024 21:48:](#)

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**Warning: Spoiler!**

It's actually quite cringe coz the chosson is from chashuv stock and there will be lots of rabbonim - but all krovim so they 'handpicked' me coz i'm the frummost guy thats not a korov they could think of.....

And the chosson called tonight to make sure I come on time for all the kinyanim [kesuba etc]

BH I'm kosher....

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Re: Parev [Censored version]

Posted by cande - 09 Sep 2024 00:51

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Well I've been mesader kiddushin many times..

And the chosson called tonight to make sure I come on time for all the kinyanim [kesuba etc]

BH I'm kosher....Glat kosher bet yosef BH.

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Re: Parev [Censored version]

Posted by cande - 09 Sep 2024 00:51

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[parev wrote on 08 Sep 2024 23:31:](#)

[cande wrote on 08 Sep 2024 23:27:](#)

[parev wrote on 08 Sep 2024 21:48:](#)

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**BH I'm kosher....**

Glatt kosher bet yosef BH

**Warning: Spoiler!**

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Re: Parev [Censored version]  
Posted by parev - 09 Sep 2024 11:12

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It is so liberating.

I procrastinated for ages to ask the shaala - coz I was scared of the answer...

But I knew that I have to do the next right thing...

Both Rabbi Zimmerman and Rabbi Berkowitz gave the green light BH

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Re: Parev [Censored version]  
Posted by parev - 10 Sep 2024 08:13

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I feel like i'm on a roller coaster

I think my sponsor loosing sobriety shook me a bit

I didn't act out, but did do some pretty stupid things...

Made a effort to contact my sponsor even during the chassuna last night

- made up a time to speak today IYH

I should really make some calls

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Re: Parev [Censored version]

Posted by parev - 10 Sep 2024 11:09

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Spoke to my best friend in SA - someone I know indepently of program - but was introduced to him through GYE - Thank You

Just what the doctor ordered!

Went to yeshiva even though VERY late, I really wanted to escape - but I knew that it wont help and just make things worse.

I walked into the Beis Hamedrash at 12:30 - walked back out, and then took a DEEP breath and reentered

actually learnt for half an hour and was present for the rosh chaburas spontaneous chabura [it was pretty boring, but said a very shtark vort in the last 1 minute - worth waking up for!!]

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Re: Parev [Censored version]

Posted by parev - 28 Sep 2024 23:44

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I received a PM from a great guy asking me to update thee oilam on the censored version - well I gotta share a secret with you - i haven't been updating the uncensored version either recently...

Actually I was gonna restart posting this week IYH so lets see where things go...

I've had a really busy elul and my computer was semi down [and I didnt want to share my struggles..]

BH I'm 2 weeks FULLY sober!

A great trick my [new] sponsor told me is to open my hand outwards when surrendering

I don't know why - BUT IT WORKS!!

[especially helpful when surrendering fantasies during seder and when people are around!]

Will KIT IYH!

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Re: Parev [Censored version]

Posted by parev - 09 Oct 2024 06:27

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Just clocking in

Haven't had the menuchas hanefesh to post for a while

BH Sober

but really need to get the willingness to do the steps

Just posting this has a energetic effect on me...

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Re: Parev [Censored version]

Posted by parev - 20 Oct 2024 12:18

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BH 4 weeks sober

Chol Hamoed is sort of a calm time - will hopefully have the menuchas hanefesh to read some literature.

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Re: Parev [Censored version]

Posted by parev - 26 Oct 2024 17:10

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Got loads of inspiration from ILH247 thread! [particularly his raw honesty and that he doesn't see the need to fenefer himself]

It's been a while since i've posted anything substantial... a combination of a couple of factors, lets see what happens.

I don't like posting when it's not 'fresh'

Top plate: going away with WW for a couple of days - going with an open mind and an ability to surrender.

Not to the most tznuyus resort and have religious guilt, however I asked a shaala and was told

it's ok

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Re: Parev [Censored version]

Posted by parev - 16 Nov 2024 18:40

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Due to the constant pestering of a certain tzaddik i am giving an update -

I haven't been posting for a while [it's not only the censored version that's been complaining...]

My menuchas hanefesh level is low - which really means that i'm not spiritually fully connected

I've been making calls and attending meetings, considering a new sponsor.

Kimat not missing a minyan or a teffila - but still alot of escaping...

I've been shtieign in Mir and yeshiva although still have constant fantasies of acting out [in person]

Basically sober [ie depends on the definition] - working on just for today

Have zero cheshek to have to go back to step one and thats what is holding me back

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