

Couldn't resist the urge

Posted by erfanakbari1 - 15 Dec 2023 10:46

Hello everyone. I hope you're doing well. During the course of my life. I have tried to break free from the addiction but I failed at it. Over and over and over again. I had the longest streak 2 years ago but everything fell apart & I'm hitting the rock bottom once again. I don't know what to do

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Re: Couldn't resist the urge

Posted by samshmuel - 15 Dec 2023 10:53

Connecting to some angels over here works wonders, talking to some Brothers over helped me tremendously.

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Re: Couldn't resist the urge

Posted by Vehkam - 15 Dec 2023 13:53

I am sorry for your pain. You are in good company here with many who can write the same. please stick around and keep posting.

Best wishes

Vehkam

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Re: Couldn't resist the urge

Posted by Captain - 15 Dec 2023 14:40

Welcome! It's tough but know that there's hope!

For some inspiration, please read Vehkam's thread (in his signature, at the bottom of the previous post) and The Battle of the Generation (link below in my signature).

Wishing you much success!

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Re: Couldn't resist the urge
Posted by Hashem Help Me - 26 Dec 2023 04:01

Welcome. Maybe post some more non-identifying info of your schedule.

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Re: Couldn't resist the urge
Posted by Hashem Help Me - 26 Dec 2023 04:02

Typo- of your struggle

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