

How we actually do it

Posted by fightingthefight - 03 Jun 2023 11:19

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I am still new here and hope this new topic is OK. I find reading these posts informative and motivating, and I look forward to reading them daily. The give and take among the people on here is excellent, and it is helping so many people battle this addiction.

I was hoping that I could start a specific topic about what people are doing physically in fighting this battle. I am talking about what they are doing about their smartphones, computers, the smut they see on the streets, etc...

Are people giving up their smartphones, or are they finding a way to lock them down enough to keep them?

What kind of Dumbphone are you using if you gave up your smartphone?

What brands of filters are people using that are working for them?

Are people still using the internet, or have they given up using it at all?

These are just a few examples of questions I feel would be helpful to discuss. I know it would help me!

We need as many weapons as possible to fight and win this war, and hopefully, we can all learn about these tools together.

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Re: How we actually do it

Posted by Emes-a-Yid - 04 Jun 2023 22:07

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I like the way your thinking welcome aboard to the forums, it's always great to see new guys come in and have their input to help the chashuvey oilam.

so for me I had all sorts of gedarim. Some were cold turkey, some were baby steps which led to being bigger steps of blockages, once I found what I Personally need and what I don't and with time what I actually need etc.. then you can work to limit yourself!

it's fascinating to do to remove everything but if your a guy that is around people that have it and it will give you a bad association to the whole ordeal, then I would say go slow and have more blockages throughout the upcoming future..

There should be by everyone without question- from the rabbis ofcourse but even goyim and standard people out there know that one needs a minimum requirement to all the garbages, how can one be so open out there- I'm talking about even YouTube, once upon a time they never showed a scene of a couple in the bedroom at all and no short bottoms, but nowadays Hashem yishmor there's too much out there and we need help- weather it's from rabbis, friends or us Chaverim here. I can speak for days but it's ridiculous how meat up the world stooped so low to!

we need hashem help and with the davening to follow his ways and his ratzon.

to ans your question some may use gentec, some may use teamviewer, some just a chrome extension but not so limiting in case you would want to be loose and it's too much, but eventually we should have that mindset to grow. Whichever way you lead, hashem wants you to do YOUR best, not to copy your friends best. So it may take time and effort ups and downs and success & failures but SOF KOL SOF- we are doing what YIDDEN DO BEST, it's called GROWING. We should never be stagnant that's why we are all on this site speaking up because we want what's best, it's hard but change doesn't come easy, but hashem sees every stride and mind set you have in mind!!

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Re: How we actually do it

Posted by Emes-a-Yid - 19 Jun 2023 13:45

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[fightingthefight wrote on 03 Jun 2023 11:19:](#)

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Hey how's it been going, hope all is well we want to hear from you

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Re: How we actually do it

Posted by Heeling - 19 Jun 2023 17:26

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Hi, I hope the threader comes back to us, he sounds like a smart fellow.

BH I never had a smartphone, although my boss told me when I was hired that it would be a 'plus' I decided to go with the minus. I'm working for three years and BH don't have that 'plus' yet.... but guess what?? I'm way more on the ball then a lot of my coworkers who do have smartphones. Sometimes I wish I would have one for practical reasons, such as Waze instead of my old croppy GPS, but it's usually my wife who quickly reminds me that I might loss more than ill gain.

I do have a computer and laptop at home, both are filtered by Tecloq. Everything is blocked. everything is skin filtered. YouTube or Instagram won't be unlocked even if requested. (don't think that I didn't manage to find loophole, but its very rarely and very limited.

My computers at work aren't filtered (although I work for a Jewish company...can someone explain that?) but I installed my own google extensions that I can blacklist sites, block google ads, and block images. Although I can unlock all of these 'filters' its just another barrier and takes another 5 seconds to reach the inappropriate images, most of the time I'm able to hold back.

Woman on the street, woman at work, woman in the supermarkets, woman at simcha's is a constant battle. But I work very hard on keeping my eyes on the floor and do my best to keep my eyes pure. Its sometimes very hard, especially when you have to talk to them but as time goes by its getting a bit easier.

I hope I answered all your questions,

All the best,

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