

"Creepy" sexual attractions

Posted by Human being - 02 Dec 2022 06:55

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**DISCLAIMER! This post in no way shape or form is encouraging those with "alt" feelings to be complaisant, and just accept themselves. When I say we need to accept ourselves, it doesn't mean you don't need help.**

**DISCLAIMER! If there is any reason to believe you may need assistance controlling your desires, GET HELP. Don't be ashamed, we don't choose our feelings. You a human being who deserves love, respect, concern, safety, acceptance and support just like the rest of us. Most of us with "alt" desires have a history of challenges that deserves and sometimes mandates reaching out.**

So many of us humans have desires that we think "aren't regular/common and retarded to have".

I've met and spoke to so many people who are attracted to so many different things. Teens, ssa, older people, specific looking boys, specific looking girls, children (I've never met anyone personally but its definitely out there, as i will bring in the links and foot notes in the next post) an age group of boys, an age group of girls, specific nationality's, tall, short random fetishes, fake and fantasy fetishes too. In other words every different type of thing on the planet.

Thing is, it seems from my various conversations and interactions here on gye and in general, that many of us feel like we are hiding "a really bad secret" of "really disturbing feelings and desires" that cannot under any circumstances be talked about or shared, for fear of us "creeps" getting "exposed" .

Let me tell everyone a secret..... they are regular and common feelings and desires, we are just embarrassed to share them. We hide them, squash them and make believe they don't exist for fear of someone "exposing us".

Yes, you got it right. Random/weird/unique sexual fantasies are common human feelings/desires. Fetishes, Pedophilia (sexual attraction to prepubescents (less common, but your not alone) ), hemophilia (sexual attraction to post-pubescent teens ages 11-14 ), SSA, Various specific attractions, and ephebophilia (sexual attraction to teenagers), are COMMON FEELINGS. Its common to FEEL that way. Its NOT OK to ACT that way. I'm not saying its the norm. I'm just saying its not out of the norm and unexpected. So is various random fetishes and fantasies. Yes "THAT" included. (whatever your "THAT" may be.) Your not creepy or a molester.

I personally am attracted to only teenagers, (boys or girls) (ephebophilia). It is not "retarded and creepy that im attracted to them" It would be creepy if i acted on my desire. I am not bad, crazy, weird, or "an other" Not the norm, but not crazy or inherent pervert.

We are just scared to share our feelings and desires because were scared of people thinking we are creeps/molesters etc. You are NOT a creep/molester if you have these FEELINGS or DESIRES. A molester is someone who ACTS on his feelings or desires.

*You are normal and healthy person with some unhealthy parts of you. You deserve to be loved and cared about and embraced and respected and looked up to, you can be a counselor, go to the mikveh, hug your kids, kiss your kids, pat your camper on the back. **(If you need help controlling your desires/feelings, or you feel that going to the mikveh or patting your campers on your back-will cause your desires/feelings to be aroused or triggered within you- and you don't know how to regulate those unhealthy feelings/desires in a healthy way- then please do not go to mikvah or touch those that can trigger you. But there's nothing for you to be ashamed about. We don't choose our feelings and desires.)*** Relax about being "exposed" breath easy, share yourself with your wife, with your friends, with yourself. -if you share your feelings, you have way way way less of a chance of acting on them. Share your feelings, be open be honest, *get help. Reach out. Your loved. While your a part of you may not be "normal", YOU are normal and healthy and theres nothing to be ashamed about.*

Please, chime in everyone!

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Re: "Creepy" sexual attractions

Posted by Hashem Help Me - 06 Dec 2022 11:58

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Putting terminology on the side, it appears all of you are basically in agreement. I do not believe any of you disagree with the following:

1. We accept all people as products of their experiences, genetics, and challenges. How the hypersexual stimulation of our generation manifests in each of the enormous number of guys who were not properly educated and prepared for this nisayon - which can be in extremely varied manners - is irrelevant regarding acceptance.

2. Nobody is promoting unsafe situations or unnecessary risks. We respect each individual with whatever drives he has in his mind. That being said, we guard our communities and specifically our children from harm. "We" includes those who have risky drives as well. It is their responsibility along with those who can't even fathom what others struggle with, to keep our young boys and girls (and of course teenagers and adults) safe.

Agreed?

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Re: "Creepy" sexual attractions

Posted by jackthejew - 06 Dec 2022 13:01

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[Hashem Help Me wrote on 06 Dec 2022 11:58:](#)

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Agreed?

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Re: "Creepy" sexual attractions  
Posted by yen - 06 Dec 2022 13:36

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telling someone they have a "mental illness" is not loving and supportive. You have issues my friend. Go get help

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Re: "Creepy" sexual attractions  
Posted by Human being - 06 Dec 2022 15:35

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Agreed?

100%.

As usual HHM is able to express what i wish i could. Thank you for putting to words what I've been trying to say the past few days!!!

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Re: "Creepy" sexual attractions

Posted by Human being - 06 Dec 2022 15:36

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?deleted. irrelevant.

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Re: "Creepy" sexual attractions

Posted by Human being - 06 Dec 2022 15:44

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[jackthejew wrote on 05 Dec 2022 10:07:](#)

[Human being wrote on 05 Dec 2022 05:26:](#)

**"and they are unhealthy"** -says who? What makes something unhealthy? If you look up the definition of emotionally unhealthy its about *"something that interferes with your ability to cope or is not conducive to life"*,

Non of my desires or feelings or attractions interferes with my ability to cope. I Bh have a handle on them. For those people whose feelings interfere with their ability to cope, then its unhealthy *for them*. No desire or feeling is inherently unhealthy, unless that specific feeling/desire is *"something that interferes with your ability to cope or is not conducive to life"*, And that is for each to his own to decide if an attraction of his or a desire or feeling is *"something that interferes with your ability to cope or is not conducive to life"*

I don't see desires/attractions to things that are less common as "**extreme parts**" unless those parts of you fit into the category of *"something that interferes with your ability to cope or is not conducive to life"* ex in my opinion include, wanting to hurt either oneself or other people.

**Quoted from earlier:**

What is unhealthy emotionally? First we got to figure out what emotional health is. This is the best definition I found for emotional health.

[www.samaritans.org/how-we-can-help/schools/deal/deal-resources/emotional-health/emotional-health/](http://www.samaritans.org/how-we-can-help/schools/deal/deal-resources/emotional-health/emotional-health/)

"Emotional health is about how we think and feel. It is about our sense of wellbeing, our ability to cope with life events and how we acknowledge our own emotions as well as those of others. It doesn't mean being happy all of the time."

We can then give the definition of 'emotionally unhealthy' as something "not conducive to our sense of well being, our ability to cope with life events and **as well as being not conducive to an ability for self acknowledgment and acknowledgment of others**."

So its really based on the general consensus and of individual opinion.

I have highlighted a part of the second quote. Since part of the definition of emotional health is the capacity of "an ability for self acknowledgement", someone can not know without outside help, whether from laymen or professionals, whether he has this capacity or whether whatever he's dealing with has impaired his assesment. It's not just the inability to cope (which also usually can't be self judged), it's the inability to acknowledge the bottom- line reality

Of course! That's why I'm in therapy. And that why I recommend the overwhelming majority of

people with "alt" attraction/desires/feelings to.....go to therapy! I've been to 4 therapists and 1 psychiatrist with a combined 91 years (!) of practice!! Never have I been told "you are not normal" "You have mental illness" "you need help asap". "every teen you pass is in danger" "we must "fix" this. I *have* been told "you should be more vigilant then the average guy out there" "We should discuss this father because this is important" etc etc etc

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Re: "Creepy" sexual attractions

Posted by future paltiel - 06 Dec 2022 15:56

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I spoke with my therapist (frum, specialized in Addictions, Sex & Porn Addiction, trauma & recovery) yesterday and here is his view on the sugyah:

To define the sexual attractions mentionned above as *Normal, Common, Natural, Acceptable* etc. is very difficult from a theoretical point of view since they depend on numerous factors, therefore there are very few general rules that can be applied. Every case is different, has different causes, triggers, behaviors, consequences etc. And is very recommended to be discussed with a professional in order to define whether harmful or not and how to process for the person (acceptance etc.).

As for statistics, maybe they mention specific registered cases, but they uneasy to rely on since not everybody will go out and mention their struggles.

**Warning: Spoiler!**

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Re: "Creepy" sexual attractions  
Posted by Human being - 06 Dec 2022 17:24

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[jackthejew wrote on 05 Dec 2022 10:16:](#)

[Human being wrote on 05 Dec 2022 06:35:](#)

**Therefore, the non-Jewish world is well on its way to normalizing pedophilia .....** HB  
-I think its wonderful that they are acknowledging the truth that many normal people are challenged with pedophiliac FEELINGS.

**Jackthejew: A decently large number of the same professors advocating to change "pedophiles" to "MAP (Minor Attracted People) since the feeling is a normal sexual orientation have subsequently been reprimanded or fired for calling for the decriminalization of actual Pedophilia**

**..... and actually denying treatment to many who suffer from different forms of mental illness based on this .....** HB-Well if feelings that are being experienced are not out of the norm, unless a person will hurt themselves or someone else, I see no reason to treat anything. What are we treating?



Hurting one's self doesn't have to come through slitting the throat or whipping one's self bloody. Untreated psychological conditions can have serious impact on quality of life. That's what we're treating.

Of course it can! And that's on a person to person basis! You are not everyone. You cannot tell someone who has a "alt" desire/feeling/attraction that it is having a "serious impact on the quality of ***their life***". A psychiatrist and only a psychiatrist can diagnose someone. And btw this may be the reason (i believe it is the reason) that the DSM-5 discontinued the various sexual attractions as mental illness, because they realized that in todays day and age most sexual attraction don't **have a serious impact on quality of life**. And I want to add my main point of the whole discussion and why i started this thread in the first place. *The less we have to worry about a part of ourselves, the less that part has control over us*. Aka, the more we normalize a desire/attraction/feeling the less control it has over us and it begins to no longer **"have a serious impact on quality of life"**

**Summary.**  $1+1=2$ , Normalizing in the non Jewish world = non-Jewish people no longer feel like their desires have **"serious a impact on quality of life"** =no longer a mental illness!!

Human being -"Hay time to normalize something that is very common here in the Jewish world too! **because  $1+1$  equals the same 2**. Normalizing in the Jewish world =Jewish people no longer feel like their desires **"have a serious impact on quality of life"** ==not a mental illness!!

And that is what I say when I say I believe the Jewish world is 20 years behind the non-Jewish world. Because the  $1+1=2$  in the non-Jewish world is about 20 years ahead of the same  $1+1=2$  of the Jewish world. And quite frankly, I'm going to be a little blunt here, I don't mean this in any way personally, its people who don't allow the normalization to take place, which causes the opposite equation.

$1+1=2$ . Making something "not normal" = people feel like their desires **"have a serious impact on quality of life"** = *indeed*. a mental illness. Just like the 1980s. New research of the brain and the phycology of the brain, has allowed us to understand that conversion therapy *doesn't work*. Normalization *does*.

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[spoiler]/[spoiler]

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Re: "Creepy" sexual attractions  
Posted by Human being - 06 Dec 2022 18:02

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Big Big part of the whole discussion that we haven't focused on yet. The Question of,

"But if we normalize all feelings and desires, then we will act out, because we will say- "actions that are a result of normal feelings, are normal too- [i]just like in the progressive world-where this has already played out, and they are trying to normalizing all kinds of behaviors, including some who would like to normalize even pedophilic behaviors]. Therefore, we as Jews have to fight, to continue classifying "alt" attractions as "mental illness", in order to show that "alt" desires/feelings are very very wrong"

My answer to that is short. -False. *Simply not true.*

In the Progressive non-Jewish world, since they don't have definitive morality, and instead have fluctuating morality based on whatever the generation considers "normal", Then when the generation believes a desire/feeling is normal, they then the thinking goes as follows, "if a feeling/desire is normal, then the actions done as a result of those feelings are normal too".

*This is not so in the Jewish world.*

We in the Jewish world *have* definitive morality, which *does not change from generation to generation*. And therefore, we **can accept and normalize all feelings and desires and never-the-less state unequivocally, that acting on our accepted and normal**

*desires, is never ok.*

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**..... and actually denying treatment to many who suffer from different forms of mental illness based on this .....**HB-Well if feelings that are being experienced are not out of the

norm, unless a person will hurt themselves or someone else, I see no reason to treat anything. What are we treating?

And the fact that 3 to 9% of the population experiences pedophilic feelings doesn't make it in the norm. Especially considering that that number is below the estimated percentage of male youth who are molested (around 10-15%), the trauma of which has been proven to often cause pedophilic tendencies in the victim

**"And the fact that 3 to 9% of the population experiences pedophilic feelings doesn't make it in the norm."** -No-one said its *the norm*. Its just common. And were not crazy and there's nothing "inherently wrong with us"

**"Especially considering that that number is below the estimated percentage of male youth who are molested (around 10-15%), the trauma of which has been proven to often cause pedophilic tendencies in the victim"** - You are 100% correct. Getting molested is unfortunately all too common. Good point here. And anyone who got molested should understand this. Its not your fault, we believe you, we feel for you, we believe that there is no apology or comfort anyone can give you that will heal the wounds of the disgusting and vile acts perpetrated on you and to you. And yes please reach out because A) ITS NOT YOUR FUALT NO MATTER WHAT. and B ) unfortunately, as jack the Jew points out, your not alone. Sadly not alone at all.

(I agree absolutely, pedophiliac tendencies are often a result of molestation.)

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Re: "Creepy" sexual attractions

Posted by jackthejew - 06 Dec 2022 18:25

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[Human being wrote on 06 Dec 2022 18:02:](#)

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Is fluctuating normality any better? What is treatable, untreatable, affects quality of life, and so on also seems to change according to this. If you can do something about your desires, do it. Don't call it normal and accept to struggle for the rest of your life. Because there have been many cases of people attracted to violent fetishes which are normalized and legal today who continued down REALLY bad paths because "there was nothing illegal" until they couldn't control their impulses anymore. Being able to hold your breath today isn't a guarantee you can for the rest of your life. It's probably better to take the plastic bag off the airway

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Re: "Creepy" sexual attractions

Posted by Human being - 06 Dec 2022 19:21

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[Gevura Shebyesod wrote on 05 Dec 2022 11:50:](#)

[Human being wrote on 05 Dec 2022 05:17:](#)

[Gevura Shebyesod wrote on 05 Dec 2022 04:25:](#)

[Human being wrote on 05 Dec 2022 00:28:](#)

[Gevura Shebyesod wrote on 04 Dec 2022 15:40:](#)

Also, is the “unusual” attraction exclusive? Or does it come along with “normal healthy” attraction to age-appropriate members of the opposite gender? And some people check more than one box.

Check out **Part 6.1** where I address your question.

*"Point is, its a person to person basis if something is conducive to them or not. I'm sure in countries where the legal age of consent is lower, it is very conducive, while in country's of older consent is is lesser. It varies by religion. **It varies by how strong ones desires are. It varies if that is the only attraction one has or its one of a few or many.***

*In summary, **If various unique desires are emotionally healthy or not, varies on many variables. Every person is different, pedophilia being the exclusion.***"

What do you think? Is your question answered?

You addressed the first part of my paragraph, but not the second. You can't add the percentages up and get a total because many people have more than one of the attractions listed. Personally I can check off at least 3 boxes.

I'm a little confused here. I don't know what I didn't address. I am agreeing to you that many people check off a few boxes. IM also agreeing with you that these desires can be unhealthy. i do think it can also be healthy for some others (i don't know if you agree with me here)., I'm also saying that no desire can be called "inherently emotionally unhealthy" . I'm not sure which part of your paragraph I didn't address. Can you ask it again in a new post?

I'm saying that you can't say that "3% + 4% + 2% etc. = 20%" if those numbers include a lot of the same people.

And one other thing. You keep on saying that something is normal as long as it doesn't *"interfere with your ability to cope"*.

Perhaps it's not so normal to need to "cope" all the time.

**"I'm saying that you can't say that "3% + 4% + 2% etc. = 20%" if those numbers include a lot of the same people."**

You are correct. And you may be right. It is possible its more like %10-15%. Never-the-less i believe it is still the correct number and ill explain why.

3 reasons,

1- I estimated very low. why? Because I only included real serious cases where someone has acknowledged having a specific desire.(my links may not be perfect, but almost all of them are not opinion. they are study's). Therefore I believe there are many others, who while its not a big part of their life, still have those desires on a lower level. (meaning, even if they don't "identify" as such, the desire is still there) And therefore, each estimate should have a few more percentage points added to them.

2-the number of gen Z adults (born from 1997-2003) who identify fully as "attracted to different desires" is %20.8 aka the more the feelings are excepted, the more people aren't ashamed about it. (this generation is also a lot less healthy so I'm going to assume that plays a huge huge role in "alt" desires

**Warning: Spoiler!**

3-Im giving a rough (my own) estimate, so yes, these were the factors I put in, but my number can definitely be off. But point is, its common, regardless of the specific number.

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Re: "Creepy" sexual attractions

Posted by jackthejew - 06 Dec 2022 19:57

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[Human being wrote on 06 Dec 2022 17:24:](#)

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[spoiler][spoiler]

In our "20 years more advanced, open, accepting society" With nearly 20% of our young adults now comfortable to say the truth: The normal desires they have are not "Straight"; we have the wonderful results:

42% of Gen-Z has been diagnosed with a mental health issue.

The teen suicide rate has risen 30% in the past 20 years.

The trans youth suicidal ideation rate has massively risen at the same time, and it's more in the liberal areas.

So are they ahead, or going backwards fast?

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[spoiler][spoiler]

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Backwards very very very fast!!! Because they don't believe in accepting feelings and then healing wherever those feelings may have originated from. They believe in focusing on accepting feelings and **NOT FOCUSING HELPING PEOPLE TO HEAL!!!! They say its ok! Its natural, your good to go!** Its very very sad. And yes as I said already, 7/8th of the guys (87.5%) of the guys I know with "alt" desires have had some sort of trauma/abuse/neglect in their childhoods. So when they say "**not only are you normal, you also are perfectly fine acting how you are and nothing is wrong**". It is terribly damaging. Because over 85% of these "LGTBQ" human beings who committing suicide, or on fentanyl (No Judgment to anyone on fentanyl or who has suicidal thoughts) have had serious cases of abuse/neglect/trauma! its terrible.

Unfortunately, their focus on LGBTQ behavior, to the neglect of the causes causing the behavior, is deadly, dumb, against science, and to me (because I'm religious) sick.

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