GYE - Guard Your Eyes

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A struggling bachur Posted by anonymous770 - 25 Aug 2022 00:14

Hi there I was struggling with masturbating for a few years now I don't watch porn and even look away when something inappropriate comes on the screen. The problem is the bad things I saw in my youth still creep up at during the day during my learning is there anyway to shut off these thoughts?would love to hear if anyone else is struggling like me? I also like to learn so it's very hard for me when these thoughts pop up in my mind

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Re: A struggling bachur Posted by ????? ????? - 25 Aug 2022 00:53

Welcome achi!

Do inappropriate things still come on your screen(s), even if you're able to look away from it?

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