

I'm about to fall

Posted by Irvinrincon553 - 09 May 2022 22:40

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I have desire to masturbate I'm about to fall help

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Re: I'm about to fall

Posted by Bilaam Harasha to Yosef Hatzaddik - 09 May 2022 22:55

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I just did and it was the third time today and it feels terrible. And now I feel like I've been put on drugs that cause depression. Why not go outside for a walk instead? Fresh air helps me personally and it helped prevent me from doing anything worse than I already did today.

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Re: I'm about to fall

Posted by Irvinrincon553 - 09 May 2022 23:07

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brother, I will take your words to guide shalom! I will praise Hashem for your life

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Re: I'm about to fall

Posted by Hashem Help Me - 10 May 2022 10:57

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[Irvinrincon553 wrote on 09 May 2022 22:40:](#)

I have desire to masturbate I'm about to fall help

Welcome. Maybe post a bit about your history so the chevra can try to help out. Only non identifying info...

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Re: I'm about to fall

Posted by Irvinrincon553 - 10 May 2022 17:52

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Oh yeah

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Re: I'm about to fall

Posted by sleepy - 10 May 2022 18:17

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[Hashem Help Me wrote on 10 May 2022 10:57:](#)

[Irvinrincon553 wrote on 09 May 2022 22:40:](#)

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Welcome. Maybe post a bit about your history so the chevra can try to help out. Only non identifying info...

and in english maybe?

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Re: I'm about to fall

Posted by Markz - 10 May 2022 18:27

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[sleepy wrote on 10 May 2022 18:17:](#)

[Hashem Help Me wrote on 10 May 2022 10:57:](#)

[Irvinrincon553 wrote on 09 May 2022 22:40:](#)

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Welcome. Maybe post a bit about your history so the chevra can try to help out. Only non identifying info...

and in english maybe?

HHM specifically requested non identifying info!

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Re: I'm about to fall

Posted by Irvinrincon553 - 10 May 2022 18:39

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i will do it in english

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Re: I'm about to fall

Posted by Irvinrincon553 - 10 May 2022 18:52

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I started to masturbate when I was 10 or 12 years old, because my parents had sex and I had to listen to them. It caused an impact on me. After I discovered masturbation, I masturbated alone, I had a PC and discovered a pornography website, I became very addicted From masturbating once a day I increased to 10 times a day or more, there was a time when it no longer caused the same experience so I started to get into online video chats looking for girls, when I discovered that website with colleagues I ended up masturbating with them in a room 6 guys masturbating.. My mind was corrupted due to so much pleasure. I began to fantasize about the mother of my friends, with my aunts, with my cousins, due to pornographic videos that focused on stories like this. At the age of 17 the reason for masturbating changed and now it was exchanging photos and videos with women... I started to look at the size of my penis and I got excited to see that they liked it. When I least thought about it, I was already a precocious boy, addicted to seeing my body and I even thought badly of my mother. I lasted 9 months without masturbating and 3 months ago I fell again... and the desire increased more. I'm clean but I

want to stop thinking about lust

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