

EASY PEASY

Posted by rabbitobe - 03 Jan 2022 19:37

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Shalom Everyone,

I would like to know if any of you tried/succeeded/heard of the ``Easy Peasy Method``.

[easypeasymethod.org/](http://easypeasymethod.org/)

This is not a Sefer. It wasn't written by a big Rabbi, it doesn't talk about Gehinom, it doesn't mention limud. It's just a book, for people who wants to stop with porn addiction. I personally went through the whole thing, and it really opened up my eyes to things I didn't knew about. I haven't had a fall since then.

I would love to speak to someone who used this, either good or bad experiences.

Much love to you all

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Re: EASY PEASY

Posted by DavidT - 03 Jan 2022 19:45

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See this thread....

[guardyoureyes.com/forum/1-Break-Free/371363-The-EasyPeasy-Method-for-quitting-PMO](http://guardyoureyes.com/forum/1-Break-Free/371363-The-EasyPeasy-Method-for-quitting-PMO)

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Re: EASY PEASY

Posted by rabbitobe - 03 Jan 2022 19:59

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Amazing. Thank you so much

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