

## GYE - Guard Your Eyes

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Let's try to make Chanukah a little more Freilach!

Posted by Lou - 28 Nov 2021 16:42

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Hi,

I am doing this totally for myself, but perhaps if I share it may help others...

I would like to accept upon myself bln a kaballah regarding recreational internet use for the duration of Chanukah. I am specifically making this lenient (as you will see in the details) so that it will beH really happen. I invite all others to join me or even outdo me in this endeavor.

- I will not spend more than 30 minutes a day alone using recreational "Kosher" internet. I am leaving the definition of Kosher in the eyes of the beholder.
- Obviously anything remotely "unKosher" is not allowed at all!
- Any internet use for work is not part of this
- Email use is generally not part of this (unless I see it is an issue)
- Time spent with others (Wife, kids etc) while online is not part of this. Together means really together, not just they are present nearby.
- Shopping for essential items is not part of this
- GYE is not part of this!

Others greater than me (R' IMG) have made far stronger kaballos in this area. I look forward to the day that I can do this as well. For now this very weak sounding Kaballah is challenging enough for me!

There is no reward or punishment for keeping or breaking this other than the feelings of accomplishment or challilah the opposite.

It may give chizuk to me or others if people respond that they are joining me in this. Feel free to tailor make this to fit your needs, level etc.

A Freilichen Chanukah!!

Lou

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Re: Let's try to make Chanukah a little more Freilach!

Posted by DavidT - 28 Nov 2021 16:49

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Thanks for the great insight on formulating a workable Kaballah !

When one makes a geder (fence) , it's as if he is saying, "I am committed to breaking this cycle, and my proof is that I'm going to make things difficult for myself."

While we can still slip, the geder we instituted nonetheless shows a level of commitment that we are motivated to deal with the issue. Ultimately, if a person has done as much as he could, the result is that he will have more siyata dishmaya and berachah from Hashem.

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Re: Let's try to make Chanukah a little more Freilach!  
Posted by Lou - 01 Dec 2021 21:30

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I see this initiative wasn't overly popular. It also ended up being pretty much a flop for me as well.

Hashem,I was trying...

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Re: Let's try to make Chanukah a little more Freilach!  
Posted by Ish MiGrodno - 02 Dec 2021 03:54

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No Lou!

Here in Grodno we ARE mechuzak....and so I will chime in with a BL"N kabala in your honor!

Here goes:

My hatzlacha in P&M has NOT translated into more Limud Hatorah. The responsibilities of my job are ridiculous (I am oftentimes only home from 12:30 AM - 7:30 AM) and the unfortunate casualty has been my dear Gemara. I have tried numerous times to wake up 1 hour before shacharis to learn (HHM has even texted me) but to no avail....

....so MY neis Chanukah will BL"N be to do it for the remainder of Chanukah. I don't know how (cuz I am soooooo tired then) - but if there's a will....

I will keep you posted. And thank you Rabbeinu Lou ~ IMG

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